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VOL.2 ISSUE 25

NOT-FOR-PROFIT

Mid-January 2019



Photo by Martin van den Hemel

Richmond's Elaine Graham, who recently had eye cataracts removed, said a plan that would force Richmond patients to drive to East Vancouver's Mount St. Joseph Hospital for treatment would place an unfair burden on locals, especially seniors. Graham has been volunteering at Britannia Heritage Shipyards' garden for more than a decade.



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DEVELOPED BY





Patients protest cataract surgery relocation

Move done without consultation will cause 'catastrophic upheaval'

By LORRAINE GRAVES

@LGSentinel

If you're young and healthy, or your parents are young and healthy, it probably doesn't affect you.

But for one person in eight in Richmond who is over 65, the sudden move of cataract surgery from Richmond Hospital to East Vancouver's Mount St. Joseph Hospital by Vancouver Coastal Health Authority is a catastrophic upheaval.

And the doctors who care for them are saying the same, as is Richmond South Centre MLA Linda Reid.

"This is an issue that affects seniors," Reid savs.

Cataracts often come with age, gradually clouding vision, like growing blotches of yellow Vaseline on the lenses of your glasses, making clear vision increasingly difficult. Making driving at night stressful and dangerous.

The 10-minute surgery that removes vour cataract, replacing it with a clear human-made lens inside your eye, offers startlingly-good vision. It makes everything sharper, brighter, and colours more vivid. The surgery is cov-



Photo by Martin van den Hemel

Richmond's Elaine Graham said her eye cataract surgery was crucial to help maintain her independence.

ered by the provincial medical services

Seniors who need this surgery waited months at Richmond Hospital. Now the 500 on the waiting list will join the 5,000 cataract surgeries per year at Mount St. Joseph Hospital in East Vancouver.

While the health authority assures that no one will wait longer, with only two of the three practising eye surgeons in Richmond given privileges to operate at the East Vancouver hospital-and with those two having their number of days to operate reduced not everyone is reassured.

The longer older adults wait for eye surgery, the greater their risk of falling, and therefore injuries. While the cost at Richmond Hospital is not clear, a sign posted in the waiting room at St. Paul's Hospital says a trip to emergency is worth a minimum of \$1,600.

Timely, close-to-home cataract surgery saves lives and dollars as well. In a June 2018 article from the Journal of the American Medical Association that studied over 500,000 patients, "a nine-per-cent reduction in serious traffic crashes" was found after cataract surgery. A serious car crash is classified as one that resulted in death or serious injury requiring hospitalization.

Falls and serious car crashes that don't result in a death can mean a trip to the hospital, and can precipitate a move to a care facility.

The provincial government announced, in the spring of 2018, an additional \$240 million to improve care for seniors. The B.C. government has also moved to have the cost of cataract surgery to the Medicare system reduced by cutting the surgeons' fees to \$350 from \$425.

Patients are not allowed to drive themselves home after their cataract operation and they cannot go home alone. While patients can take the bus to the hospital, they have to cab or ride home in a car by doctor's orders. Richmond Taxi says the average ride home from our local hospital is about \$15. They say the average ride to and from Mount St. Joseph's is about \$100. For most people, seniors included, \$100 for

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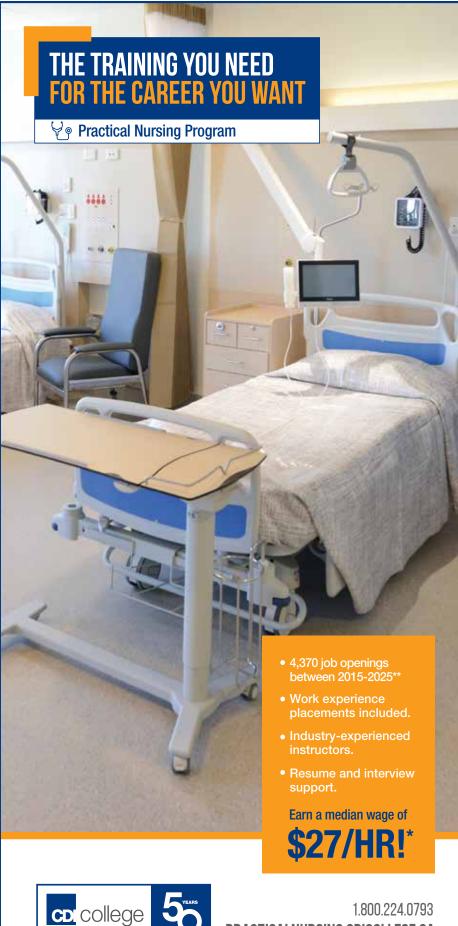
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Richmond loses sporting giant

By **DON FENNELL** @DFSentinel

erry Kehoe loved slopitch. And football.

