

WANT TO KNOW WHAT A PROPERTY SOLD FOR?



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VOL.3 ISSUE 18 **NOT-FOR-PROFIT**

Mid-October 2019



Photo courtesy City of Richmond

Fire jugglers kept the crowd mesmerized at last year's Halloween Fireworks Festival. This year's celebration is again set for Halloween night, Oct. 31, starting at 6:30 p.m. in Minoru Park.



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604-204-1111: One phone number for all mental health services

ing access to mental health and substance use services in Richmond easier than ever.

Starting today, Richmond residents seeking help can call a single number -604-204-1111-to access information and connect with all Vancouver Coastal Health (VCH) mental health services in the city. This phone number for mental health and substance use services will significantly increase the ease in which people can access services, ensuring clients are connected to the right service when they need them.

"When families are in crisis, navigating the health care system and finding the right supports can be a barrier. Having one phone number will take away the confusion and frustration people often experience when they need specialized community services but don't know where to

Vancouver Coastal Health is mak-turn," said Karen Barclay, the director—fore finally connecting with the right ing access to mental health and—for mental health and —for mental health for mental health and substance use programs for VCH in Richmond. "The new single phone number removes the burden on patients, their families and community partners of knowing which service they need to access."

> The number will be able to connect people with specialized services for all ages, including children, youth and seniors. Translation services are also available.

> Previously, each of the mental health and substance use services provided by Vancouver Coastal Health in Richmond had their own, separate referral and intake processes. For people seeking help, this could make it difficult to know which service is appropriate for them and create unnecessary delays and hardship as people attempted to navigate the system themselves and bounced around from program to program be-

The goal of the new central phone number is to eliminate the confusion and frustration families have when trying to connect with the right service provider. Offering a single phone number for potential clients to call will increase the likelihood of a person receiving the appropriate service at the appropriate time, and will ensure VCH-Richmond is able to offer quick, efficient access to services for more people.

"Recently, I helped someone knew navigate through the mental health system but if I didn't have that personal experience it would have been a very difficult journey for them. Where would you even start?" said Mary Carter, who works for the peerled Richmond Mental Health Con- ally ill and so I think the new phone sumer and Friends' Society. "Time is of the essence when a person is re-



Photo from pexels.com

number will really help people find exactly where they need to go."



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Richmond rolls out new mental health car

By **DON FENNELL** 90FSentinel

ichmond is taking a proactive ap-Rproach to the rising number of incidents relating to mental health.

With calls to Richmond RCMP regarding mental health, and substance use, exceeding growth rates and capacity for police in the region, a new mental health car is being introduced.

The initiative by Richmond RCMP and Vancouver Coastal Health (VCH) and supported by the City of Richmond, was unveiled Thursday. It is expected the new unit, consisting of a Richmond RCMP officer riding alongside a mental health nurse from VCH. will increase timely intervention and help provide support to Richmond residents when and where they need it.

"This is a fantastic partnership," says VCH head nurse Carmen Joost."We're really excited about bringing together the strengths our nurses have to offer with the specially-trained RCMP. Working in partnership will allow us to deliver care right to people in their homes or when they are experiencing a crisis. We can be right there to support them, and make those connections."



Photo by Don Fennell

Richmond RCMP and Vancouver Coastal Health have teamed up to introduce a new mental health car for the city.

and mental health care advisor, says the new mental health car is a welcomed addition to dealing with the

"Having a car with specially-trained members and nurses will make is so much easier for people in crisis," he says. "And their skills will make people feel supported and safe and help de-escalate crisis situations."

"When you're in crisis, you're not able Mike Tibbles, a Richmond resident to advocate for yourself. Responders years, Richmond RCMP has not only

that know the mental health system and are able to provide direction will make people calm and feel more safe and secure."

The mental health car will field calls from dispatch and may be referred by CH, providing rapid response to mental heath crises and connecting people with the most appropriate services.

Over the course of the past several

seen the number of mental health-related calls increase but note these types of calls can be some of the most complex an officer may encounter. There are instances where little background is known about the person in crisis and intervention is required to help them access support and prevent harm. In other instances, individuals may be well know to police and would benefit from an established relationship with specially-trained professionals.

"This has been a long time coming and the result of a lot of hard work," says Supt. Will Ng, officer in charge, Richmond RCMP. "It is a true collaboration between the city, VCH and Richmond RCMP."

Ng says not only have police noted a dramatic increase in calls involving mental health, but that it often means officers having to spend hours at the emergency room waiting for an assessment.

Mayor Malcolm Brodie says mental health knows no cultural or socio-economic boundaries "so it is essential that we give the Richmond RCMP and VCH the specialized tools necessary to respond safely and effectively to those in need."

•dfennell@richmondsentinel.ca

Spooktacular Halloween events underway in the city

Are you looking for unique ways to spend time event at Watermania Oct. 20 with some ghouls, goblins and your family this taking a walk through Ric Halloween season? With over 15 wickedly awesome Halloween-inspired events and programs to choose from happening now through Thursday, Oct. 31, there is some fa-boo-lous fun for evervone.

"Richmond is once again providing family-friendly and safe Halloween experiences for all ages," said Mayor Malcolm Brodie."These low cost or free fun events offered by the City and its partners continue to build a great sense of community spirit"

Some of this year's fang-tastic Halloween events include:

•Jumping in the water and retrieving a pumpkin to take home at the "Pumpkin Patch in the Pool"

- taking a walk through Richmond Nature Park Oct. 19 and 20 during Wild Things, a family-friendly, theatrical experience that ties together nature, wildlife and Halloween
- creating jack-o-lanterns and spooky masks at Hamilton Community Centre
- enjoying a Halloween-themed skate in costume at Minoru Arenas and the Richmond Olympic Oval
- · listening to spooktacular stories, songs and rhymes at your local library
- joining the dancing at the 55+ years Halloween social at the Seniors Centre at Minoru Centre only from 4 to 9 p.m. for Active Living.

On Halloween night, there are five free community firework displays to choose from:

- 1. Halloween Fireworks Festival, Minoru Park, 6:30 to 8:45 p.m. Music, magic, roving entertainers, children's activities, inflatable corn maze, trick-ortreating, fire juggling and a spectacular fireworks finale at 8:30 p.m.
- 2. Hugh Boyd Community Park (West Richmond), 8:15 p.m.
- 3. McLean Neighbourhood Park (Hamilton), 8:15
- 4. South Arm Community Park, 8:15 p.m.
- 5. Burkeville Neighbourhood Park, 8:15 p.m.— Please note that Burkeville will be local traffic

For more information on the free fireworks displays or other Halloween events visit www.richmond.ca/halloween

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RICHMOND SENTINEL



Federal Election Primer

- The 2019 Canadian Federal Election on Monday, Oct. 21 will elect 338 Members of Parliament (MP) to the House of Commons, who will form the 43rd Canadian Parliament. Governor-general Julie Payette dissolved the 42nd Parliament on Sept. 11 on the advice of Prime Minister Justin Trudeau. Following a 40-day election campaign, the incumbent Liberals hope to retain the majority of seats they won in the 2015 election.
- Two of the three major federal parties are contesting this election under new leaders: the Conservatives under Andrew Scheer (suceeding interim leader Rona Ambrose) and the NDP under Jagmeet Singh (succeeding Tom Mulchair).
- There are 338 seats in the House of Commons. 170 are needed to form a majority government.
- Of the 13 minority governments in history, three were successive including the first two under Conservative Prime Minister Stephen Harper from 2006 to 2008 and 2008 to 2011.

RICHMOND CENTRE CANDIDATES

Dustin Innes, NDP Steven Kou, Liberal Ivan Pak, PPC Francoise Raunet, Green Alice Wong, Conservative (incumbent) Zhe Zhang, Independent

STEVESTON-RICHMOND EAST CANDIDATES

Ping Chan, Independent Kenny Chiu, Conservative Jaeden Dela Torre, NDP Nicole Iaci, Green Joe Peschisolido, Liberal (incumbent)

CONSERVATIVE PARTY



Leader: Andrew Scheer (since May 27, 2017) **Own riding:** Regina-Qu'Appelle

Seats at dissolution of Parliament: 95 (28.1 per cent)

Campaign slogan: "It's time for you to get ahead." Platform: Balanced budget by 2024

History: Founded in 2003 from the multiple rightwing parties that had been in place for more than a century. The party formed government under Prime Minister Stephen Harper from 2006 to 2015. The predecessor Tories formed government five times between 1911 and 1993.

GREEN PARTY



Leader: Elizabeth May (since Aug. 27, 2006)

Own riding: Saanich-Gulf Islands

Seats at dissolution of Parliament: 2 (0.6 per cent)

Campaign slogan: "Not left, not right, forward together."

Platform: Transitioning to a green economy. **History:** Formed in 1983, the party has never formed government.

LIBERAL PARTY



Leader: Justin Trudeau (since April 14, 2013)

Own riding: Papineau

Seats at dissolution of Parliament: 177 (52.4 per cent)

Campaign slogan: "Choose forward."

Platform: Cut taxes for middle-class families.

History: Founded in 1867 (at Canada's confederation), the party is the oldest in the country. The party last formed government under Prime Minister Justin Trudeau from 2015 to 2019. Liberals formed government for 69 years in the 20th century.

NEW DEMOCRATIC PARTY



Leader: Jagmeet Singh (since Oct. 1, 2017)

Own riding: Burnaby South

Seats at dissolution of Parliament: 39 (11.5 per cent)

Campaign slogan: "In it for you."

Platform: Pharmacare for all.

History: Founded in 1961, the party has never formed government but was the Official Opposition under Jack Layton in 2011.

PEOPLE'S PARTY



Leader: Maxime Bernier (since Sept. 4, 2017)

Own riding: Beauce

Seats at dissolution of Parliament: 1 (0.3 per cent)

Campaign slogan: "Strong and free."

Platform: Balance the budget in two years.

History: Founded in 2018 by Maxime Bernier, the party has never formed government.





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We asked the candidates...

The Richmond Sentinel asked the candidates three questions: "Why are you running for office?", "What is the biggest issue facing Canadians, and how would you and your party deal with it?" and "What is the biggest issue facing Richmond constituents, and how do you propose to change things?"

Following are the answers, in alphabetic order, of those who responded.

RICHMOND CENTRE **CANDIDATES**



DUSTIN INNES, NDP Why are you running for office?

"Richmondites, alongside most Canadians, are struggling when we should be thriving. Over half of Canadians are living pay cheque to pay cheque and, on average, are spending \$1.79 of debt for every dollar of income. These statistics are getting worse not better.

