



RETURN OF SUMMER

Richmond Night Market
re-opening July 23

03

Photo submitted

After being closed for nearly two years during the COVID-19 pandemic, the Richmond Night Market will resume operations July 23 to celebrate its 20th anniversary revisited.

Richmond Hospital will be cutting edge

New cancer care clinic among many planned upgrades, features

By **DON FENNELL**

[@rmdsentinel](#)

When the renovation and expansion of Richmond Hospital is fully completed in 2029, it will have ushered in a new era in community healthcare.

But the journey will begin almost immediately, with design work set to include initial renovations to the Milan Ilich Pavilion. Construction on those renovations will start in 2022 to accommodate cancer care and other services.

"I'm ecstatic," says Natalie Meixner, president and chief executive officer of the Richmond Hospital Foundation. "(This project) touches every area of acute care and the community will end up with innovation throughout."

Phases 1 and 2 of the four-phase project will also include relocation of services and demolition of the park centre and rotunda buildings. The park centre is currently home to a cancer care clinic and psychiatric emergency unit, while the rotunda hosts offices and meeting rooms. This stage will be further highlighted by construction of the new Yurkovich Family Pavilion (a nine-floor patient care tower), honouring two of the biggest donors to the Richmond Hospital Foundation.

The years between 2024 and 2027 will address the forecasted growth of Richmond with a doubling of the number of rooms, noted Meixner, who says the support of donors to this project can't be overstated.

"Every single step is about enhancing care for the people who live and work here. It's really going to be so great for our community."

Mayor Malcolm Brodie looks forward with equal optimism.

"There is no question the modernization of our hospital is absolutely necessary," he says, crediting the provincial government for having a long-range vision.

"The government had the foresight to go back to the drawing board and expand dramatically the scope of a project (that delivers a) first-class healthcare facility."

As the province moves ahead with an approved business plan for the expanded hospital, Premier John Horgan also reiterated with last week's announcement the need for more beds and more surgical space. The four-phase project will add 113 new beds bringing the total to 353. The new Yurkovich Family Pavilion will also feature an emergency department with 82 spaces, up from the current 60, and an increase in operating rooms to 11 from eight. The number of pre- and post-surgical care spaces will nearly triple to 69 from 26.



Photo by Don Fennell

Provincial officials were at Richmond Hospital last Tuesday to announce the next step in the long-awaited expansion project.

Additionally, the new tower—earthquake-safe and carbon neutral—will include a fully-equipped medical imaging department with four CT scanners and two MRIs; a pharmacy; and short-stay pediatrics.

"Work is needed at Richmond Hospital and it's long overdue for people in this fast-growing community," says Health Minister Adrian Dix.

Further improvements to the Richmond Hospital include redevelopment of the south tower to create new inpatient psychiatry and psychiatric emergency units so existing services will be in one location and brought up to modern standards. The South Tower will also have a maternity ward and neonatal intensive care unit.

The Milan Ilich Pavilion will also be redeveloped and be home to the cancer care clinic, outpatient clinics and the UBC school of medicine.

Some 1,500 direct jobs and 900 indirect jobs are expected to be created during construction.

"For people who need mental health care, we're building a system where treatment is on par with any other health condition," says Sheila Malcolmson, Minister of Mental Health and Addictions. "This will be a game-changer and I'm grateful to everyone involved in making this expansion a reality."

Vancouver Coastal Health board chair Penny

Ballem says the project represents another big step forward in Vancouver Coastal Health's vision for an innovative and modern acute care facility that meets the growing needs of the Richmond community.

"The expansion will increase access, services and our ability to better serve patients and clients for years to come," she concludes.

The project now proceeds to early works and procurement. Design work will begin immediately on initial renovations to the Milan Ilich Pavilion, with construction on those renovations starting in 2022 to accommodate cancer care and other services. The North Tower is expected to open to patients in 2028. South Tower and additional Milan Ilich Pavilion completion is scheduled for 2029.

The cost is about \$860.8 million and will be shared by the provincial government through Vancouver Coastal Health and the Richmond Hospital Foundation.

Richmond Hospital opened in 1964 and has 240 beds, serving Richmond, South Vancouver and Delta, as well as people using Vancouver International Airport and BC Ferries. The six-floor North Tower is home to surgical suites, medical imaging, a pharmacy, as well as administrative, academic and support services.

dfennell@richmondsentinel.ca



Photo by Chung Chow

Richmond Night Market organizer Raymond Cheung says the 2021 Richmond Night Market will have a short season, but afford patrons an opportunity to enjoy its many attractions in a safe environment.

Richmond Night Market opening July 23

Popular attraction celebrating 20 years

By **DON FENNELL**
@rmdsentinel

When the Richmond Night Market closed for the season Oct. 14, 2019, excitement for the 2020 campaign was already building.

Organizer Raymond Cheung, whose foresight to start the initial market in 2000 led to it becoming one of the biggest annual attractions in Richmond, had no way of knowing it would be close to two years before he could even begin thinking about re-opening. The global COVID-19 pandemic caused unprecedented disruptions and forced ventures like Cheung's to cease operating.

"Everyone has their own story, but for us it felt like I was hit by a dump truck from nowhere," he says. "The impact was, of course, indescribable. Just because of the nature of our business, being seasonal and counting on a large volume of people, all the elements added up. We couldn't do anything except sit and wait and see when the storm was over."

That hundreds of vendors depend on the market for their livelihoods has only added to the chagrin.

But finally there appears to be light at the end of what has been a long dark tunnel.

With the province recently entering the third phase of a four-step reopening plan focused on protecting people and safely getting life back to "normal," Cheung is excited to be working toward

what he terms "a short season" for the Richmond Night Market. Plans are afoot to open July 23 and be open each Friday, Saturday and Sunday through Sept. 6. The night market would normally run May through October.

It will be a scaled back version of the usual night market though, with an emphasis on safety.

"We want it to be a good and safe season, even if it is shorter, and provides at least a chance for 23 days for the public to come back and catch up on a missing year," says Cheung, who is hoping it will serve as a positive springboard to next year and beyond.

Though COVID-19 case numbers are declining

We're creating lots of open areas, about four times more space than what would be usual, so that after people get their food they can sit down and feel comfortable.

— Raymond Cheung

in B.C., Cheung believes it is important to remain vigilant. The 2021 Richmond Night Market will still have many of its popular features and vendors, but not at usual numbers. And there will be significantly more space to ensure physical distancing.