Which one he loved more can be debated. But the fact is, Kehoe loved both. Above all, he loved sports and throughout his

life dedicated considerable time to advancing it.

Kehoe passed away suddenly Jan. 6, leaving behind a family he adored and, in extension, a Richmond sports community with an impossible void to fill.

Originally from the Ottawa area, Kehoe first made a big impression on the local football scene—from equipment manager to head coach. His efforts were recognized with one of the highest honours one can receive in the



TERRY KEHOE

gridiron game, as the BC Lions lauded his efforts a few years ago at the annual Orange Helmet Awards. The proceeds from the marquee event support amateur football in the province.

In the last few years, Kehoe stepped up to take

on responsibility for organizing the annual Richmond Sports Awards. This initiative recognizes the efforts of athletes and volunteers throughout the local sports community.

Those who knew Kehoe are struggling to come to grips with his passing.

"I can't believe it," said Jim Lamond, who until recently chaired the Richmond Sports Council on which Kehoe was an active member.

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Photo submitted **Richmond Devils** helped brighten the holidays for

Hockey Devils lend a hand

By **DON FENNELL** ■ @DFSentinel

The Richmond Devils served more than good cheer during the holiday season, again helping out at Richmond Family Place's annual Santa Breakfast.

Team personnel decorated and set up days beforehand, assisting Santa hand out presents to excited kids as well as serving breakfast to the many

parents and kids in attendance.

They were still wearing smiles while cleaning up afterwards.

The Devils play in the South Coast Women's Hockey League, where the team currently sports a 4-9-3 record. They're slated to return to the ice Saturday, Jan. 19 for a 7 p.m. title versus Island Surge at the Richmond Ice Cen-

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CATARACT

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cab fare is hard to come by especially for those living on the national average of \$1,115 for CPP and OAS.

While no one responsible for the decision was available to speak, the health authority's communications department suggests people without someone to drive them could get a social worker who can arrange to put them onto the Handy Dart system if eligible. The spokesperson also suggested that seniors be in touch with Richmond Cares, Richmond Gives to access their volunteer driver program. He also said a social worker might be able, in dire financial situations, to arrange for the cost of the cab fare home.

In their letter announcing this move, the health authority said: "This decision (to move cataract surgery) was made in the best interest of the patients, and patient care."

A reporter met with eight people over coffee, a sampling of those who contacted MLA Linda Reid with their concerns.

"I had both eyes done this summer in Richmond. I live on my own, my husband died 22 years ago. I have to look after myself," said Richmond's Elaine Graham.

Reid says she asked the province's health minister to reconsider the move and is awaiting a response.

"But I'm not that patient so I'll be phoning him again today."

She'd like to know who requested

the move and the rationale behind it.

"I didn't hear anything about why it was done. Was it Richmond Hospital that requested it?"

The health authority says the operating rooms at Richmond Hospital have been repurposed.

But Reid wonders why the new use takes priority over these cataract surgeries.

Former Richmond councillor Cynthia Chen says she wants answers.

"If they really care about people, how come they implemented something with no consultation with the people at all? I spoke with the doctors and they knew nothing about it."

This move affects not only those waiting for much-needed cataract surgery. It affects family members as well. Oscar, another person at the table but who asked that his last name not be published, said: "I'm here to support my wife because without her I cannot survive."

Also at the table was Hyacinth Hoo, who was expecting a surgery date in January or February.

After news of the move, she called her ophthalmologist's office. "They haven't got any information at all, no scheduling or anything. I've been waiting nine months. It was supposed to be happening in the New Year. Now, I don't know. In the mean time my eyes are getting worse."

While she enjoys reading, she can't any longer.

"For us to be having to go over there (Mount St Joseph) is going to cost us, so Vancouver Coastal Health should



MLA LINDA REID

be paying our fare," she said.