Family, friends and neighbours are moving out of their communities because they can no longer afford them. Meanwhile, the rate of our vacant homes is increasing. Richmond has one of the highest poverty rates in the nation; because people are struggling, and because of undeclared income due to a flawed tax system.

I understand this struggle I've worked multiple jobs simultaneously while studying. To afford my community, I share a house with three friends. I worry our government is out of touch with what's affecting people. A lot of promises are taken don't benefit us."

What is the biggest issue facing Canadians, and how would you and your party deal with it?

"Affordability. For too long, governments have been benefiting corporate lobbyists over regular citizens. People are working more and saving less. Expenses keep rising on housing, rent, medication, transportation, dental care, food, education, cellphones and more. Meanwhile, our taxes are wasted on corporate welfare subsidies. Four provinces (including ours) pay over \$29 billion a year; almost 700 billion over 30 years. Figures show over two-thirds of that money doesn't achieve its objective and create any income. Why are regular Canadians subsidizing people who earn higher incomes?"



STEVEN KUO, Liberal Why are you running for office?

"First and foremost, I love Canada. This country has given me the opportunity to become the person I am today. It has provided me with the education I need, it has helped me grow a successful business and now when I

in Richmond Centre I am going to do my part to give back to my home, my community, and my country."

What is the biggest issue facing Canadians, and how would you and your party deal with it?

"As Canada's economy continues to grow stronger, the rising cost of living is making it harder for everyone to share in that success. For too many families, it's still tough to make ends meet. Four years ago, we had a real plan to invest back into Canadians and that plan worked to help Canadians invest back into their communities, driving unemployment rate and poverty rates to all-time lows. Now, we are continuing our actions to give more back to the middle class by removing federal tax on the first \$15,000 Canadians earn. This means that 700,000 more Canadians, young and old, will pay no federal tax, and lift more that 40,000 Canadians out of poverty."

What is the biggest issue facing Richmond constituents, and how do you propose to change things?

"Affordable housing has been a huge issue, that has been on the rise. I have children and I want them to be able to have a roof to live under in their future. That is why we are targeting this issue by taxing foreign speculators that think they can just use Canadian properties as investment opportunities. We are ramping up our First-Time Home Buyers Incentive, which gives people 10 per cent off the purchase price of their first home and raising the qualifying

made, and meanwhile the actions am elected for Member of Parliament value to nearly \$800,000 in places where houses cost more—like the City of Richmond."



FRANCOISE RAUNET, Green What is the biggest issue facing Canadians, and how would you and your party deal with it?

"Our global economy is broken. It depends on us to keep harvesting the Earth's resources at an unsustainable rate. In order to keep stock prices rising and CEO salaries growing, we need to keep mining, cutting down trees, and polluting the planet faster and faster every day. We're destroying the planet, and the worst of it is, we're doing it mostly for the benefit of the richest and most powerful people in the world, not for average families.

We need to return to a strong, local economy, where money circulates among neighbours instead of being siphoned off into the boardrooms and corporate headquarters of the world. Tax reform, investment in local, renewable energy and food production, establishing a national guaranteed livable income program,

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WE ASKED...

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and reinvesting in public and rental housing, will all help Canadians as we transition to a new, post-fossil fuel economy that supports life-sustaining ecosystems."



ALICE WONG, Conservative Why are you running for office?

"I am running again for office because I truly believe in service above self. Since coming to Canada almost 40 years ago, and becoming a Canadian citizen in 1983, I appreciated the opportunity to earn my PhD, work in the education sector, and hone my volunteerism. I decided to give back to the community that supported me and I still do today."

What is the biggest issue facing Canadians, and how would you and your party deal with it?

"I believe affordability in the day-to-day lives of Canadians. Two-thirds of Canadians feel that they either can't pay their bills—or have nothing left over at the end of the month after they do. Everything keeps getting more expensive, from gasoline and groceries to home heating and housing. Individual debt is crippling many individuals and families. Conservatives will scrap the federal carbon tax, take GST off home heating, implement the Universal Tax Cut, fix the mortgage stress test, increase the age credit and take other steps.

A Conservative government will live within its means and commit to helping Richmond and Canadian families get ahead."

What is the biggest issue facing Richmond constituents, and how do you propose to change things?

"Transportation in and out of our beautiful Island City is a challenge for many Richmond residents. Our bridge traffic sometimes come to a full stop. And access in and out of the Massey tunnel can be challenging. Conservatives will fund the George Massey Tunnel Replacement Project and implement the Green Tax Credit for Public Transit saving a family of four using public transit \$1,000 annually."

STEVESTON-RICHMOND EAST CANDIDATES



KENNY CHIU, Conservative What is the biggest issue facing Canadians, and how would you and your party deal with it?

"The single biggest issue facing Canadians, and Richmond constituents, right now, is the cost of living. Everyday essentials like housing, groceries, and driving to work are more expensive because of failed policies. The average middle-class family is paying over \$800 more in taxes because of tax hikes.

"A Conservative government will make life more affordable for Ca-

nadians. The Universal Tax Cut will save individual Canadians up to \$440 per year, and couples up to \$850 per year.

In addition, increasing the Age Credit by \$1,000 will save seniors up to \$150 per year, and senior couples up to \$300 per year. We will also make maternity benefits and home heating tax-free. In addition to reducing the overall tax burden, a Conservative Government will address housing affordability by relaxing the mortgage stress test, which will make it easier to finance a home.

I will also push for an inquiry toward money laundering, which is a known factor in the upward pressure on housing prices.



JAEDEN DE LA TORRE, NDP Why are you running for office?

"I'm running because I want to provide a positive alternative to the road ahead. I'm part of a generation that's facing serious concerns such as climate change and income inequality. These issues have influenced me to run, because I want to give my generation a chance to have a say in our future."

What is the biggest issue facing Canadians, and how would you and your party deal with it?

"The biggest issue facing Canadians currently is the climate change crisis. The NDP has put out a plan that is dedicated to helping restore the sustainability of our planet. We have measures to stop greenhouse

gas emissions, shift towards a green economy and green jobs, and finally standing up to big oil businesses by ending tax subsidies."

What is the biggest issue facing Richmond constituents, and how do you propose to change things?

"Housing is a very big concern facing Richmond residents. There has been a rise in expensive homes in Richmond, and the lack of affordability has contributed to a housing crisis. The NDP has a plan to invest into building 500,000 affordable homes over the course of 10 years, with half of it being completed within five years."



NICOLE IACI, Green
Why are you running for office?

"I'm running for office because as a lifelong resident of Richmond, I'm ready for change. I can no longer sit back as the status quo continues to lead us in the wrong direction. Climate change is the pivotal issue of our generation, and yet our leaders continue to invest in non-renewable energy causing us to fall further behind our climate targets.

Canadians, and specifically residents of this community, are finding it harder to make ends meet. We need affordability for all Canadians to become a priority. Ensuring our climate targets are a priority, increasing the availability of affordable housing, eliminating the cost of

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WE ASKED...

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post-secondary tuition, guaranteeing livable income for all, enacting universal health and dental care for low income Canadians."

What is the biggest issue facing Canadians, and how would you and your party deal with it?

"Climate Change is the single biggest issue facing Canadians. It is the defining issue of our time. The election is now a climate referendum and the Green Party's Mission: Possible is the only concrete action plan to avert climate catastrophe. Mission: Possible is an action plan delivering concrete solutions to reduce Canada's greenhouse gas emissions by 60 per cent by 2030, moving to zero emissions by 2050. The climate plans of every other party fail to meet the emissions reduction targets necessary to achieve the 1.5 degrees goal of the Paris Agreement"

What is the biggest issue facing Richmond constituents, and how do you propose to change things?

"Affordability is the single biggest issue facing Richmond constitu-

ents—especially as it relates to accessing affordable housing. After 30 years of government withdrawal from some sectors, such as housing, and failing to keep pace with changing and expanding needs in others, the social contract between government and citizens is frayed. This is especially true for Richmond as rapid economic and social changes have created new conditions that require creative program responses. Renewing the social contract is a Green Party priority.



JOE PESCHISOLIDO, Liberal Why you are running for office?

"It has been an honour to serve as the Member of Parliament for Steveston-Richmond East, I choose to run for re-election because I want to continue serving the great people

of Richmond. In the past four years, I have secured federal funding to:

What is the biggest issue facing Canadians, and how would you and your party deal with it?

"Climate change is real and that it the biggest issue we face as Canadians. We need to quickly transition to a low or no carbon dependent economy. A Liberal majority government will invest in renewables to get to 90 per cent clean electricity by 2030 and reach a net carbon neutral economy by 2050. We will make zero-emission vehicles more affordable and accessible. We will also commit to ban harmful single-use plastics and micro beads. We owe it to our children to give them a better future.

Affordability is a big concern when I talk to people at the doorstep. We delivered our promise to lower the age eligibility of Old Age Security (OAS) back down from 67 to 65 vears old. We will continue to invest in young people to make post-secondary education more affordable by increasing grants by 40 per cent and providing delayed interest-free payments plans. We will lower cell phone bills by 25 per cent and save first-time homebuyers hundreds on their mortgage each month.

restore the integrity of our health-

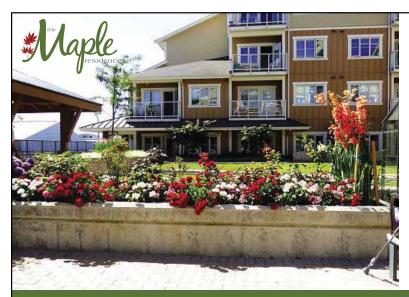


care system to best serve our residents. My plan is to go after the illegitimate businesses that profit from birth tourism. Also, work with the city and the province to shut down the illegitimate maternity-ward businesses running out of residential homes.

I have been successful in protecting Richmond's agriculture and the Fraser River by not allowing Port Metro Vancouver to be built on our precious farmland."

What is the single biggest issue facing Richmond constituents, and how do you propose to change things?

"The Massey Tunnel needs to be replaced to make life better for us. Since 2015, our Liberal government has brought billions to the table to fund the replacement project, but it's We need to end birth tourism and up to the province to decide on what to build.



The Maple Residences, an Independent Living Residence in Steveston has a beautiful 4th floor 2 bdrm, 1 bath + den suite. Available immediately.