"We want to make sure when people come here they will feel safe," he explains. "We're creating lots of open areas, about four times more space than what would be usual, so that after people get their food they can sit down and feel comfortable. It will be kind of like going to English Bay or a park. There will be lots of people but distance between groups."

Cheung will also be encouraging people to wear face masks—ideally at all times, but certainly in lineups. Masks will be available on site for anyone who wants one, he says.

As well, security and staff will monitor the number of people in the market at all times. If congestion appears to be happening, entry will be limited until space frees up.

A significant increase in open space in front of the stage will enable safe viewing of the entertainment that is a mainstay at the market.

Recognizing the market won't have all its usual attractions, or be open for a full season, admission will be reduced this year to between \$3 and \$3.50 per person.

But just having the Richmond Night Market resuming operations—even if for a shorter than normal period this summer—is an encouraging sign for the future. One residents and visitors alike have been yearning for.

•dfennell@richmondsentinel.ca

Summer brings increased fire risk

Deputy chief reminds residents of province-wide burning ban

By HANNAH SCOTT

Local Journalism Initiative reporter

Hot and dry summer months bring increased fire risk.

But people can help prevent wildfires from spreading by following fire bans and informing fire crews, says Richmond Fire-Rescue deputy fire chief Jim Wishlove.

"There's a complete burning ban not only in the city, but across the province," he says. "If people are wanting to burn garbage or burn leaves or burn clippings or any of that stuff, that's completely prohibited right now. (But) if somebody has a gas barbecue, they are allowed to use that as long as it's safe and not underneath a low-hanging tree or bush."

Anyone who sees, hears or smells smoke or fire should call 911 and let fire crews know, Wishlove adds.

A small interface fire happened July 8 at Richmond Nature Park. The B.C. government website describes an interface fire as one that has "the potential to involve buildings and forest fuel or vegetation simultaneously."

"It was called in through 911, our crews responded, located the fire and extinguished it very quickly," says Wishlove.

In the city here in years past, we did have an issue with cigarette butts causing a lot of fires in the medians on the road and in hedges and shrubs on the side of the road.

— Jim Wishlove



Photo by Don Fennell

Richmond Fire-Rescue says people can help prevent fires from spreading by following fire bans and calling 911 if they see, hear or smell smoke.

He adds that the Richmond community has responded well to situations that were previously problematic, including fires caused by cigarette butts.

"In the city here in years past, we did have an issue with cigarette butts causing a lot of fires in the medians on the road and in hedges and shrubs on the side of the road," he says. "(But) it's becoming more apparent that people are starting not to do that."

And with increased fires comes smoky air. Wishlove advises people to pay attention to air quality advisories, available through Vancouver Coastal Health and re-issued by the city.

"It's typically advisable to keep windows and doors closed and stay indoors, especially if you suffer from health problems or respiratory problems" he says.

Those who are outside and need a break from the air quality can go to a library branch or another public building like a shopping centre. Anyone who is working outside in poor air quality should wear a

mask that will filter out smoke particles, like an N95 mask or better.

While the recent fire at the Nature Park was able to be extinguished quickly, Richmond crews also helped out with the more serious situation in Lytton. Wishlove says provincial emergency management teams will survey a situation and determine if the place affected has sufficient resources to manage the situation alone or if they will need more help.

"When we get that call—which is rare, but we did get that call—the first thing we do is review what our current situation is here in the city: do we have enough resources to service the community and share a resource with the province on their request," says Wishlove.

Richmond Fire-Rescue was able to lend the resource to Lytton, and put together a crew and truck to send there. That group became part of the team managing the wildfire situation that began on June 30 and resulted in a full evacuation order.

•hannahs@richmondsentinel.ca

RICHMOND SENTINEL
OUR COMMUNITY NEWS

Published by
RICHMOND SENTINEL NEWS INC.
200-3071 No. 5 Road,
Richmond, B.C., V6X 2T4

Advertising & Sponsorship
marketing@richmondsentinel.ca
778-325-1297

Newsroom
newsroom@richmondsentinel.ca
778-297-5005

Editor - Don Fennell
dfennell@richmondsentinel.ca



Download our app
from the
App Store or
Google Play Store.

Funded in part by the
Government of Canada

Canada



Photo courtesy RCRG

Through a Neighbourhood Small Business Grant, Allison Sam, 10, (pictured with Gunya, a staff member at PriceSmart Foods) paired homemade cards with flowers donated by the store which, along with her parents, she delivered to over 30 neighbours. Local charity Richmond Cares, Richmond Gives (RCRG) awarded \$13,000 in Neighbourhood Small Grants this summer.

Girl uses grant to brighten neighbours' day

Allison Sam, 10, pairs homemade cards with flowers

This summer, 29 community projects will help strengthen connections among neighbours and build bridges between cultures.

Ranging from a neighbourhood scavenger hunt to a 3D printing workshop to a Bollywood dance class, the projects were all funded by Richmond Cares, Richmond Gives (RCRG), through its Responsive Neighbourhood Small Grants program. It operates in partnership with the Vancouver Foundation and Association of Neighbourhood Houses of BC, enabling Richmond residents to apply for up to \$500.

"It's inspiring to see people take what they're passionate about and share it with the wider community," says Ed Gavsie, president and chief executive officer of RCRG. "These projects, though small in scale, often serve as ice breakers, leading to new and lasting relationships between neighbours."

Some projects have already been carried out successfully. Allison Sam, 10, used her grant to create homemade cards, which she paired with flower bouquets donated by PriceSmart Foods. With help from her parents, she then delivered the cards and flowers throughout her neighbourhood. One recipient was moved to tears, while others sent Allison thank you cards in return.

"With everything that's happened in the last year, she just wanted to do something nice for her neighbours," says Garson Sam, Allison's father. "It was a way for her to brighten their day and put a smile on their face, and she gained a lot from the experience as well."

Neighbourhood Small Grant applications will open again in the fall, including a new youth funding stream, focusing on applicants aged 10 to 25. More information will be posted at www.neighbourhoodsmallgrants.ca

RCRG is a registered charity that serves as a hub for volunteering and giving. It is also a direct service provider, operating a child care resource and referral centre, the Richmond Christmas Fund, and a variety of seniors community support services.