All said that there was no consultation before the decision was made.

"What bothers me, as you get older, you are seeing less," said Dawn, who gave just her first name. "It's a shame that you are being deprived of that."

Another reason given by the health authority for the move is that it frees up operating rooms at Richmond Hospital, moving cataract surgery into smaller, simpler procedure rooms at the East Vancouver facility.

Reid said that the health authority is clear that cataract surgery does not need a full operating room like the ones used at Richmond Hospital: "If it only requires a procedure room like those at Mount St. Joseph, surely we can accommodate that here."

The physicians contacted said they would be willing to use procedure rooms at Richmond Hospital, saving the \$50 fee for an anaesthetist in an operating room, even if that meant operating evenings and weekends.

This could open up even more time to do the sight-sparing, cost-saving, and life-enriching surgery for seniors.

One medical office manager said evening and weekend appointments fill up first because those with jobs prefer those hours and those who need a ride find it easier to arrange when their younger friends or offspring aren't working. A similar solution was used for increasing access to medical imaging at Richmond Hospital, when weekend and evening appointments were made available.

Richmond is already down one ophthalmologist due to retirement, from the four the city had for decades. In those same decades, our population has grown two-and-half times, from 80,000 to 200,000 people. Only two of the Richmond doctors will have privileges at the East Vancouver facility and they are facing fewer operating hours after the move.

Coun. Bill McNulty, a former Richmond Hospital board member, said: "It's unfortunate that Richmond continues to lose its services for the public, especially when we are trying to build a new hospital."

Richmond Mayor Malcolm Brodie said of the move: "With an aging population and a growing need, the elimination of the cataract surgeries at Richmond Hospital is most unfortunate. We must confirm to Vancouver Coastal Health that this change is unacceptable and pressure them to immediately reinstate this important Richmond program."

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Education assistant program helps address special needs

By **DON FENNELL ♥** @DFSentinel

pecognizing the ongoing challeng-Res faced by students with special needs, the Richmond School District is stepping up.

Through its continuing education division, the district is offering a mond program, noting a large perunique program for those interested in pursuing a career working with special needs youth. In addition to offering a full-time program, a part-time education assistant program begins got these people because there is a this February, with study sessions two evenings per week for the next year. Participants will also engage in a three-week and four-week practicum during school hours. The course provides instruction with how to work with Kindergarten to Grade 12 students with physical, behavioural, sensory and learning needs in schools.

The 2017 Canadian Survey on Disability, released by Statistics Canada, found mental health-related and learning disabilities to be the most common types of disabilities among youth. At eight per cent, mental health is the most common, followed by learning at six per cent.

"The need (is) there to support students who exhibit challenging behaviour," explains program administrator Kathleen Champion.

A longtime, and strong advocate

for providing more assistance for students with special needs, she says the reasons for their requiring support are varied. But creating an inclusive learning environment is seen as an important and positive step in a child's education.

Champion is proud of the Richcentage of graduates have already been hired by the Richmond School District.

"They're absolutely grateful they've shortage everywhere. And our students graduate with great skills," says Champion."Our program has been really exemplary, and that's in no small part to the credit of the education assistants already in the schools who have been their mentors. They've embraced them and that's really import-

The number of students in both the full-time and part-time education assistant programs are capped at 32.

Champion says she's pleased to see the Education Ministry in B.C. is committed to inclusive education.

"I think even though people can argue there is not enough funding, the mission and vision is there," she says. "I think it just means we have to all try the best we can, and that's what we are trying to do (in Richmond)."

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Bee whisperer, at your service

By LORRAINE GRAVES

©LGSentinel

If you find a swarm of bees, don't attack, kill or spray it.

Text Bill Picha (pronounced "peekah") at 604-644-9491 to have him come gather up your errant bees, be they in a tree, a wall, an attic or on a roof.

There is no charge for his services.

"An exterminator can lose his license (for killing a swarm of bees)," Picha says. "They often call me, charge the customer for the service, and I come take the bees for free."

If you can't get hold of him, you can check out this link ichmondbeekeepers.ca/swarm/ to reach out to other beekeepers who will come retrieve your new-found swarm.

While an exterminator

costs money, Picha and the members of the Richmond Beekeepers Association will come get the colony for free. As an added benefit, they don't use chemicals in your garden or house as they gather up the house-hunting bees.