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ELECTION RECAP: A breakdown of the 42nd Canadian Federal Election held Oct. 19, 2015

- Liberal leader Justin Trudeau 2015 election, a loss of 60 seats from votes, an increase of 20.6 per cent became Canada's 23rd Prime Minister, replacing Conservative Stephen Harper, Nov. 4, 2015 after the Liberals formed a majority government by winning 184 of the 338 seats in the House of Commons. Trudeau, who became Liberal leader in 2003, became the first child of a former Prime Minister (Pierre Trudeau) to also take up the post Liberals were elected in 184 ridings across the country, resulting in the party holding 39.5 per cent of the seats—a gain of 148 seats over the previous 2011 election. The Liberals in 2011, under leader Michael Ignatieff, won the fewest ich-Gulf Islands. seats in its history.
- Harper, who was the incumbent in the 2015 election, according to Prime Minister, had been his party's leader since 2004. Under Harper, the Tories won the 2006, 2008 and 2011 federal elections. The Conservatives won 99 seats (31.9 per cent) in the

• The New Democratic Party, under leader Tom Mulcair, won 44 seats (19.7 per cent) in the 2015 election, 51 fewer than in 2011.

The NDP formed the Official Opposition, for the first time in party history, in 2011 under leader Jack Layton.

- The Bloc Quebecois, under leader Gilles Duceppe, won 10 seats (4.7 per cent) in the 2015 election, a gain of eight seats over 2011.
- The Green Party, under leader Elizabeth May, won one seat. May was elected in her riding of Saan- (54.9 per cent male and 61.9 per cent
- 68 per cent of eligible voters • Conservative leader Stephen (17.546,697 Canadians) cast a ballot Elections Canada. That represented a seven percentage point increase from the 2011 election, when turnout male and 69.9 per cent female) was just above 61 per cent.

over the 2011 election.

- Conservatives received 5,600,496 votes, a 7.7 per cent decline
- NDP received 3,461,262 votes, a male) 10.9 per cent decline
- Bloc Quebecois received 818,652 votes, a 1.2 per cent decline
- Green received 605,864 votes, 0.5 per cent decline
- Voter Turnout, By Age (Based on median household income) eligibility):

18 to 24—66.1 per cent; (64.1 per cent male and 68.0 per cent female)

First time voters—58.3 per cent; female)

25-34—57.4 per cent; (54.3 per cent male and 60.5 per cent female)

35-44-61.9 per cent; (58.7 per cent of vote) male and 65.1 per cent female)

45-54-66.6 per cent; (63.6 per cent cent)

55 to 65-73.7 per cent; (71.4 per • The Liberals received 6,930,136 cent male and 76.0 per cent female)

65 to74-78.8 per cent; (79.0 per cent male and 87.8 per cent female)

75 and over-67.4 per cent; (71.1 per cent male and 62.8 per cent fe-

Voting By Geography

NDP won the vast majority of seats in B.C., except for a pocket that went Lliberal in the Lower Mainland

• Party Support in B.C. (Based on

\$35,810 or below: 50 per cent voted

\$35.810 to \$141,720: 41 per cent voted Liberal and 33 per cent NDP

\$141,720 plus: 57 per cent voted Liberal

• Results in B.C.

Liberals—17 seats, (35.2 per cent

Conservatives—10 seats, (30 per

NDP—14 seats, (25.9 per cent) Greens—1 seat, (8.2 per cent) Total B.C. seats—42

ET'S RECYCLE SAFELY!



SAFETY ALERT: Please recycle these hazardous materials at the Richmond Recycling Depot – not in your Blue Box/Blue Cart. These hazardous items can cause injury to recycling staff and need special handling.



Propane tanks



Butane cylinders



Lithium-ion batteries



Household alkaline batteries



Paints, solvents and pesticides



Electronics

The Richmond Recycling Depot is located at 5555 Lynas Lane, open 9:00 a.m. to 6:15 p.m., Tuesday to Sunday.

Environmental Programs Information:

604-276-4010 garbageandrecycling@richmond.ca www.richmond.ca/depot



VOTING: What you need to know

To get onto the voters list go to elections.ca

Election Day—Monday, Oct. 21

Canadians will go to the polls to elect 338 members to the House of Commons, who will form the 43rd Canadian Parliament.

• Campaign Period—40 Days

Candidates seeking to be elected had 40 days, up to Election Day, to campaign.

Richmond Ridings

Centre and Steveston-Richmond East.

• Seats required to form government

170 seats are needed for a party to form a maiority government. Otherwise, the governing parmust be cast for a candidate in the riding in which ty holds a minority or a coalition government is formed.

VOTING DAY

• Canada's Elections Act states that a federal election must be held on the third Monday of October in the fourth calendar year following the

previous federal election. As the last election was held on Oct. 19, 2015, the next fixed election date is Oct. 21, 2019.

Voter eligibility

You are eligible to vote if you are a Canadian citizen, are at least 18-years-old on election day (Oct. 21), and able to verify your identity and home address—such as with acceptable Canadian government-issued ID including your photo, name and current address.

Another option is to provide two pieces of ID, Richmond, BC has two federal ridings: Richmond both of which must have your name and at least one of which requires your current address.

Where to vote

You are only eligible to cast one ballot, and it vou reside.

Voting hours

You may vote on election day (Oct. 21) at your assigned polling station (see the personalized voting card you should have received in the mail) from 7 a.m. to 7 p.m. Pacific time.



RE-ELECT JOE PESCHISOLIDO

Steveston-Richmond East



Joe is an active member of the community and has been a Richmond resident for over 20 years. Joe is a 4th Degree Knight of the Knights of Columbus in Richmond, a member of the Rotary Club of Richmond Sunset, a member of the Richmond Chamber of Commerce. He is an active parishioner of Canadian Martyrs Catholic Church. Joe is a vegan and believes in making healthy

and sustainable food choices. In his personal time, Joe enjoys spending time with his family, reading, and exercising.

Joe earned his Bachelor's degree in Political Science from the University of Toronto, and his law degree from Osgoode Hall Law School. Joe is fluent in English, French and Italian.

voteforjoe@joeliberal.ca

joeliberal.ca

@jpeschisolido

@joepeschisolido

joepeschisolidolib

Joe as your Member of Parliament for **Steveston-Richmond East will:**

- ✓ Protect the environment and invest more in clean energy to quickly transition to a net-zero carbon economy
- ✓ End birth tourism and improve healthcare for all residents
- ✓ Bring federal funds to replace the Massey Tunnel without cutting social services to middle-class families and seniors
- ✓ Advocate to strengthen pensions to raise maximum CPP benefit by up to 50% sooner
- ✓ Increase benefits for seniors with GIS top-up by nearly \$1000 more each year
- ✓ Improve benefits to young families
- ✓ Invest in young people by increasing Canada Student Grants again - that means an average of \$4200 each year

On October 21, please vote to re-elect

JOE PESCHISOLIDO.

604.370.0556 #8060-11688 Steveston Hwy, Richmond

Batten down the hatches, winter's on its way

It's definitely fall. And, it's not just squirrels who are getting ready for winter. From our homes, gardens, vehicles and insurance, there are things we can do to make ourselves ready for the winter ahead.

By LORRAINE GRAVES @LGSentinel

Weeding now makes spring a breeze

or your garden, be it an acreage, a front yard or just a few pots on your balcony, the co-owner of Prickly Pear Garden Centre says it's time to do two things: clean up and plant.

"You just want to clean up, basically get any stuff that's dying back like hostas, because it's finished," says Patti Maskall. "Clean up the leaves that have fallen, like roses. Clean up really well in the garden beds, and while you're at it, pull some weeds. It's going to make it easier for spring."

If you have a lawn, now is the time to apply lime. It corrects the pH (acidity) to help it take up nutrients and subdues the moss that loves to grow in the wetter, darker winter. Because grass seed likes cooler, but not freezing, temperatures to germinate Maskall says you can scatter grass seed over the dead or thinning parts of your lawn. But she cautions, "If the temperature drops in a hurry it might be too late for the seeds to germinate. That said, fall is generally a good time to over seed. It's getting late for winter vegetables, but you can definitely plant bulbs like tulips and daffodils for next spring."

Maskall adds, "You can still do stuff. Don't give up on your pots. You can put in pansies and violas. They'll last all winter. Bulbs for sure can be put in pots."

In fact, she suggests first putting the bulbs in pots then planting winter blooming plants on top so you'll have

flowers now and flowers that come up in the spring. The same holds true for bulbs and plants going into the ground.

Maskall reminds gardeners of all ilks to put their raked leaves and garden refuse in the green compost bins.

Check-up ensures coverage you can afford

Insurance costs may be going up, but it is security you can't afford to be

Andrew Tablotney of Legear Pelling Insurance Agencies suggests a check-up of all your insurance policies, whether for vehicles, houses, condos or a home you rent. And you don't need to wait until renewal time to do a review. Many people pay more than they need, while others are paying for insurance that doesn't cover what they think it does and they only find out when they file a claim.

Agents know a variety of different insurance companies and their policies. They help you make an informed choice that fits your budget and

For instance, you can combine the liability insurance on a few cars and residences for a couple of people to reduce your cost while increasing the coverage. While some parts of car insurance have to be with ICBC, there are other parts that can be done through different companies, sometimes with a significant saving or with better coverage or both.

Tablotney also suggests everyone have a list of content values, which most people underestimate by 20 per



Photo by Calvin Tsang

Andrew Tablotney suggests reviewing all insurance policies to understand your coverage and perhaps save money by pooling policies.

cent on average.

"Take photos of everything especially unique items—a collection of Dalton figurines, art work, etcetera," he says.

By remembering to write down all serial numbers, you may have a chance of getting items back if stolen. You can also find the value more easily as manufacturers often have a list of items, models and year made. You can also prove it is yours if recovered, or if you find it listed for sale online.

Another point Tablotnev made was the need for a water shut-off valve for your entire home. Knowing where it is can mean the difference between a little damage and a lot when there is a leak inside the house. He says that it's worth having a plumber out to also put in a timed valve that shuts off the water after a set time. If you have a leak, especially while you are out of the house, it will limit the damage. And, if you are going away and don't need the water on, he suggests turning it off completely.

Something that came to light during the interview with Tablotney was that Richmondites can now get flood insurance.

And, while you are doing all these jobs around the house, Tablotney says, "All heavy appliances and furniture need to be fixed to the wall. For instance, china cabinets and things like water heaters should be strapped in for earthquake safety, and to prevent children having heavy furniture fall on them."

As the cold arrives, keeping warm is a priority

Heating systems need to be readied for the coming winter, and according to Brad Langley, co-owner of the Richmond heating company, Flame, most manufacturers recommend annual maintenance.