RCRG embraces online shopping site

By DON FENNELL

[@rmdsentinel](https://twitter.com/rmdsentinel)

Richmondites now have another way to free up some space in that spare room or closet, and help out their neighbours at the same time.

Describing itself as "an online marketplace for giving and community-friendly shopping," Giveshop.ca has proven successful in the Ottawa and Toronto regions, and the president of Richmond Cares, Richmond Gives (RCRG) is hoping for the same here.

"RCRG is pleased to be the first B.C.-based charity to take part in this marketplace," says Ed Gavsie, who is also chief executive officer of the local social services organization. "By using Giveshop.ca, people can get rid of their gently used items, which we all have, while at the same time donating to a charity, receiving a tax receipt, and keeping items out of the landfill."

Gavsie adds that the more people who sign up for a free account to buy or sell items, the sooner "we will reach a critical mass of things flowing."

"That's why I have encouraged some of our non-profit partners in the Lower Mainland to take advantage of this unique marketplace."

Other organizations wishing to set up their own Giveshop marketplace can contact RCRG at 604-279-7020 to learn more.

dfennell@richmondsentinel.ca



Photo courtesy RCRG

RCRG is the first B.C.-based charity to team up with Giveshop, an online marketplace for giving and community-friendly shopping.

Richmond MLA stresses importance of literacy

By DON FENNELL
@rmdsentinel

Province contributing nearly \$30,000 to Literacy Richmond initiatives

Most people take being able to read and write for granted, but the stark reality is an estimated 13 per cent of the world's population can do neither.

It is also notable that as many as 700,000 people in B.C. have significant challenges with literacy—from simple reading to basic math to using a computer.

Recognizing the importance of each, the provincial government is investing in the Community Adult Literacy Program that will see nearly \$30,000 directed to Literacy Richmond for its "Learning Together" and "Literacy for Life" initiatives.

"I want to acknowledge and express my gratitude to the organizations and volunteers who deliver literacy programs in our community," says Richmond South Centre MLA Henry Yao. "I'm also very grateful to Kwantlen Polytechnic University for their ongoing support of these programs. So many of the everyday tasks that most of us take for granted

require these skills, and they can be more difficult or even impossible for people who struggle with literacy."

Yao points to simply getting a job as one example.

"Even if someone has all the skills that are needed for the position, without reading writing or basic computer skills, they'd have a hard time finding the job posting and filling out an application or creating a resume," he explains. "That makes it harder for people to support themselves and their families. Another example is accessing health care. This is especially relevant right now, as we are in the midst of the biggest vaccination push in B.C.'s history (working) to put COVID-19 behind us. Someone lacking literacy skills could have a harder time booking a vaccine appointment or finding the dates and locations of walk-in vaccination clinics. I was very pleased to see that here in Richmond, Vancouver Coastal Health worked with organizations such as MOSAIC and SUCCESS to provide people with language barriers with information about getting vaccinated."

Yao appreciates that the Community Adult Literacy Program is designed to meet the individual needs of adult learners. For example, many parents



HENRY YAO

may want to improve their literacy skills to find employment, but also want to read with their kids and help them with homework. He notes that the "Learning Together" program is designed to help parents and young children to develop their passion for reading through stories and active play. The "Literacy for Life" program further strengthens adult learners' literacy and numeracy, which has many benefits

for their families.

"When parents are more independent in their ability to engage with community resources and services, it allows youth, who are often the family translators, to have more time to focus on their own learning, play and passions," Yao says. "Both programs are designed to take up a minimal amount of time and limit the interruptions of learners' personal and family life. In addition to direct benefits, both are hosted by Richmond Library, which has a wealth of information and resources to help people get connected to the local community. It is such a fabulous way to utilize informal learning to help families to gain much needed connections and skills for prosperity."

•dfennell@richmondsentinel.ca

GET THINGS DONE
AND ENJOY
Summer

**BLUNDELL
CENTRE**

41 Stores for Everything you need
Located at Blundell & No. 2 Road

Giving back becomes full-circle moment

Mother and daughter team win \$10,000 for Richmond Family Place

By **HANNAH SCOTT**

Local Journalism Initiative reporter

Maya Harpool and her mom Zoe Ahlstrom recently experienced a full-circle moment of giving.

They were named winners of the TELUS #FriendlyFutureDays contest, which donated more than \$100,000 to charitable causes across Canada. Because of Harpool and Ahlstrom's win, Richmond Family Place—which offers resource programs for kids and families—was the recipient of \$10,000.

"We were so excited, I don't even know how to put it into words," says Harpool. "It's an organization that we used when I was a lot younger, and my mom was a new mom."

During the COVID-19 pandemic, Harpool and Ahlstrom have been helping out by doing the laundry for Family Place.

"I was looking to see if there were any volunteer opportunities in Richmond," Harpool explains. "I found this one at Family Place, and I thought it would be a really great fit for my mom and I given our circumstances previously."

The shared feeling of uncertainty during the pandemic motivated Harpool to give back, and she was glad to be able to help out an organization that had provided for her and her mom when she was younger. Once a week, Ahlstrom picks up the laundry and brings it home, where Harpool—who recently moved to Vancouver—comes to stay with her mom and help with the washing.

"It's usually Thursdays that we'll wash it and fold it together, then the next day she'll drop it off and pick up the next load," says Harpool.

While she was too young at the time to remember specifics of Family Place programs, Harpool does remember visiting its thrift store with her mom. Going to thrift stores together is one of their favourite things to do together to this day.

Harpool, 24, was born and raised in Richmond, and has "a very strong connection to the community and the city." An alumna of Garden City elementary and Palmer secondary, she says the city was very different when her parents first moved here a quarter-century ago.

"When (my mom) moved to Richmond it was mostly farmland, it was a much smaller community back then," says Harpool. "She and my dad decided to settle there—it was a good community to raise a family."

Among her favourite memories growing up are birthday parties at the Steveston waterpark, going to the playground, and spending time with other kids her age. Now she works as a psychological assistant and office manager,



Zoe Ahlstrom and her daughter Maya Harpool recently won \$10,000 for Richmond Family Place through the TELUS #FriendlyFutureDays contest, which donates to charitable causes across the country.

Photos submitted

I think for a community to function properly, everyone has to feel a sense of belonging in it, and Richmond Family Place does a great job of that.

— Maya Harpool

which also allows her to give back.