According to master beekeeper and UBC Botanical Garden's official beeologist, Brian Campbell, humans depend on bees for one out of every three bites of food we take. The honey is almost a byproduct of their ability to fertilize the fruits and vegetables we eat.

Picha says the bees he gathers end up in hives on his U-Pick blueberry farm and orchard near Watermania, where the multiple bee visits to the blossoms result in large, well-shaped produce for those with a penchant for picking.

"Some flowers are not pollinated by bees carrying the pollen on their legs. Some are pollinated by buzz pollination. A bee, that buzzes in the right tone, will shake the pollen off the stamens. Some



Photo submitted

Bill Picha, a member of the Richmond Beekeepers Association.

flowers are built in such a way that their internal pollen only falls if the sound is right."

That means the tomatoes grown in greenhouses need special non-native bees brought into our area, ones that buzz at the right frequency. They occasionally get out the vents in some greenhouses. If you have ever seen a different-looking bumble bee, it might have been one of these imported, fuzzy workers that can hum in the right pitch to pollinate hot house tomatoes.

By day, Jean Stewart works at Pacific Book Bindery, but when she goes home, she doffs her work duds and puts on her beekeeper's outfit.

A member of the The Richmond Beekeepers Association, Stewart describes the annual life of a colony of honey bees.

"They are not really dormant (during the cold season). They just hunker down for the winter. They have to stay alive and warm in that hive all win-

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Richmond Mounties recover \$800,000 in stolen goods

By MARTIN VAN DEN HEMEL @MartinvandenH

Richmond man caught before ARICHMONU Man Caught RCMP's Christmas by Richmond RCMP's property crime team, is facing 15 criminal charges and is suspected of being responsible for more than \$800,000 in stolen goods.

It's taken investigators weeks to catalogue"well over 1,000 items" including watches, jewelry, high-end handbags, shoes, alcoholic beverages, clothing, electronics and musical instruments, among other things.

Aaron James Young, 42, has been charged with 10 counts of breaking and entering, one count of assault with a weapon, two counts of using a disguise to commit and indictable offence, and two counts of possession of stolen property valued at over \$5,000.



Photo courtesy Richmond RCMP

Mounties recovered more that 1,000 stolen items.

he was observed by local officers allegedly breaking into a home on the 5000 block of Cornwall Street.

After his arrest, investigators searched four addresses, including a home on General Currie Road and Young was arrested on Dec. 5 after three storage lockers, two in Rich-

mond and one in Vancouver.

Dec. 6, Young was identified and re-arrested on Dec. 19 after plainclothes officers allegedly saw him casing homes.

The investigation then lead to a second storage locker in one of the same

WorkBC

complexes as another previously searched containing a "sizeable cache of stolen property".

As of Thursday afternoon, Young remained in custody, and Mounties say further charges could be laid.

"We have recovered a substantial amount of property believed to have been stolen and destined for resale." Richmond RCMP Cpl. Dennis Hwang said. "The volume of high-end handbags, clothing, shoes, watches, spirits, and personal electronics recovered by our officers was truly staggering. Jewellery, musical instruments, power tools, sporting goods and several swords were also recovered."

Police also seized two vehicles After he was released on bail on which they allege Young used.

> "We want to reassure our community that combating property crime is a top priority for our detachment" Hwang said.

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Canadian Olympic spirit shines at McRoberts

By **MICHAEL MA**Contributor

On a rainy Friday, I was sitting in portable 5, taking law class, and everyone was quiet as usual until Mr. Arnold announced: "Hey class, we will have an amazing opportunity to meet with Canadian Olympic hero Evan Dunfee."

Almost instantly, a wave of whispering surged across the classroom. Part of the discussion centred around "What prize did he get?" Or "Is he a gold medalist?"

After 30 seconds of silence, Mr. Arnold continued: "Evan did not get any medals, because he chose to give the honour to another Japanese racer who bumped his arm."