Some require it to keep your warranty in good standing.

"Regular maintenance also ensures safe operation and maximum comfort and efficiency of your home's heating system," says Langley.

Langley says keep your heating system in tiptop shape is the Fortis rebate program. Currently, you can receive part of the cost of an

WINTER

From Page 10

annual maintenance call on your gas furnace, fireplace, boiler or heat pump. And while regular maintenance calls can be scheduled through the year, the Fortis service rebate program has start and stop dates so best to check details at fortis.com.

If you have a heat pump, having it serviced at the same time as other equipment can cut the cost of the call and save an emergency trip should it stop working when you need it. Langley says they do not need winterizing, but many air conditioners do. They should have their electrical breaker turned off and, if they are outdoors, their winter cover needs to be installed.

"If your newer furnace stops working, look for the plastic window in one of the doors," Langley says.

He adds behind that clear window will be a flashing LED light that gives you the trouble code. Giving that to your service person ahead of time means they can come prepared and may save time and money.

Cars need help to get ready for the chilly weather

It's time to store the summer tires and replace them with all-weather, all-season or winter tires.

Juan's Auto Service encourages people to consider true winter tires. They advise that the aggressive tread helps in the snow, but more importantly, the rubber compound is engineered for colder weather.

It means they still grip even when it's cold out. The rubber in summer tires isn't made to stay as grippy in the cold. Also, for those who like to travel, some mountain highways reauire winter tires in B.C.

With our mild West Coast winters, do we really need to worry about antifreeze? Juan's Auto Service says it is important at any temperature. The word antifreeze is a bit of a misnomer. It does stop freezing, but also increases the cooling properties of the water in the system.

Because water expands when it freezes, and it's powerful, it can crack pipes, hoses and even engine blocks. When there were cold nights and warm days, the Romans used the expansion of frozen water to quarry great blocks of marble.

It's also wise to ensure your vehicle has good quality wiper blades.

All-weather tires aren't meant for absolutely all weather. They are meant for milder winter conditions with heavy rain, snowfall that melts quickly and slush, but not winter conditions.

Painting up a storm

The senior designer with Benjamin Moore's Richmond decorating centre says you may have missed your chance to do much painting outdoors for this year. But she offers encouragement for other work.

"I don't recommend painting outside at all at this point," says Kristie Helps. "Though we do have products



Brad Langley, third from left, offers advice for preventative maintenance on your HVAC systems this fall.



Photo by Richmond Decorating Centre

Colour and design consultant Kristie Helps offers tips for freshening up your home this fall.

that work at a lower temperature, if test it out on the wall so you see what really need to."

Helps says that even though the days may be warm and dry, the wood is too damp and the nights too misty to let paint dry properly.

"I had a guy come in who wanted to paint or stain his fence and I said, 'No. You're going to spend all this money to have this fence stained and it's never going to be dry because there's all this moisture pushing this product paint that colour. out." She says he took her advice.

perfect time to either touch-up or redo the paint inside the house. She says most professional painters have time now that outdoor work is done begin.

"It would be a good idea to start now because we get the people who panic at the last minute," she says.

paint roller or brush, Helps suggests looking for ideas in magazines or online then taking them to the paint store.

When you are trying to decide on a colour, buy a tiny container of the hue you are thinking of. "That way," Helps says, "you can take it home and

it looks like in your lighting."

Helps and her colleague, Cherry McCulloch, also offer in-home consults. For \$150 they will spend an hour with you, going over paint and wallpaper suggestions that go with your taste and existing décor. They keep your choices for each room in their store's computer system so, even years later, you can buy more

Helps says that while she will not Helps does suggest that this is the suggest doing something a client doesn't like, she says she's seen many different options that many customers might not have seen.

Helps has a suggestion for wearand the Christmas rush has yet to worn walls or ones with a mended place. She says to prime the repaired spot and erase the marks, "Then once you get all that off, just throw on one coat about the same colour. You'll be Even if you aren't ready to take up a fine. It'll look so much better."

> So whether you're just covering up some smudges, freshening up a single wall, or redoing a whole room, Helps says, "This is the perfect time. Once you get Thanksgiving over you can really focus on what you want to achieve once Christmas comes."

> > •LGraves@richmondsentinel.ca

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Librarian encourages literacy and play

By **DON FENNELL**©DFSentinel

October may be best known in Canada as the official start of hockey season, and Thanksgiving. It's also Canadian Library Month, a chance to celebrate and say thank you to the many individuals dedicated to enriching our lives from a literary perspective.

As Richmond Public Library extends an invitation to the public to drop by any of its branches and learn something new, we're recognizing two individuals who epitomize heart in each of their library roles.

As one of the Children and Family Services librarians, while also being involved in a variety of programs for children at Richmond Public Library, Johanna is a valued member of the team.

"Johanna plans and delivers library services with a special focus on children, youth and families," says chief librarian Susan Walters." Each and every day, whether she's working in our children's department at (the main) Brighouse (branch) or out in the community, Johanna is connecting with our community and making a difference in a young life."

Walters notes that not everyone knows that to be a librarian, you must have a masters degree in library and information studies in addition to an undergraduate degree. That's a minimum of six years of post-secondary education. She adds that public libraries open doors to lifelong learning and as one of our librarians, (JO-HANNA)

How did you come to find yourself in this role?

"Following a Masters of Education, I taught all ages at a school for the deaf. After moving to Van-

Canadä



Photo submitted

Librarian Johanna is a valued member of the team at Richmond Public Library.

couver, I attended the University of British Columbia for a Masters of Library and Information Studies, and was immediately drawn to Richmond Public Library for its staff and community."

What interests/inspires you most about your role? What do you like the most about what you do?

"I have a deliberate interest in early literacy, children and youth services, outreach, advocacy, inclusion, and leadership with youth. Organizing programs such as Babytime, Family Storytimes, Kids' Book Clubs, and the Teen Sign Language Club allows me to encourage literacy and play. By leading workshops for teachers-in-training, I am able to share my knowledge and exuberance with an entire new generation of educators and even teach them some new signs to use in their classroom.

The Teen Sign Language Club began as a cumulation of my skills and interests. By now, steady participation is seen from



almost 20 teens each week who learn not only sign language but also about deaf culture, special needs, and human rights issues while playing games and having fun. Teens have gone on to begin sign language clubs at their schools and also choosing American sign language to fulfill their high school language requirement. It's a dynamic group of young adults and I enjoy seeing them grow to understand more about themselves and the world around them."

How do you feel you and your role most benefit the community?

"I am able to connect with families and the community to let them know how valuable early literacy and the library are."

•dfennell@richmondsentinel.ca

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Library's unsung hero delivers good news

By **DON FENNELL**©DFSentinel

In many ways, Haile is the face of the Richmond Public Library.

As the main driver, he's out and about in the community every day, delivering books from branch to branch as an important cog in the library network.

"Along with some of our special volunteers, Haile delivers books and reading materials to our most isolated and homebound residents who can't make it into the library," says chief librarian Susan Walters. "And always with a smile and a wave."

How would you describe your role at the library?

"I am the primary driver delivering books and supplies to all the branches. I assist with the building maintenance from time to time."

How did you come to find yourself in this role?



"I was drawn to RPL because I wanted to work for an organization that provides an important services to the community."

What interests/inspires you most about your role? What do you like the most about what you do?

"I like meeting the regular staff and public over the years and seeing how the library helps improve and change lives."

How do you feel you and your role most benefit the community?

"I feel my role most benefits the community by providing them access to information, community services and a safe welcoming environment for everyone."

•dfennell@richmondsentinel.ca

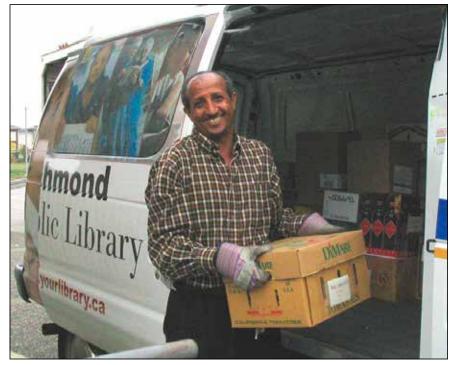


Photo submitted

During Canadian Library Month, Richmond Public Library celebrates an important contributor: Haile.



Mid-October 2019 RICHMOND SENTINEL



Community

Thank you for your leadership in helping to



From left to right: Natalie Meixner, President & CEO, Richmond Hospital Foundation, Sandy So, Nelson Kwan, Board Chair, Richmond Hospital Foundation

2019 Milan & Maureen Ilich Philanthropic Award of Distinction presented to Sandy So

This award is presented annually to a donor in recognition of their philanthropic leadership and inspiration to others to give to Richmond Hospital Foundation. This year's recipient, Sandy So, has been a philanthropic leader in the community of Richmond. A long-time supporter of Richmond Hospital Foundation, Sandy has significantly contributed to many areas of health care by not only advocating for Richmond Hospital but also by giving her time as a Board member and ACT NOW Campaign Cabinet member. Sandy continues to show her dedication and commitment to being a community champion for the residents of Richmond.



2019 PhD of Inspiration Award Recipients

From left to right: Dr. Ken Poon, Urology Physician, Richmond Hospital, Laura Case, Vice President for Vancouver-Richmond Community, Nanaksar Gurdwara Gursikh Temple members (Jinder S. Berar, Amrik S. Nijjar, Gurdip S. Wahid, Tarlochan S. Ranu, Gary S. Berar - second from right), Jerry Zhong on behalf of Coromandel Properties Ltd., and Natalie Meixner, President & CEO, Richmond Hospital Foundation.

Presented to donors who have donated more than \$250,000 to Richmond Hospital Foundation.

To make a donation, please call 604.244.5252

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Cares Celebration



shape the future of health care in Richmond

Richmond Hospital Foundation's Community Cares Celebration on September 24, 2019 was a wonderful opportunity to celebrate the philanthropic contributions and leadership of our donors. We are honoured to see our family of donors and leaders united to inspire support for local health care.



Dr. Penny Ballem, Board Chair, Vancouver Coastal Health

Dr. Penny Ballem delivered a thought-provoking keynote speech on the future of health care in Canada and what needs to change.



Senior leaders from Vancouver Coastal Health Richmond

VCH senior leaders engaged with donors and spoke about the new Acute Care Tower and health care across the Richmond Community.

From left to right: Rich Dillon, Director, Richmond Redevelopment & Patient Flow and Alfonso Cuyegkeng, Director, Special Projects



2019 Doctor of Philanthropy Award Recipients

Presented to donors who have given between \$50,000 to \$249,999 to Richmond Hospital Foundation.