"Working as a psychologist's assistant is a very rewarding job in that sense, because it is very hands on, and I do work directly with a lot of clients to help them in their journey towards living a more mentally healthy life," says Harpool. "We've seen a very big influx of people who've been seeking psychological services, definitely a spike during COVID."

During a tumultuous time in the world, many people are eager to give back. Harpool says having more time to volunteer opened her eyes.

"There's people that felt COVID a lot more than others, just because of their socio-economic status," she says. "I think that was a lot more prominent in a pandemic—that we're not all really feeling the repercussions of COVID the same (way), it disproportionately affects a lot of us."

Harpool praises Family Place for its accessibility and ability to provide equal opportunity to all children and families.

She encourages other people to consider volunteering and giving back as well, even if they initially think their contribution is a small one.

"I thought, 'oh, we're just doing their laundry, it's not really anything too crazy,' but it clearly made a very big impact on them not just as an organization but as people as well," she says. "It was nice to reconnect with them, I think, (and) it really helps give you a sense of purpose and a sense of belonging in your community."

"Being that I feel such a strong tie to Richmond, it's a very important thing to me. I think for a community to function properly, everyone has to feel a sense of belonging in it, and Richmond Family Place does a great job of that."

•hannahs@richmondsentinel.ca

RICHMOND AT TH

Dunfee a race walking trailblazer



Richmond's Evan Dunfee with his parents Karen and Don.

Photo by Don Fennell

Final shot at gold in Olympic 50k as Paris drops event for 2024

By **DON FENNELL**
 @rmdsentinel

Two decades have passed since a feisty 10-year-old laced up his boots and competed in his first race walk. But even then it was apparent Evan Dunfee had a little extra kick in his step that would quickly lead to success.

But as he prepares to race the grueling men's 50-kilometre (31-mile) event on Aug. 7 at the Tokyo Olympic Games, the now 30-year-old Richmondite has become just as respected for being one of sport's great ambassadors—and an outspoken advocate for fair play—as for his athleticism.

"It's been a long journey and there is a lot that I am proud of. But I think the one thing that stands out in my mind is the KidSport 25th anniversary fundraiser where I walked 25 kilometres a day for 25 days and spoke to 25 schools," he says. "We raised over \$26,000 for KidSport. It was just amazing to take my skill of walking fast and the lessons I've learned in this journey and use those in a way that helped people."

Dunfee says he initially got into sport because

he wanted to be the best at something. He defined success as winning and anything short of that was failure.

"I didn't have the best relationship with sport and I certainly wasn't happy. Even when I did win, the victory was very fleeting because it was like doing the bare minimum in my mind," he explains. "After missing out on (the Olympics in) London in 2012, I was really forced to re-evaluate everything as this mindset was clearly limiting my growth as a person and as an athlete. I have a tremendous sports psychologist, Kirsten Barnes, who really helped me re-form what success looked like. I was able to shed this idea of winning being the only thing that mattered into being able to define success as just giving it my all in pursuit of my goals. I still want to be the best, but I don't define myself by whether I win or lose. I measure success by the progress I've made towards my goals, not whether or not I get there in the end. That has really helped me thrive both as an athlete and more importantly as a person. I'm much happier and a much better athlete now because of that shift in mindset."

It was a natural competitiveness that led Dunfee to take up race walking. A year before his debut, he and his older brother Adam started running at Kingswood Elementary, after the school began a popsicle stick run around the field at

*I still want to be the best,
 but I don't define myself
 by whether I win or lose.
 I measure success by
 the progress I've made
 towards my goals, not
 whether or not I get there
 in the end.*

– Evan Dunfee

lunch time. Participants received a popsicle for every lap they ran.

"I really enjoyed it, and so we got into Kajaks (Richmond's community track and field club) and we both really enjoyed that as well," Dunfee says. "Adam had his appendix removed and his high school coach suggested he try race walking while his stitches healed. He was pretty good at it right away so I figured that if he could do it it must be pretty easy and got him to show me the technique and off I went to my first race. On the start line of the 800-metre race the kid who always won asked me what I wanted to do. I had no idea so I said, 'five minutes.' He told me I'd never do that on my first time. Sure enough I beat him, won the race, and walked 4:58. From then on I was hooked."

Soon, more success followed. And, with an increasing dedication to training, so too did the opportunity to become one of the world's best in a sport that has had its share of critics. While Dunfee's own success has helped race walking increasingly gain respect, he says he doesn't blame those who previously mocked it.

"I have a lot of moments in my life I can look back on and say I made fun of things I didn't understand. More than anything I've found just being true to myself has done more to gain people's respect, even if they don't understand why I walk weird. I guess at this point I'm not interested in trying to convince anyone that race walking is cool or anything like that. I'm just out there doing my thing. What I love most about (competing in) the 50k is all the little things that you need to do—the hydration, the cooling, fueling, all that stuff that can derail even the fittest athletes.

See Page 10

E O L Y M P I C G A M E S

Commitment earns Rogers place among elite

Credit Shari Rogers for her daughter's perpetual drive

By DON FENNEL
@rmdsentinel

Camryn Rogers has never had to look far for inspiration.

"My mom (Shari) is the strongest person I've ever known. She is the person I look up to, who keeps me grounded, who loves me unconditionally and would go to the ends of the earth to support me," says Camryn in advance of her Olympic debut in the women's hammer throw at this summer's Games in Tokyo.

The pair share an indelible bond that is as much a lifelong friendship as a mother and daughter relationship.

Being a single parent, Shari willingly made countless sacrifices to give Camryn the best life she could. And through the journey they have shared a love of music and deep discussions.

Similar to the 1994 animated film classic *The Lion King*, in which Mufasa prepares his son Simba to be his successor as King of the Pride Lands, Shari carefully nurtured her daughter to appreciate the little things in the circle of life.

"She showed me the importance of building strong relationships with good people and how to be resourceful," Camryn says. "And as I've developed more in hammer, she's continued to express to me why having a strong support system is so crucial."

Even as a young child, Camryn displayed a perpetual drive—and a sense of responsibility—beyond her years. It was apparent on her first day of track and field (Jan. 5, 2012), when she arrived 15 minutes early at Minoru Park for the Richmond Kajaks' scheduled practice. That last-minute decision to go led to her meeting Richard Collier (the late Kajaks' legendary throws coach), and was the beginning of her blossoming athletics

(My mom) showed me the importance of building strong relationships with good people and how to be resourceful.