At that time, I felt curious about the

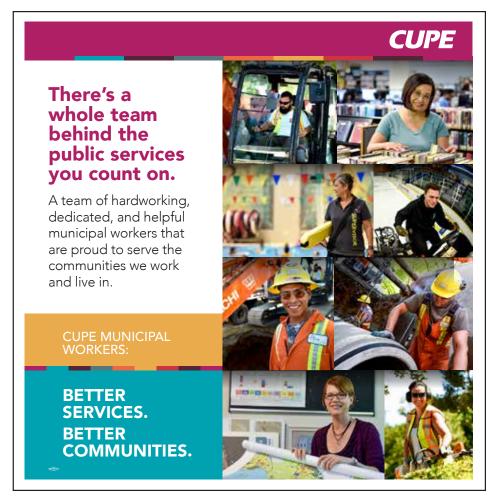
rationale behind giving a world-class prize away to a foreign competitor. But I found out the answer after Evan introduced himself and told us about his turbulent path to becoming a competitive race walker.

Stepping into the old McRoberts gym, the first thing that I saw was the lofty figure of Evan Dunfee, who was dressed in white. Tall and energetic, he shook hands with all the incoming students.

As we settled down in the gym, Evan kicked off his presentation by asking a thought-provoking question: "What characters do you guys think make an Olympian?"

A couple of people raised their hands. Words like "persistence",

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Local actor's journey mirrors play she's in

By LORRAINE GRAVES @LGSentinel

In the upcoming production of A Prayer for Owen Meany, Richmond's Shelby Wyminga plays two roles. It's part of her apprenticeship at Pacific Theatre.

There's a group of us who play the children in his class. They are both fascinated with and don't know what to make of him at the same time," says the recent Trinity Western University drama program grad.

Simon Bent's adaptation, like John Irvings' book upon which the play is based, spans two countries and many decades but is set mainly in the American 1960s, the era of the Vietnam war.

"Then, at at the end, I come in as the grieving sister of a boy killed in Vietnam," she says.

And the play itself: "It's about faith and doubt," Wyminga says.

Calling it a relatable story, Wyminga says this production will challenge people because, "it's not given straight to you like on TV where the camera angles and lighting tell you what's important."

"It's like a mystery book. Owen has visions, premonitions, of what he thinks is going to happen," Wyminga says.

She says the play will appeal to anyone with a history of any kind of spiritual practice, whether they are still involved or not.

"(It will appeal to) anybody who's read the book because it's a really common one for people to read in book clubs and one people read in school. It's such a wellknown piece."

And, as with most of John Irving's novels, she says, "It's not until the end, when you see this stream of seemingly unrelated events, that you see his fate and his purpose."

In addition to the fine words and stage-"I play one of Owen Meany's classmates. craft we've come to expect from the group, is custom music from Rick Colhoun.

> "Scenes come alive when the actors are speaking, then (Colhoun's) music plays under it and the action takes on a whole new dimension. It's really awesome," Wyminga says.

> Wyminga grew up in the Indigenous community of Nazko, near Quesnel. Today she lives in Richmond's artists' colony on Sea Island Way.

> The journey of Wyminga's life mirrors the play; in her case, from a small community in Northern B.C. to Richmond and the bright lights of Vancouver's professional theatre scene, while the play too moves through different decades and across the US-Canada border.

"It's like a mystery book. There are little clues as to what's happening. It's not until the end when you see this stream of seemingly unrelated events that you see (Owen's) fate and his purpose," Wyminga

A Prayer for Owen Meany runs at Pacific Theatre, 1440 West 12 Avenue in Vancouver from Jan. 18 through Feb. 19 with a paywhat-you-can preview Jan 17.

For tickets go to pacifictheatre.org or call (604)731-5518

•LGraves@richmodnsentinel.ca



Photo courtesy Kevin Clark Studios

Richmond's Shelby Wyminga appears in upcoming Pacific Theatre production of A Prayer for Owen Meany.





THANK YOU TO THE

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This past year, you contributed to something truly extraordinary. In terms of toy and cash donations, it was the most successful Richmond Christmas Fund season ever.

That's not because of luck or coincidence. It's because of you – a community of supporters fueled by kindness, compassion, and incredible generosity.

But remember, your generosity had a purpose: to create a brighter holiday season for our neighbours in need. Thanks to your support, the Christmas Fund set a record in this area as well. In total, we helped **2,394 people**, including **795 children**, **210 teenagers**, and **342 seniors**. It's an amazing achievement for which **you** deserve credit.