Back row, left to right: Dr. Ken Poon, Urology Physician, Richmond Hospital, Arlene Kroeker on behalf of Bodhi Meditation, Kim Schuss, Paul Wong on behalf of T&T Supermarket Inc., Hans and Heather Pedersen, Sandra and Hugh Mooney, Vivian Eliopoulos, Vice President, Vancouver-Richmond Acute, Natalie Meixner, President & CEO, Richmond Hospital Foundation.

Front row left to right: Peter C M and May Chow, Susan Yuen and Madeline Lee on behalf of Chow Ming Yuen and Siu Ching Wong, Julie Yang on behalf of Bodhi Meditation, Karan and Vin Dhillon, William Law on behalf of Kum Pui B. Law and Ah-Miao Huang, Herbert Lee.





























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Richmond starts own EA training program

By LORRAINE GRAVES

©LGSentinel

The Richmond School District has dealt with the province-wide shortage of education assistants with a cando attitude: by creating their own training program.

Called REAP (Richmond Educational Assistant Program), the deadline to apply for placement in the 2020 term has been extended to Oct. 11.

EAs, as they are commonly known, work one-on-one with students who have need of their own support worker in the schools be it for emotional, physical or social reasons. They work teachers' hours ,which means it is well-suited to adults who need to be home after school to take care of their own children. The pay is decent and comes with benefits.

The training is offered in two ways: a part-time program is spread over 13 months, with classes on Monday s and Wednesdays nights and Saturdays; or as a four-month full-time program that runs Mondays to Fridays from 8:30 a.m. to 3 p.m. from July to the end of November.

A program of our school district's continuing education department, REAP is only a few years old but is already popular with employers. While some of the graduates find work with other school districts, but the majority of grads still choose to work here in Richmond, says Kathleen Champion, one of the two program directors.

Since REAP training began, 150 people have graduated with 120 walking into jobs in the Richmond School District and the others being snapped up by private schools or by other public school districts. And, according to Champion, our school district still needs even more EAs.

Designed and run by Champion and Christine Brodie, who have known each other since teaching together in the early 1980s, REAP offers a reasonably fast route to a job with good pay and good hours that work well for peo-



Richmond School District

Clockwise (from top right): Christine Brodie, Heather Lavigne, Darlene Shandola, Deb Collins, Monika Tarampi, Michael Khoo, Leslie Coley-Donahue, Kathleen Champion and Kate Campbell.

ple who want to finish their work day at 3 p.m. because of other responsibilities

"We have had over our short career since 2016 many people apply and be accepted into program who were teachers in other countries, also doctors in other countries. We have had

(EAs) do amazing things with the kids; they augment what our teachers do. They bring their skills and talents together.

- Kathleen Champion

some with PhDs in various related fields in other countries, all of whom have applied and been accepted," says Champion.

But she is clear that you don't need an advanced university degree or, in fact, any degree at all to make a good EA.

Some of the applicants are people returning to work who have been out of the work force to take care of their children, a sick family member, or an elder.

Champion says, "Hundreds of those women have never heard of such a role as an educational assistant. Unless they had kids in a school where they met an EA, they would never have considered it."

The first step in the process, Champion says, is applying by going to the school district's website and filling in the REAP forms. She is clear that they are willing to answer any questions you may have.

After you apply, those who make the short list are interviewed to see if it really is a job they want to do.

"It's a several stage process. Being an EA is a difficult job and we want to make sure people are well-informed about the role they are getting into and are passionate about it and really want to do it," says Champion.

She says about half of the people who apply are accepted into the program so your odds are good.

The head of the school district's continuing education, Michael Khoo, says REAP teaches future EAs how to support individual students who require adaptations and accommodations to succeed in the Richmond Public School System.

"And guess what?" Champion says, "These things you learn are good for the whole class."

Champion says some working teachers say they wish they had been able to learn the REAP program's strategies, knowledge and skills because classrooms today are so diverse.

Khoo says some applicants to the program say"We want to be part of the support system that does better."

The REAP study program offers two options, full-time study and part-time.

The part-time program that starts the soonest, Khoo says, with study begins at the end of January and runs through the following February, with breaks that follow the school season for winter, spring and summer holidays.

The part-time program was designed for people who might work Monday to Friday or who might have child care needs during the day. On the other hand, the full-time program means people join the workforce sooner.

REAP is an educational program that leads to a job that Champion, well, champions.

"(EAs) do amazing things with the kids; they augment what our teachers do. They bring their skills and talents together. It's so fantastic."

Khoo says of successful applicants, "Some have used the phrase, 'This is something that fits who I am. It's a career calling. I was meant to do this."

Learn more about becoming an educational assistant by emailing RCE@ sd38.bc.ca or calling Richmond Continuing Education at 604-668-6123.

•LGraves@richmondsentinel.ca

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Why Richmond is amazing

Richmond is a city of hope. Anyone can dog sellers to police a city with pride and



freedom everyone can do anything from poor to rich or small to big. In this small city we always help each other. Although Richmond doesn't mean everyone is rich, we will always donate to people who don't have as much as us. Richmond's Mayor Malcolm Brodie tries to keep us as educated as he can. In Richmond everyone is friendly enough to give you a helping hand. Love sport? Richmond has Richmond Sockeyes (hockey) and Vancouver Dragons (basketball). Richmond was founded on Nov. 10, 1879 but was designated a city on Dec. 3, 1990. Richmond allows all people from different countries to bring their culture along with them as they enter the astonishing city of Richmond. Love to fish? Steveston is home to lots of fresh fish ready to eat. Steveston also has whale watching. There are orcas, humpback whales, and many more. Richmond for me is one of a kind.

Name: Oliver Ng

Age: 10

School: Intelli Training Center

Kizami's cuisine worth checking out

Centinel's Pick is a new column in the Richmond Sentinel introducing readers to new and existing restaurants across the city, and other areas of the Lower Mainland.

For this issue, we are reviewing a hidden gem we, Kizami Japanese Cuisine located on Leslie Road.

This is a go-to place when we want small dishes and a variety of choice for dinner. They offer a daily selection of fresh sashimi and special dishes. And their sushi and rolls are of great quality and delicious. One favourite is their robatayaki, a Japanese-style skewers cooked over hot charcoal. Almost every time we've gone, we also order their robata-styled chicken wings.

If you are a fan of sake, they offer a good selection of Japanese sake to pair with your

Apart from dinner, they are also open during lunch and offer set menu for individuals, like the Kizami Set which is limited to only 10 sets daily.

This is great restaurant to try out and a great place to hang out with friends for



Photo by Wilson Miao

Kizami's Japanese Cuisine, on Leslie Road in Richmond, offers great quality for a memorable dining experience.

snacks and drinks. Check us out online article (www.richmondsentinel.ca) for recommended dishes.





RAPS COMMUNITY REPORT Caring for the animals who care for us



Pets make people better



Eyal Lichtmann

The Regional Animal Protection Society exists to save and improve the lives of animals. That's pretty obvious. But the reality is, we are an organization with people at our very heart.

Everything we do is possible because of the small armies of volunteers who allow us to provide individualized care to the thousands of clients at the RAPS Animal Hospital, RAPS Cat Sanctuary; who help welcome, care for and transition the thousands of animals who come through the RAPS City of Richmond Animal Shelter; who volunteer to foster pets; and who work in our thrift stores.

People who choose the not-forprofit RAPS Animal Hospital for vet care help generate revenue that is reinvested back into all our services. We could do none of this without the people and socially responsible businesses who contribute financially.

But there's more to it. Everything we do helps animals and their people. This is something too often taken for granted. Let's be clear: animals deserve to be respected, cared for and protected

because they are sentient creatures in their own right. This should not detract, though, from some very real consequences that the presence of animals in our lives has on human beings!

Statistics are clear: Animals make our lives, families, neighbourhoods and communities safer, happier and

If you have a cat in your home, you are less likely to have a heart attack and less likely to have a stroke. If you happen to have a heart attack and you return from hospital to a home with a dog there is a much higher likelihood that you will be alive in a year than if there is no dog in your home. Pets also help a huge range of major illnesses.

These are some of the reasons RAPS is an advocacy organization. We helped make Richmond one of the most animal-affirming cities in Canada, with policies like no retail sale of cats and dogs and mandated spaying and neutering. But there's more to be done—and it involves polices around animals and people.

Consider this: a woman experiencing domestic violence and facing the reality of leaving a pet behind due to lack of available housing will remain in the relationship seven times longer—and are more likely return to the abusive home. Of the 452 women's shelters in Canada, eight accept pets.

RAPS is working with homeless and women's shelters in Richmond and Metro Vancouver to provide vet care to pets of residents—and to find temporary foster homes for pets, when necessary.

"No pets" policies in rental and strata accommodations means households with companion animals pay more for lower-quality housing—and in a market like Metro Vancouver's, this inhumane policy leads to homelessness. Recently, RAPS was involved in a case where we not only provided veterinary care and food for a pet, but also provided food and support for the dog's person, a homeless veteran with PTSD. Pets are part of our families and caring for the pet means caring for the the public. family—and vice-versa.

Average tenancy of a household without pets is 18 months. Households with pets average 46 months—reducing turnover and vacancy rates for the owners. RAPS is advocating with imals and their people. government to make policies more equitable and with landlords to make them understand that pet-friendly policies are in their own best interests.

Based on housing prices and average incomes, more than 80 per cent of income is necessary to finance a home in Vancouver. This helps explain why many families live in deeply substandard accommodations and almost half of British Columbians Protection Society.

are \$200 away from insolvency. Even moderate unanticipated expenses like a significant vet bill-can be disastrous not only for families with low incomes but for those who consider themselves middle class.

That's why we opened the not-forprofit RAPS Animal Hospital, where fees are lower than for-profit clinics. We have an emergency cases fund because we believe no one should make life-and-death decisions about their family members based on inability to pay. We have no-interest wellness plans to make sudden expenses more bearable. Since opening 18 months ago, RAPS has provided more than \$800,000 in community assistance to

When people choose the RAPS Animal Hospital for their veterinary care—monies they intend or will have to spend anyway—they know that the proceeds are reinvested in helping an-

We advocate for animals because they deserve advocacy. But a happy side benefit of this is that our work has extraordinary positive impacts on the lives of people. And speaking of people —that's you—it's the great support of our entire community that makes all of this possible. Thank you!