— Camryn Rogers



Photo submitted

Camryn Rogers would love nothing more than to unfurl the Canadian flag at the Tokyo Olympics, as she did at the World U20 track and field championships in Tampere in 2018.

career.

"My mom, being a hairdresser, had a number of clients and friends who were part of Kajaks," she recalls. "They had mentioned to my mom that I should come out and just try out a few events and meet the coaches when I was younger, but at the time it was too difficult for my mom to organize her work schedule to take me."

Immensely proud of her daughter—as much for her thoughtful and caring nature as for her success in athletics—Shari has always encouraged Camryn to reach for the sky.

"When Camryn was a young girl I tried to keep her busy and introduce her to a variety of activities," Shari explains. "She sampled several through the Richmond community centers, as well as completing all of her swimming lessons. Funny enough, when Camryn was in pre-school and then elementary school, you would've sworn that she might have been a gymnast. She loved to go to the park and would spend hours playing, especially swinging on the monkey bars. The strength that she showed in her upper body at that age was quite amazing."

Years later that physical strength, coupled with an equally impressive determination, has enabled Camryn to quickly take her place among

the world's best hammer throwers. An intrinsic mental focus enables her to perform her best when the pressure is at its greatest.

Perhaps a future environmental lawyer—once she's tired of her blossoming throws career—she's as easygoing outside of the throws circle as she is focused in it. Again, that's a reflection of her upbringing.

"The guidance, friendship, skills, inclusion, and mentorship that she was shown by all members of the club, but specifically by Richard, are invaluable," Shari says. "They have helped shape her into who she is today. I was always close behind watching and being involved in everything, yet allowing her to have space and learn from her mistakes."

A member of the academic honour roll in high school at R.A. McMath in Steveston, it was no surprise Camryn picked up where she left off when she accepted a scholarship to the University of California at Berkeley in 2018. Under the tutelage of coach Mo Saatara (who says his first impression was: "she can throw!"), Rogers recently set the NCAA collegiate record with a throw of 75.52 metres June 10 in Eugene, Oregon.

RICHMOND AT THE OLYMPIC GAMES

Six local athletes in Olympic prime time

Richmond athletes will be front and centre during the Olympic Summer Games July 23 to Aug. 8 in Tokyo, Japan.

After narrowly missing the podium at the 2016 Games in Rio de Janeiro, Brazil, Evan Dunfee will again pursue a medal in the men's 50-kilometre race walk, while Camryn Rogers takes aim at the podium in her Olympic debut in the women's hammer throw.

Two local fencers will also be competing—Shaul Gordon in the men's sabre discipline and Eli Schenkel in the men's foil event, while veteran Nathan Hirayama will again be a key player in Canada's pursuit of gold in men's rugby sevens. Finally, three-time Olympian Mo Zhang will be seeking her first Olympic table tennis title in women's singles play.

DUNFEE

From Page 8

It's just a puzzle and putting together a great race involves so many different pieces."

Having recently broken his own Canadian record, which he earlier established while winning bronze (Canada's first-ever medal in race walking) at the 2019 worlds in Dubai, Dunfee says the best part of competing at an elite level is getting to travel around the world and make friends with people who are just as dedicated.

"I'm driven by the desire to test myself on the biggest stage against the best athletes," he says. "However as a human, I'm completely unsure that the Olympics should be happening right now, and what my role as an athlete going to the Games is, and it's certainly not all positive. That is something I

have to compartmentalize, but I think it is important for me personally though to at least acknowledge. Not having my parents there, friends or my partner is obviously tough. But everyone understands the need this year."

Dunfee credits his parents with providing him with every possible opportunity, a "privilege" he struggles to put into words. More than anything, he says it has taught him to use his position to break down barriers for those without the same opportunity.

His advice to those looking to follow in his footsteps?

"Set big goals, chase them unabashedly, and measure your success by how far you came from where you started, not by how close you came to those big goals," he says. "And most importantly, at some point in your journey take what you've learned and pass some of it on to the next generation."

•dfennell@richmondsentinel.ca

Asphalt Paving Advisory

The City of Richmond has contracted All Road Construction to grind and pave the following locations in Richmond from **March 8 to October 15, 2021**:

PROPOSED 2020 PAVING LOCATION DETAILS

Garden City and Alderbridge Way	Intersection only
8000 Block Westminster Hwy	Eastbound lanes only
Bridgeport Road and Viking Way	Intersection only
6000 Block Cooney Road	Granville Avenue to Westminster Highway
11000 Block No. 3 Road	Intermittent spot repairs for vibrations
8000 Block Lansdowne Road	No. 3 Road to Garden City Road
10000 Block No. 4 Road	Williams Road to Steveston Highway
11000 Block Railway Avenue	Steveston Highway to Moncton Street
Colbeck Road	
Palmberg Road	
Kozier Drive	Vibration complaint
8117 No. 1 Road	Vibration complaint
6651 Blundell Road	Westbound lane – vibration complaint
13000 Block Cambie Road	Jacombs Road to No. 6 Road
Gilbert Road	Northbound lanes (River Road to Elmbridge Way)

Work hours will be 7:00 a.m. to 10:00 p.m. on weekdays, and 7:00 a.m. to 8:00 p.m. on weekends. Night time work hours will be from 7:00 p.m. to 5:00 a.m. (typically).

Traffic will be reduced to single-lane and there may be temporary lane closures. Delays may occur. The use of an alternate route is strongly encouraged.

This work is weather dependent and dates are subject to change without notice.

The scope of the advertised work may be adjusted or cancelled in line with available funding.

Questions may be directed to Wasim Memon, Supervisor, Engineering Inspections, at 604-276-4189, or visit the City's paving program webpage at www.richmond.ca (City Services > Roads, Dykes, Water & Sewers > Construction Projects > 2020 Paving Program).

www.richmond.ca



YouTube



ROGERS

From Page 9

The mark is top four in the world this year.

Yet Saatara believes the best is yet to come.

"Camryn is a fierce competitor, and has an enormous amount of untapped potential," says Saatara, in his eighth year as throws coach at Cal. "She's been able to take advantage of her opportunities and overcome obstacles that would have derailed others. She has also become a student of the sport. I believe she will be able to achieve the highest standards of hammer throwing before all is said and done."

"Ever since coming to Berkeley I have been welcomed into a whole new community and support system made up of so many incredible individuals," Camryn says. "My teammates, the Cal Athletics department, and so many other wonderful people have helped me on my journey to becoming an Olympian. But it is because of my coach that I am here. Over these last four years he has been there for every throw, every lifting session, every moment of pre-competition jitters, the highs, and lows, and everything in between. With Mo, I have been able to grow in ways I never thought I could both in and outside of the hammer circle. It's such an honour to be his athlete, and I could not be more thankful to have him beside me in Tokyo."

Excited to be going to the Olympics, Camryn has fond memories of watching Canadian throwers Sultana Frizell and Heather Steacy compete at the London Games in 2012 and thinking "I want to be just like them."

"I have always been surrounded by such supportive family and friends who have helped me achieve this goal. I want to go and make them proud," she says.

"I think that being able to have these Games, considering the circumstances, is quite special. So much work, tens of thousands of hours, have gone into making this Olympics as amazing and as safe as it can be. As an athlete, it is a privilege to be able to represent my country on the biggest stage in track and field. I couldn't be prouder to be a part of our national team and compete with Canada written across my chest."

•dfennell@richmondsentinel.ca

Airport welcomes more passengers as restrictions ease

By LORRAINE GRAVES

and HANNAH SCOTT

Local Journalism Initiative reporter

As the tourism industry restarts across Canada, Vancouver International Airport is beginning to welcome more travellers back.

As of July 4, new federal guidelines mean that fully vaccinated travellers are exempt from the government-authorized hotel quarantine mandate. However, they are still required to register and undergo a COVID-19 test in the terminal.

Non-vaccinated or partially-vaccinated passengers are required to have the same test, but will then receive a test kit to complete a week later and proceed to their government-authorized hotel for quarantine.

Trevor Boudreau, the airport's manager of government relations, says "enhanced multi-layer cleaning protocols" continue. And masks are required as soon as people enter an airport building.

Boudreau says domestic travel makes up the "lion's share" of people coming through the airport, although terminal buildings—previously only accessible by travellers—are now open again to members of the public. He says there is also free rapid testing available for employees, on a voluntary basis.

"It's not the most pleasant experience—it's not just once around the nose, it's a bit more inva-



Photo by Hannah Scott

Vancouver International Airport is welcoming more passengers back, as travel restrictions ease.

sive," he adds.

The airport's vice-president of passenger journey Robyn McVicker says she and her team are pleased with the government's "safe, phased" approach to resuming travel.

"We will continue to follow these plans and the direction of public health authorities to implement measures focused on keeping our commu-

nities safe while beginning to reopen the visitor economy. As measures ease, we are committed to keeping our community and passengers informed of what to expect at the airport. We are asking travellers to be prepared, be patient and have confidence—[the airport] and our partners are ready to deliver a safe, effortless experience," says McVicker.



Hamilton HIGH STREET RESIDENCE

FREE!
open to
all ages

The Lower Mainland's Newest Resort-Style Retirement Community

Proudly Presents...

How to Maintain... a Healthy Brain!?

By Karen Tyrell, CDP, CPCA

The brain is our most important use-it-or-lose-it organ, learn ways to maintain brain health!