Eval Lichtmann is CEO and executive director of the Regional Animal

SPECIAL ADOPTION EVENT - OCT 19 SAT

At least 25 kittens and adolescent cats are looking for forever homes. If you have discussed adopting a furry family member with your family, please call ahead (604-279-0024) for a telephone pre-interview and to make an appointment for Oct. 19.



REGIONAL ANIMAL PROTECTION SOCIETY (RAPS)

rapsbc.com | City Shelter: 604-275-2036 Head Office: 604-285-7724





RAPS ANIMAL HOSPITAL

rapsanimalhospital.com 604-242-1666 The RAPS Animal Hospital and Animal Ambulance are supported by Applewood Nissan



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In their own words...

How UBCM benefits Richmond residents



Kelly Greene

Along with fellow Councillors, I was fortunate to attend the Union of BC Municipalities (UBCM) annual conference recently. This is an important annual gathering of municipal leaders and I'd like to share how participating in UBCM benefits Richmond residents.

Local governments from across BC send their elected representatives to the week-long UBCM conference to improve their knowledge of leading issues, ranging from disaster response to money laundering. In addition, municipalities can submit issues (resolutions) regarding items important to them and their communities. The body of UBCM votes on all the resolutions—there's often over 150 of them—to decide which priority ones to endorse and present collectively to the provincial government for discussion and action.

Richmond Council submitted a number of resolutions for consideration at UBCM—each of them relevant to those living or working in Richmond. The following were endorsed:

- Comprehensive Provincial Single-Use Item Reduction Strategy
- Compostable Single-Use Items

- Lobbyist Registration
- Conflict of Interest Complaint Mechanism
- Transparency & Legislative Reform of Beneficial Ownership of Land & Corporations

These and other UBCM endorsed resolutions are sent to the respective government ministries for response. On any particular issue, government may choose to take full action, offer partial action, or simply choose to receive the resolution as information only. With the collective weight of UBCM behind a resolution, it can have more strength than if just a single municipality was sharing the issue with government.

While at UBCM we also met with many provincial Ministers and raised issues of importance to Richmond, with particular emphasis on:

- housing
- · congestion at Highway 99 & Steveston Highway
- Richmond Hospital replacement tower
- single use plastics and other items
- money laundering

Many of the biggest issues we face in the city can only be solved by senior levels of government, and I am confident that our concerns were understood and action will be taken to improve the lives of Richmond residents.

The City of Richmond also received two awards at UBCM, highlighting how we are leading the way to improve the lives of our residents as well as care for our planet. The awards were for our:

- child care needs assessment strategy; and our
- electric-vehicle-ready charging infrastructure requirement bylaw



City of Richmond Councillors Michael Wolfe and Kelly Greene.

Finally, meeting with elected representatives from other communities allowed us to learn from each other's experiences. Underlying issues can be similar across communities, and hearing what worked (and what didn't) helps us to do a better job for the residents of Richmond. I even got extra time to "talk shop" with Councillor Michael Wolfe, who coincidentally rode the same Canada Line train to UBCM almost every day!

City of Richmond Council Meetings Calendar

Development Permit Panel

3:30 p.m. Thursday, Oct. 17 Council Chambers, Richmond City Hall

General Purposes Committee

4:00 p.m. Monday, Oct. 21 Anderson Room, Richmond City Hall

Public Hearing

7:00 p.m. Monday, Oct. 21 Council Chambers, Richmond City Hall

Planning Committee

4:00 p.m. Tuesday, Oct. 22 Anderson Room, Richmond City Hall

For meeting agendas and reports visit www.richmond.ca.

Public Works & Transportation Committee

4:00 p.m., Wednesday, Oct. 23 Anderson Room, Richmond City Hall

Council Meeting

7:00 p.m. Tuesday, Oct. 28 Council Chambers, Richmond City Hall



Council Meeting Live Streaming







Visit www.richmond.ca to link to live streaming or watch archived video.

www.richmond.ca



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Heart at the core of OverDrive Gym

ichmond's OverDrive Gym on El-to your fitness goals. Tmbridge Way offers something different from many other commer- a membership, they offer ongoing cial gyms—heart. If you buy a mem-support to every member. bership and haven't been in for a while, staff will call you to see if you firm offers is that they concentrate are OK and to see if there is some- on crossfit in both their classes of thing they can do to help you stick 10 to 15 people and on an individual

While there is no pressure to buy

Another difference this 10-year-old

basis with your own trainer.

plan with a qualified trainer, they monitor your progress with you, encouraging and altering the plan as 120 active members, but they want vou progress.

According to gym owner Marco Tam, "as a new member, there is each member get their money's a 45-minute assessment with the coaches to test your fitness level. for you. Prices range from \$160 to \$200 per month."

expensive than some commercial diet plans, but offers health and Christmas Fund, the Cancer Socifitness as well as calorie-burning ety, and Orbis Canada. Their next weight loss.

He also points out that if you dren's Hospice. run into challenges, the gym has a number of medical professionals to get fit safely while you get healthier. money."

"We don't want to be like other Once you have made a fitness gyms where they just sell, sell, sell membership," Tam says.

> There gym currently has about to cap that at about 200.

> OverDrive is committed to help

"Our goal is a consistent fitness After that we will find the right class lifestyle for each member," Tam says.

OverDrive also supports our com-Tam points out this is much less munity, running fundraisers for Children's Hospital, the Richmond fundraiser is for Canuck Place Chil-

Tam says, "We are not a big corporate gym, nor do we want to be. whom they can refer you so that you We are here for people's health, not



City Board

Asphalt Paving Advisory June 1 to October 31, 2019

The City of Richmond has contracted Lafarge Canada Inc. to grind and pave the following locations in Richmond from June 1 to October 31, 2019:

Proposed 2019 paving location details

- Westminster Hwy, Willett Avenue Boundary Road
- Westminster Hwy, CN Tracks Oliver Drive
- Russ Baker Way, No 2 Bridge Inglis Drive
- 7000 Block No 5 Road, Granville Ave Blundell Road
- 11000 Block No 5 Road, Steveston Hwy Rice Mill Road
- 12000 Block No 5 Road, Rice Mill Road Dyke Road
- Sharpe Avenue, Muir Drive Cul-de-Sac
- No 6 Road 91 Hwy, Maycrest Way Commerce PKYW
- Saunders Road, No 3 Road Garden City Road / Francis Road
- Shell Road (East), Williams Road House # 10620
- 7th Avenue, Regent Street Georgia Street
- Firbridge Way / Lane, No 3 Road Minoru Blvd. Ackroyd Road
- No 3 Road, McDonald Frontage
- Desmond Rd, Diamond Rd, Barmond Ave, Lamond Ave, Sub- Division
- 8000 Block Alderbridge Way, No 3 Road Garden City Road
- 9000 Block Alderbridge Way, Garden City Road No 4 Road
- Bridgeport Road, Viking Way No 6 Road
- McLean Avenue, Westminster Hwy Oliver Drive

Work hours will be 7:00 a.m. to 8:00 p.m. on weekdays, and 7:00 a.m. to 8:00 p.m. on weekends. Night time work hours will be from 7:00 p.m. to 5:00 a.m. (typically).

Traffic will be reduced to single-lane and there may be temporary lane closures. Delays may occur. The use of an alternate route is strongly encouraged.

This work is weather dependent and dates are subject to change without notice.

The scope of the advertised work may be adjusted or cancelled in line with available funding.

Questions may be directed to Wasim Memon, Supervisor, Engineering Inspections, at 604-276-4189, or visit the City's paving program webpage at www.richmond.ca (City Services > Roads, Dykes, Water & Sewers > Construction Projects > 2019 Paving Program).

City of Richmond | 6911 No. 3 Rd. Richmond BC V6Y 2C1 | Tel: 604-276-4000





Photo submitted

OverDrive gym is dedicated to helping its members reach their fitness goals.

A compassionate move lauded by all

By **LORRAINE GRAVES**©LGSentinel

There is hope.

Until recently, if you lived in an assisted living residence or a supportive recovery house and needed more than two extra services from a long laundry list, you had to move out, often to a residential care facility.

A frail senior's health can take an unexpected downturn. They suddenly require more help to live independently.

Richmond's Amanda Hill is the general manager of Courtyard Gardens Retirement Residence at the corner of Granville Street and Moffatt Road. Her facility has many care levels, including assisted living.

"Anything that the government does that creates more choices for families and residents is a benefit, rather than a decision having to be made quickly," Hill says.

Now, with amendments coming to the provincial *Community Care and Assisted Living Act*, people living in those situations, which preserve dignity and a degree of autonomy, will be able to stay even if they need more than two extra services.

"Previously, they'd feel pressured to make a decision because of government regulations," Hill says.

The list of care options hasn't changed. What has changed is that people no longer have to leave their homes if they need more than two things from the following:

- assistance with the activities of daily living.
 - managing medication,



Photo courtesy Courtyard Gardens

Amanda Hill manages Courtyard Gardens, home to one of Richmond's Assisted Living Facilities.

- provision of and monitoring therapeutic diets,
 - behaviour management,
 - psychosocial supports,
- safekeeping of money and personal property.

"Many seniors in the past have had to make the difficult decision to leave their assisted living residence, which is their home, due to previous restrictions," says B.C. Health Minister Adrian Dix. "That's why we are empowering seniors and people living with disabilities with more independence to make choices about where and how they live and receive care."

Effective Dec. 1, 2019, these changes and new regulations will give seniors, people living with disabilities and community-care clients, as well as people living in supportive recovery homes, the flexibility to stay in their community, while ensuring that they get the quality of care they need. It is a decision that blends fiscal responsibility, practicality and empathy for those living in these situations.

The provincial government defines assisted living as a semi-independent type of housing that provides extra supports to help with activities of daily living such as meals, recreation, medication management and psychosocial supports.

In supportive living, seniors live in their own apartments and have some or all of their meals provided in a restaurant setting within the building. Some provide weekly housekeeping and many offer services such as reminding people to take their medications on time, help with bathing and meals that work with medical dietary needs. Like living on a cruise ship, the residents have a host of activities and outings to choose from. They can come and go as they wish.

Linda Reid, MLA for Richmond South Centre, knows the realities of caring for an elder both personally and as BC's official opposition member of the legislature responsible for seniors' care.

"Richmond is a diverse community

and the greater the range of choices the better for all. I'm happy to support ever increasing options in seniors care," Reid says.

The changes mean seniors and adults requiring support in their recovery as well as people living with disabilities, have the choice to live independently in a home-like setting. Accommodations in these programs range from private rooms in a home to an apartment-style building with suites.