Tuesday, July 27th at 1:30pm

**Space is Limited, RSVP at 778-554-8677
or Ramona@hamiltonhighstreet.ca**



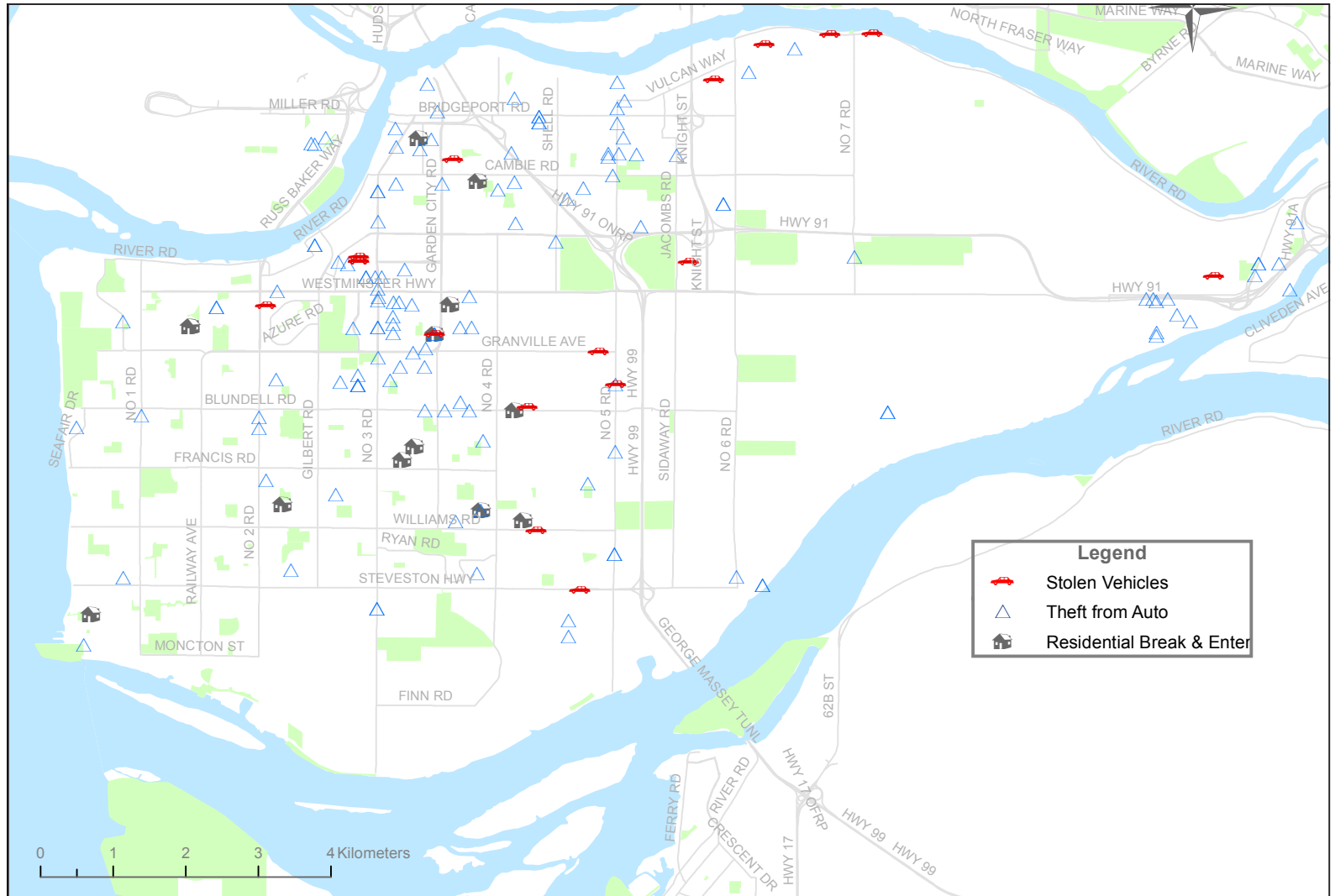
Author, Dementia
Consultant & Educator

**23100 Garripie Avenue, Richmond, BC V6V 0B9
604-214-5700 | www.hamiltonhighstreet.ca**



RCMP

Crime Map June 1 - 30, 2021



RCMP volunteers help monitor speeding, thefts

As pandemic restrictions began to ease in June, Richmond RCMP volunteers became more active, focusing on the "Speed Watch" and "Lock-Out Auto-Crime" programs.

The "Speed Watch" program positions volunteers at locations around the city where traffic speeds are concerning. Volunteers use an automated machine to monitor traffic speeds and record the license plates of speeding vehicles, whose owners later get warning letters in the mail. In June, these volunteers checked 2,778 vehicles and issued 96 warning letters.

The "Lock-Out Auto-Crime" group focuses on parking areas in the city where there has been an increase in thefts from vehicles. Volunteers look in parked vehicles for things inside that might be attractive to thieves, and send letters to registered owners reminding them not to leave valuable items inside their vehicles. In June, volunteers inspected 1,745 vehicles and issued 118 reminder letters.

"'Speed Watch' and 'Lock-Out Auto-Crime' are two proactive initiatives which compliment the ongoing enforcement and investigations being done by the Richmond RCMP Road Safety and Property Crime units," says Richmond RCMP Cpl. Ian Henderson. "As B.C. shifts into Step 3 of its restart plan, we look forward to reconnecting with more of our volunteers. Over the summer, Richmond RCMP will be ramping up these kinds of initiatives while still adhering to the guidelines and recommendations of the provincial health officer."



Photo by Jaana Björk

Richmond RCMP volunteers were out in the community in June, monitoring speeding and checking parking lots that experience many thefts from vehicles.

Anyone interested in becoming a volunteer can check out the Richmond RCMP website bc-cb.rcmp-grc.gc.ca/or contact the Richmond RCMP at 604-278-1212.

Federal Conservative leader shares recovery plan

By HANNAH SCOTT

Local Journalism Initiative reporter

Federal Conservative party leader Erin O'Toole shared his vision for post-pandemic recovery last week in Richmond.

At the local chamber of commerce's first in-person event in over a year, O'Toole offered five "pillars" that focus on recovery and preparation for the next pandemic, including Canada's ability to manufacture vaccines and personal protective equipment, as well as the creation of a million jobs.

Chamber president and chief executive officer Dan Baxter said while the plan presented was light on detail, the pillars "seem to be checking some of the right boxes in terms of supporting jobs, business and hopefully economic growth."

"(O'Toole) is definitely focused on recovery, which is good—we need our political leaders to be focused on that right now because of where we are in the pandemic," says Baxter. "It's beyond resiliency, beyond trying to keep the lights on. We're trying to help our businesses get to the next level."

Baxter says chamber members have struggled to find workers, particularly the right employees to help their businesses grow.

"We're transitioning from the resiliency phase to the recovery phase, transitioning away from those (economic) supports. If we don't, all the work that we've done in the last 16 months could be undone," says Baxter.

He says another interesting facet of O'Toole's presentation was his discussion of Hong Kong given that Richmond is a very Asia-Pacific influenced community.

"When we critique Chinese actions in Hong Kong it's not about the people or the country itself," says Baxter. "Having that 'eyes wide open' conversation as we engage with the important trade partner that is China, and coming to a community like Richmond and having that conversation—(O'Toole) didn't shy away from it."



Photo submitted

Federal Conservative party leader Erin O'Toole addressed Richmondites last week at a chamber event.

Businesses are feeling more optimistic about the future, according to the most recent B.C. chamber network survey in April. Another survey is currently taking place, with results to be shared after it concludes.

"With the vaccine rollout, there was high optimism," says Baxter. "Now that we're into step three of the restart plan, businesses are starting to see that path forward."

On the possibility of a fall federal election, Baxter says it wouldn't be surprising.

"The campaign words and platforms are there, obviously it's the early days of that, but there's a general sense that we'll probably see an election this year," he says.

•hannahs@richmondsentinel.ca

HAPPY BC DAY!
MLA Teresa WAT
RICHMOND NORTH CENTRE

ADDRESS: 300-8120 GRANVILLE AVENUE, RICHMOND BC, V6Y 1P3 TEL: 604-775-0754

Happy BC Day!



AVAILABLE SEPT 1ST, 2021

5th FLOOR 2 BDRM, 1 BATH + DEN SUITE

942 sq.ft. • South facing • 9' ceilings • Walk out deck
 Walk in shower • Emergency call button in suite

Call for more information **604-277-4519**
 or email **eileen@themapleresidences.com**
 4071 Chatham Street • **themapleresidences.com**

Artists have a picnic painting pop-up tables

By HANNAH SCOTT

Local Journalism Initiative reporter

The work of local artists adorns picnic tables around the city this summer as part of a Tourism Richmond pop-up project.

There are 31 tables in total, grouped in seven areas. Each area has at least one table painted by a local artist. At Britannia, two tables are painted by Phoenix Art Workshop owner Mark Glavina and several of his youth students.

"We started about a month ago, with the youth trying to come up with a concept," says Glavina. "But with school still in session, and me working more than full time, it was a bit hard to coordinate our times on such short notice."

After two design planning meetings and three days of painting, Glavina put the final touches (and varnish) on the tables last week.

"One table represents the serenity of lying under a big old tree, the second sitting on (a) rock next to the river teeming with life," he says. "The youth came up with the ideas, and I helped pare (them) down to something that we could paint within their individual skill set."

Glavina says a big old dying tree at the shipyard was the inspiration for the first table. The second was inspired by "the mighty Fraser River draining smaller rivers and streams throughout the province and spawning grounds for our important but fleeting salmon industry."

He explains that creativity is a unique process for each person, and that the tree table was primarily finger painted.

"Creativity is creativity—everyone has a different process, but creative thinking can be cultivated by encouragement, practice, observation and understanding."

While Glavina was asked to help with the project, the other artists were chosen through an open call. The program, funded by Tourism Richmond, is a partnership with the table locations including the

***Creativity is creativity—
everyone has a
different process,
but creative thinking
can be cultivated
by encouragement,
practice, observation
and understanding.***

— Mark Glavina



Photo courtesy Tourism Richmond

Laura Kwok painted the table at CF Richmond Centre.

city and three malls.

"We wanted to support our local restaurants because they're all doing take-out and at reduced capacity," says Ceri Chong, Tourism Richmond's director of industry and destination development. "We thought a way to do that would be to provide picnic areas close to the restaurants, so that people could get their take-out and go and eat at the picnic areas."

Chong explains that each artist was briefed to create a design that represented the city, as well as Tourism Richmond's "Pacific. Authentic." theme. Artists were paired with a location that fit the style and focus of their art.

"For example, the (table) at Aberdeen Centre is by Dawn (Lo), and she did a picture of a hot pot with really cute people on it," says Chong. "That's really fitting for Aberdeen Centre because there's two hot pot restaurants right above where the picnic table is."

All seven artists will be profiled on Tourism Richmond's website along with their tables. While the initial plan is to keep the tables in place until Sep-

tember, Chong says if the weather is good and people are still using them, they might stay out a little longer. Then, they'll be stored until next summer and brought out again—maybe in different locations.

"Richmond is known for its strong culinary scene—people travel here from all over the world just to eat. Having picnic tables and outdoor gathering spaces available makes it easier for everyone to support our amazing restaurants this summer. We are thrilled to be partnering with local artists to bring our city to life through artist's work," says Tourism Richmond chief executive officer Nancy Small.

The tables can be found in the following areas:

- Aberdeen Centre
- Lansdowne Centre (two locations)
- CF Richmond Centre
- Gulf of Georgia Cannery National Historic Site
- Steveston Town Square Park (next to the post office)
- Britannia Shipyards National Historic Site.

hannahs@richmondsentinel.ca

Classic movies bring old memories to life



**Jim
Gordon**

Casablanca is an Oscar-winning Best Picture, romantic drama starring Humphrey Bogart, Ingrid Bergman, Paul Henreid, Conrad Veidt and Claude Rains.

It's a simple story set in French Vichy-controlled Casablanca during the Second World War in December 1941. It focuses on an American expatriate who's become a cynical saloonkeeper (Bogart) who must choose between his love for a woman (Bergman) or helping her and her husband (Henreid), a Czech resistance leader, escape Casablanca.

There was chaos that took place during the adaptation of the film script from the play *Every-one Comes to Rick's*—like who would end up with whom? And let's not forget about that last famous scene, and that great last line. It would be looked upon as just another Warner Bros. release that year...but it became so much more, that rare thing in cinema: a nearly perfect film.

The film solidified Bogie as one of Warner Bros.' biggest stars. And Bergman was superb as the woman caught between two men. The supporting cast all delivered solid performances, including Rains who comes close to stealing the film with his performance as the corrupt police chief and you have that unforgettable song *As Time Goes By*. Nearly 80 years after its release, this iconic film is looked upon as one of the greatest films ever made.

An Affair To Remember is a 1957 romantic drama starring Cary Grant as playboy/artist Nicky Ferrante

and Deborah Kerr as nightclub singer Terry McKay. They meet on a trans-Atlantic voyage and by the time they dock in New York they're in love. The only problem is they're both involved with other people. After agreeing to meet in six months on top of the Empire State Building Grant's character is there waiting eagerly but in one of the most painfully sad scenes of lost love, Kerr's character doesn't show. She was in an accident on her way to meet him. Will they ever find each other? Will Kerr's character send word of what prevented her from their reunion?

This remake was from the 1939 version called *Love Affair* with Irene Dunne and Charles Boyer.

See the video movie review at richmondsentinel.ca/videos

• Movie critic Jim Gordon reviews a pair of classics in the debut of the Richmond Sentinel's "Couch Classics."

City launches community art project

A unique community-based public art project will feature contributions from Arabic and Farsi-speaking newcomers to Richmond.

Artist Jean Bradbury will co-ordinate *Stories at Home—Past and Present*, which is based on what participants miss from their past home and what they love about their current life in Richmond.

The 10-week project will include free weekly art workshops each Saturday from Aug. 7 through Oct. 16. Participants will learn to create simple comic book style drawings using a combination of painting and drawing. Then, a final legacy artwork will be created and pre-

sented at the end of October.

All ages are welcome at the workshops, but children under 12 years old must be accompanied by an adult. The sessions will take place outdoors at Brighthouse Park or Minoru Park in small groups, with COVID-19 safety plans in place to ensure the safety of all participants, volunteers and staff. Language translators will also be present during the workshops, with participants expected to attend nine of the 11 workshops.

For more information or to register as a project participant, visit www.rmcs.bc.ca or call 604-279-7160.

STR8TS

No number can be repeated in any row or column. Rows and columns are divided by black squares into compartments. Each compartment must contain a 'straight,' a set of numbers with no gaps in any order, eg. [4,2,3,5]. Numbers in black cells are not part of straights but also cannot be repeated in their row or column.

5		8						
			6	3				5
						2		
	9	2	7					
			5					
	4			8		6		
3					9			
			2					8
	1							7

SUDOKU

		3				4	6	
4					3	7		5
	7						3	
6	2				1			7
			7		5			
3			2				5	1
	8						1	
5		2	9					8
	6	1				9		



DIAMOND SPONSOR



PROGRAM SUPPORT SPONSOR



SPECIAL PROMOTIONS SPONSOR



GOLD SPONSOR



SILVER SPONSOR



ACTIVITIES SPONSOR



CHECKPOINT SPONSOR



S.U.C.C.E.S.S. STORY SPONSOR



MAJOR MEDIA SPONSOR



MEDIA SPONSOR



INCENTIVE SPONSOR



SPECIAL THANKS



INQUIRY 查詢:
604-408-7228

REGISTER ONLINE 網上登記及參與:
walk.successfoundation.ca

S.U.C.C.E.S.S.
FOUNDATION
中僑基金會