The amendments address the challenges of being transferred to long-term care sooner than necessary because of the existing rules which limit assisted living residences to providing no more than two of the prescribed services.

It will also offer residents more protection by adding oversight to make sure the facilities are up to standard and those running them are qualified to do so

These changes do not affect just seniors, those rebuilding their lives now have more hope as well.

This is something Guy Felicella, who grew up in Richmond, knows only too well

As a peer clinical advisor at the Overdose Emergency Response Centre and the BC Centre on Substance Use for the Vancouver Coastal Health regional addiction program, he knows clients need compassion, stability and informed help. As someone who once used street drugs, he knows first hand how important continuing support in a recovery residence is.

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Download our app from the App Store or Google Play Store.

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Noah Kelly has emerged as the undisputed leader of the Richmond Sockeyes.

File photo

Sockeyes return to winning ways

By **DON FENNELL**@DFSentinel

Aday after dropping their first game of the season, 6-5 to the Kodiaks in Aldergrove Oct. 2, the Richmond Sockeyes got back on the winning track the next night against Langley. They've since reeled off three wins in a row, a trend they hope to continue tonight (Oct. 15) against arch-rival Delta Ice Hawks at Ladner Leisure Centre.

Falling behind early against Langley in their Pa-

BY THE NUMBERS

PLAYER Ryleigh Anderson Craig Shouten Nicholas Wilson Noah Kelly Michael Araki-Young	GP 10 11 10 11 9	G 9 9 6 4 9	A 11 8 11 13 7	PTS 20 17 17 17 16
GOALIE Marcus Cumberworth Jacob Stone Mauricio Soriano-McKinnor	GP 3 5 1 4	W 2 5 3	L 0 0	AVG 1.75 2.60 3.55

cific Junior Hockey League game Oct. 3 at Minoru Arenas, the Sockeyes proceeded to outscore the Kodiaks the rest of the way in a 6-5 victory. Ryleigh Anderson set the pace with two goals and two assists, while Gabriel Suessenbacher-Fu added a goal and three assists.

Goaltender Jacob Stone stopped 18 of 23 shots to earn the win.

After a week off, Richmond returned to the ice by blanking the Port Moody Panthers, also at Minoru Arenas, 6-0 last Thursday. Outshooting the Panthers

45-22, the Sockeyes were led by three-point efforts (all assists) from Noah Kelly and Marcus Pantazis. Garrett Wicks and Gabriel Parent each scored two goals, and Hayden Hurst had a goal and an assist. Marcus Cumberworth made 22 saves in posting the shutout.

Parent followed up his two points against the Panthers with two assists in a 4-2 win over the Abbotsford Pilots on Friday night in the Fraser Valley.

The Sockeyes (10-1-0-0) sit second in the Tom Shaw Conference, five points back of North Vancouver Wolf Pack (12-1-01) but with three games in hand.

dfennell@richmondsentinel.ca

Checkmate







Photos by Don Fennell

Richmond played host to the 2019 World Chinese Chess Championships last week. Top players from around the globe tested their mettle in the competition, which featured both senior and youth players. richmondsentinel.ca Mid-October 2019 SPORTS | 23

Dynamo dominating fencing scene

By **DON FENNELL**©DFSentinel

The performance was as dominating as it was historic.

At the recent national championships, athletes from the Dynamo Fencing Club won every gold in men's epée—U15, cadet, junior, senior and veteran. They also secured top spot in the U15 women's epée.

For Igor Gantsevich, Dynamo's dedicated and affable president, the results further embrace a club mindset that began over a decade ago with his equally hard-working dad Victor.

"This is huge for us," Igor says, noting Dynamo won more medals than all the other provinces, save Ontario, combined.

The feat becomes even more jaw-dropping after another 16 medals, and 20 additional top-eight placings, are included.

"We are the only club in the country to win medals in all three disciplines—foil, epée and sabre," Gantsevich notes. "Everyone, the past few years, has noticed us arriving on the scene and now we are definitely dominating. And we are (enjoying) more and more success in North America."

But even as Dynamo's medal count climbs, Gantsevich is equally encouraged by what the success of his athletes may mean for their peers around the province.

"The higher our level grows, the more it pushes (others) to be better," he says. "We are seeing many new clubs opening and the level of fencing is increasing. That's great. We want fencing in B.C. to best the best in the world and the only way to do that is by (encouraging) more competition."

Gantsevich oversaw the opening in September of a second full-time facility at 238 Fell Ave. in North Vancouver. The new facility reflects a growing market in North and West Vancouver.

"A huge percentage of our members were driving from West or North Vancouver to Richmond four to six days a week. Now, these members are able to train a major portion of that time in North Vancouver. This is all thanks to our amazing partnership with the West Vancouver School District."

Gantsevich is modest and unapologetic about the amount of time he devotes to fencing—and to his dream of it becoming a mainstream sport.

"When you come from nothing you are willing to go through fire to achieve your dreams. That (mindset) is set first by my father and has a trickle down affect"

He's also quick to praise the dedication of Dynamo's coaches, which now number 14 full-time and three assistants. The number represents roughly half of all the full-time coaches in Canada. What's more, the club recently added Hristo Etropolski to the fold. Etropolski is a two-time Olympian and arguably half of one of the best brother tandems in the history of sabre. He's also a very successful coach, having had a huge club in Chicago for many years



Photo submitted

The team at Dynamo Fencing Club turned in a commanding performance at the recent national championships.

before immigrating with his family to Canada.

Gantsevich also attributes Dynamo's success to never being satisfied.

"We are always hungry. Next nationals I want 30 medals; I always want more. That's the spirit in our club. We are never satisfied. After the national competition finished on Sunday, we were back to work on Monday."

With the general level of fencing continuing to rise, Gantsevich's willingness to contribute also gets stronger. His ultimate dream is to produce a gold medallist at the Olympics, ideally from Dynamo, though he says"I'll be just as proud if (that individual) comes from Nova Scotia or Ontario."

•dfennell@richmondsentinel.ca

MEDAL WINNERS

NAME	.MEDAL	CATEGORY
Nicholas Zhang	Gold	U15 Men's Foil
Nicholas Zhang		
Linda Li	Gold	U15 Women's Épée
Derek Rong	Gold	Cadet Men's Épée
Howard Zhao	Gold	Junior Men's Épée
Howard Zhao	Gold	Senior Men's Épée
Bela Suveg	Gold	Veteran Men's Épée
		Cadet Men's Sabre
Christina Zozulya	Silver	"Junior Women's Épée
Fynn Fafard	Silver	"Junior Men's Épée
Giorgio Gradassi	Silver	Senior Men's Sabre
		U15 Women's Épée
		Cadet Women's Épée
Adrian Wong	Bronze	U15 Men's Foil
		"Senior Men's Épée
		Cadet Women's Épée
Christina Zozulya	Bronze	"Senior Women's Épée
Giorgio Gradassi	Bronze	Junior Men's Sabre
Jack Pan	Bronze	Junior Men's Sabre
Jack Pan	Bronze	Senior Men's Sabre
Avery Townsend	Bronze	Cadet Men's Épée
		Junior Men's Épée
Adam Wong	Bronze	Cadet Men's Foil
Nicholas Zhang		



UPCOMING HOME GAMES

Thursday, Oct. 17, 7 p.m., vs Mission Thursday, Oct. 24, 7 p.m., vs Delta

AT MINORU ARENAS

EVENTS

WestJet Raffle

Heart of Richmond AIDS Society is fundraising to support people with HIV/AIDS. They're awarding one roundtrip flight for two guests to any regularly-scheduled WestJet destination on Oct. 19. Raffle tickets are one for \$10 or five for \$25 and may be purchased at heartofrichmond.com.



!ndigospirit*

Christmas Fund Indigo FUNDraiser

The Richmond Christmas Fund is all about convenience, always looking for new and easier ways for people to support the program.

This year, when you shop online at indigo.ca through Dec. 7, three per cent cash back on your purchases of books, home decor, paper products, fashion accessories or children's items will benefit the Christmas Fund. And when you purchased electronic gift cards, 20 per cent will go to the Christmas Fund.

Lantern Festival

West Richmond Community Centre, 9180 No. 1 Rd., is hosting this popular annual celebration from 6 to 7:30 p.m. Oct. 17. There will be lantern making, mini games, balloon twisting, face painting, drum circle and more. Bring your own lantern or make on and join the procession around the park.

Hog Shack's Swinefest

On Monday, Oct. 21 from 6:15 to 11 p.m., Hog Shack, 3900 Bayview St, will host its ninth annual Swinefest barbecue extravaganza.

What's UP!

Happening in Richmond, Oct. 16 to 29

Bridges of Friendship

An annual exhibition organized by the Consulate General of Mexico in co-operation with local arts and cultural organizations, this year's event is on weekdays from 10 a.m. to 5 p.m. at Lipont Art Centre, 4211 No. 3 Rd. through Oct. 26. The free event features 15 artists, and features a subtheme 'My Visual Reality and Passion for Abstraction.' The purpose of the exhibition is to bring together artists from diverse cultural backgrounds with influences that come from different parts of the world.



Wild Things

Richmond Nature Park, 11851 Westminster Hwy., is hosting this Halloween-themed celebration Oct. 19 and 20. Follow a trail of candlelit pumpkins to discover what goes bump in the night.

Get Tech Smart

Tech Buddies is happening every

Tuesday through Nov. 26 from 10:30 a.m. to noon at City Centre Community Centre, 5900 Minoru Blvd. This free event with Richmond Public Library staff and volunteers offers one-on-one learning on your tablet, computer or smart phone. This event is specifically for those residents 55 and up.

Creating Cover Letters

Update or craft a personal cover letter to help attract employer's interest. This event, for adults 18 and up, is free and will be held Oct. 16 from 4 to 6 p.m. at Thompson Community Centre, 5151 Granville Ave.

Portraits of Venezuela

Learn all about Venezuela from a Venezuelan. Portraits of Venezuela...A personal experience will be held Oct 16 from 6 to 7:30 p.m. at the Cannery Cafe, 3711 Moncton St. Only 25 spots are available, so RSVP now at 604-288-2738.

China Doll

The 2019-20 Gateway Theatre season debuts Oct. 17 with the first performance of *China Doll*. Bound by tradition, Su-Ling's world is closing around her. Performances Oct. 17 to 26, with some afternoon shows Tuesday, Saturday and Sunday at

Gateway Theatre, 6500 Gilbert Rd. Tickets: gatewaytheatre.com



Holistic Health Hypertension

Learn how high blood pressure affects the body and how to approach this 'silent killer' from a holistic perspective. The session is presented by naturopathic doctor Romi Fung. Registration required at www.richmond.ca/register for the event Oct. 17 from 1 to 2:30 p.m. at East Richmond Community Hall, 12360 Cambie Rd.

Once Upon a Pumpkin

Richmond Nature Park is getting into the Halloween spirit Oct. 13 to 31. Once Upon a Pumpkin is a great event for the entire family where kids can explore the Nature House and learn about Halloween's origins.

Working in Tech Apparel

Wilson School of Design at Kwantlen Polytechnic University, 5600 Kwantlen St., is hosting a panel discussion with professionals in the technical apparel industry Oct. 17 from 6 to 8 p.m.

Open Mic Night

Tom Lee Music, 150-3631 No. 3 Rd., is hosting an open mic night for musicians of all styles and skill levels.

American Dental Congress

The American Dental Congress is behind held Oct. 25 at the Executive Hotel Vancouver Airport, 7311 Westminster Hwy. This event, featuring a "Dental Education and Innovation Transfer" is an opportunity for dental and oral health experts to gather.

See Page 25

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WHAT'S UP

From Page 24

ENTERTAINMENT



Downchild Blues Band

Celebrating 50 years of playing the blues Downchild Blues Band is bringing the party to Richmond, for a performance the River Rock Show Theatre on Oct. 17.

Annabelle Louie

One of Hong Kong's most famous singers, in the early and late 80s, and well-known for her sweet charm and beautiful voice, Annabelle Louie, Oct. 20th at the River Rock Show Theatre.

SPORTS

PGA of BC Buying Show

The PGA of British Columbia is hosting its annual buying show Oct. 16 and 17 at the Richmond Olympic Oval. 6111 River Rd.

Since 2013, the event has featured industry exhibitors showcasing an array of products including equipment, apparel, carts, accessories, golf balls, footwear, training aids, software, sunglasses and storage solutions. This event is attended by the majority of PGA of BC members, representing more than 150 golf facilities around the province.

Sockeye hockey

Richmond Sockeyes have a pair of home games over the next couple of weeks, starting Oct. 17 at 7 p.m. when they host Mission Ice Breakers at Minoru Arenas. Arch-rival Delta Ice Hawks come to town Oct. 24. Face-off is also at 7 p.m.

Richmond Youth Basketball

The Richmond Youth Basket-ball League has several programs for youth of all skill levels—from Small Ball, which introduces kids in Kindergarten to Grade 3 to the movement and basketball-related skills in a fun environment—to RYVL rep, a program designed for those players that want to have extra practice time and games or play in tournaments. Learn more by visiting rybl.ca



Female Rep Hockey Classic

Richmond Ravens are set to host the seventh annual Pacific Coast Female Rep Hockey Classic Oct. 25 to 27. The tournament features teams in three divisions (Peewee AA, Bantam AA and Midget AA). The clubs are from throughout North America, including Anaheim, Calgary and San Jose. All games are at the Richmond Ice Centre, 14140 Triangle Rd.

Water Polo Canada Summit

Held annually every October, the Growth and Leadership Summit is this year being hosted at the Executive Hotel Vancouver Airport Hotel Oct. 24 to 27. Attended by up to 100 coaches, referees and sports leaders, it organized by Water Polo Canada to conduct professional development workshops for water polo stakeholders in Canada.

We encourage you to share your Richmond events, and photos, at newsroom@richmondsentinel.ca

KUDOS

Palmer Liberty Club

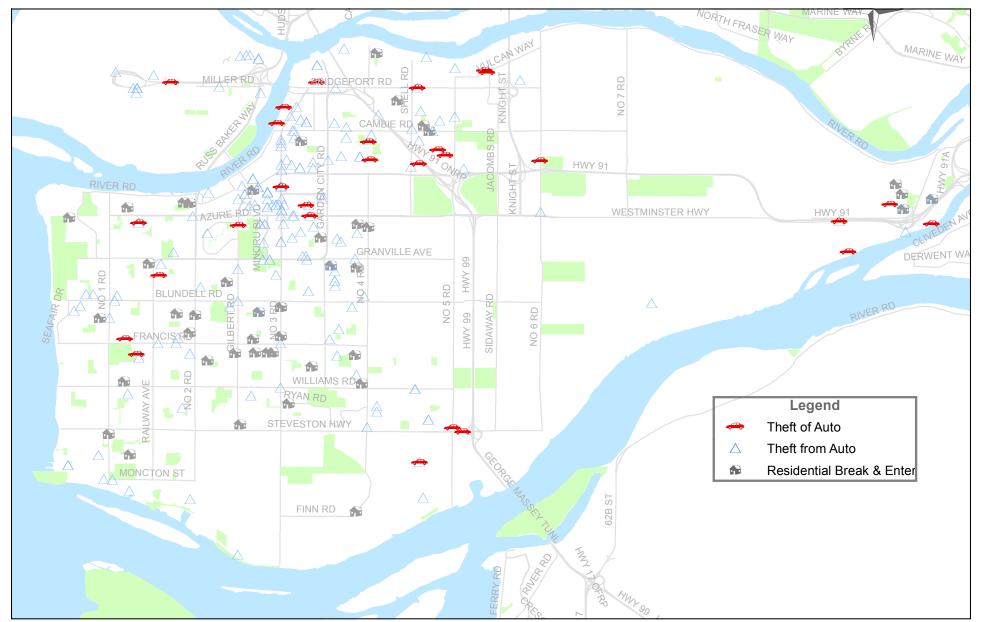




Photo submitted

Promoting youth activism in all aspects, members of RC Palmer Secondary's Liberty Club recently partnered with BC Children's Hospital in their emergency fundraising campaign. On Sept. 28 and 29, students put up booths near multiple Skytrain stations and sold Krispy Kreme Donuts. Overall, they raised \$3,700 for BC Children's Hospital.





Fireworks are illegal in the City of Richmond

dangerous, but are illegal to possess, buy, sell or detonate in Richmond.

Under Richmond's Fire Protection and Life Safety Bylaw 8306, offences and fines include purchasing fireworks (\$1,000 fine), displaying fireworks for sale (\$1,000 fine), selling or distributing fireworks (\$1,000 fine) or possession of fireworks without a permit (\$200 fine). A zero tolerance approach will be taken.

Only a licensed fireworks supervisor may apply

ireworks and firecrackers can not only be very for a display permit, which authorizes the holder to ignite, explode, set off or detonate fireworks within the guidelines stated in the bylaw.

> Richmond Fire-Rescue also reminds the public of the following:

- Trick or treaters should carry a flashlight or glow stick
 - Inspect all treats before consuming
 - Stay on sidewalks and in well-lit areas
 - Be visible
 - Have fire resistant costumes



Photo Jeffrey Smith via Flickr.com

ACROSS

- Land of the Rising Sun
- Bit of butter 6
- 9 Belief
- Acid in proteins 12
- "As I see it," to a texter
- "Bali —" 14
- 15 — Carta
- Metallic percussion instrument
- Sesame paste 18
- 20 Lighten
- Clean air org.
- 23 Lanka lead-in
- 24 Orderly grouping
- 25 Model in a bottle
- 27 Paris school
- 29 Brennan of "Clue"
- "Cheers," for one 31
- 35 Unicellular critter
- 37 Rescue
- 38 Musical pace
- Census stat 41
- 43 Levv
- Twistable cookie
- 45 Begs
- Sultry summer period
- "Be silent," in scores 49
- 52 Mae (Whoopi's role in "Ghost")
- 53 Big D.C. lobby
- 54 Dickens title starter
- Capitol VIP 55
- Male turkey
- 57 On edge

Eugene Sheffer's crossword

1	2	3	4	5		6	7	8		9	10	11
12						13				14		
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38	39	40				41		42		43		
44					45				46			
47				48				49			50	51
52				53				54				
55				56				57				

DOWN

1	Gridlock
2	Docs' org.
3	Braid
4	Writer Quindlen
5	— Ark
6	Outdoor meal

- Mine, to Marcel AAA job
- "Rumor has it ..."
- 10 Zesty dip
- "The Climb" singer

- Cyrus
- 17 French caps 19 Cara or Castle
- 21 Compass pt.
- Greek consonant
- "The Greatest"
- 26 Stir-fry veggie
- 28 Orange variety
- Punk rock offshoot 50
- 32 MRI's kin
- 33 Eggs
- 34 Tex-— cuisine

- 36 Fragrant wood
- 38 Fusses
- Wear down
- Actress Fox
- 42 Really annoy
- 45 Arsonist 46 See socially
- Colony member 48
- Golfer Frnie
- 51 Casual shirt

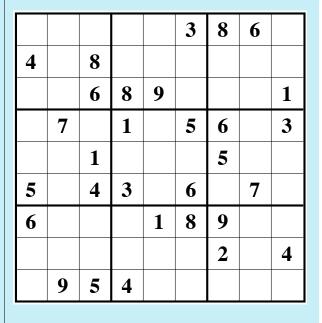
OCTOBER ANSWERS

G	Α	R	R		Т	R	Υ		S	_	Τ	Е
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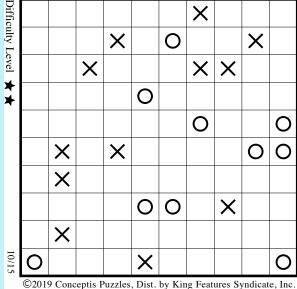
SUDOKU

The goal of Sudoku is to fill a 9x9 grid with numbers so that each row, column and 3x3 section contain all of the digits between 1 and 9.



TIC-TAC-LOGIC

A one player game, the object is to place Xs or Os in the squares grid. There cannot be more than two consecutive Xs or Os in a row or column. Each column/row is unique and has five Xs and Os.



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Let's be leaders!

Say no to single-use items. Let's stop unnecessary waste and reduce pollution.

Richmond's proposed Bylaw 10000 is being reviewed by the provincial government for approval and would ban:

- plastic checkout bags, including compostable plastic and biodegradable plastic;
- foam food service ware, including plates, clamshell containers, bowls and cups; and
- plastic straws, including compostable plastic and biodegradable plastic.

Learn more about Richmond's proposed ban on single-use plastics and other items by visiting www.richmond.ca/singleuse.

For more information:

604-276-4010 singleuse@richmond.ca www.richmond.ca/singleuse



Spend time with some ghosts, goblins and your family this Halloween



- Halloween-inspired events and programs
 - Location for all the details: www.richmond.ca/halloween

