The Christmas Fund Co-Chairs would like to thank Ed Gavsie and his team at Richmond Cares, Richmond Gives, particularly Jocelyn Wong, Sydney Kuo, Jamie Ng, and Ryan Luetzen. They do a lot of work behind the scenes to ensure the program runs smoothly. This includes recruiting, screening, training, and managing over 140 volunteers!

We'd also like to thank the 100+ members of the Richmond Christmas Fund Army, our Angel Donors, and the Committee of 12, who donated countless hours to turn A Not So Silent Night from an idea into the largest fundraising event in Christmas Fund history.

Thank you, as well, to the program's volunteers, donors, sponsors, and media supporters, namely the Richmond News and Richmond Sentinel. This year, both papers provided considerable editorial coverage and promotional support to the Christmas Fund, and we're hugely grateful for their help raising awareness about our cause.

Finally, and most importantly, we'd like to thank everyone who came to receive support from the Christmas Fund. There is no typical Christmas Fund client. Rather, they come from all cross sections of life – from children to seniors, from long-time Richmond residents to newly arrived refugees. They happen to be struggling through a difficult time, but all are hopeful for a brighter future. So many of them say that, as soon as next year, they want to be in our position – giving to the Christmas Fund, instead of receiving support. We of course hope that they achieve that goal. For now, though, we merely hope they had a special and joyful Christmas.

Sincerely,

Wayne Duzita

Mayre Dugita

Rob Howard

Michael Chiu

Richmond Christmas Fund Co-Chairs

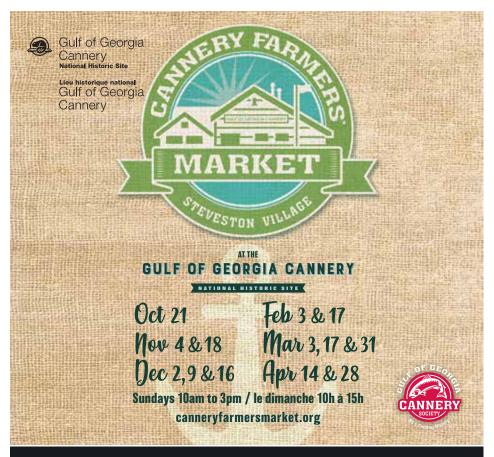
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BEES

From Page 7

ter and they have to keep the gueen alive, as well as all of the eggs and all of the semen in her body to make all they keep her warm all winter."

Stewart explains that bees don't intend to serve humans with their collecting. It's all about the queen and the colony.

"That's why they store honey and pollen, to have something to eat all winter."

notice the odd bee out and about, Stewart savs.

tar is carbohydrates, sugar for energy, but pollen is their protein food so the first bees come out hunting for pollen on the first flowers."

If you look closely at a bee returning to the hive, you can see the yellow pollen stuffed into the baskets each bee has behind its leg.

"And as soon as that starts, the queen will start laying eggs. Then, as everything comes into bloom."

If the queen is healthy and well-fed she can lay up to 1,500 eggs daily in the build up to spring. It shows how much she must be fed because that's more than her body weight in eggs each day.

All this fecundity means, according to Stewart, "By late February or early March, depending on the weather, most certainly by May, their hive is bursting at the seams with 50,000 or 60,000 bees."

She says this crowded condition offers the hive two options: "Stay where they are, and try to make it through another winter, not knowing how coming summer or winter is going to be."

Or, she says, they can pick option number two.

"Almost every hive will swarm after a peak of high production of thou-

sands of bees. They take their queen; half of the hive leaves and the rest of the hive develops a new queen. It's their way of ensuring the hive's genetic succession."

The gueen, whose only job is to lay eggs, cannot survive on her own.

"She has small wings and a great of the bees for the rest of her life. So big body. They keep her in the middle of the cluster to keep her warm."

> After leaving the comfort of their hive, the colony heads off.

"They fly and kind of land somewhere while the scouts look for a new place. When the colony is hanging in a cluster, it is so docile. The colony might be there two days, waiting for As the weather warms, you might right spot. They themselves gorge before they leave home so they are heavy, filled with honey. They are "After winter, they come to life. Nec- just hanging in there, protecting the queen, waiting to hear where are we moving," says Stewart.

She says you might see a swarm in May, perhaps in a tree or under your eaves.

"People think, 'Oh, my God a thousand bees together!' A swarm of bees is the most docile time you will ever find bees because the bees are really susceptible, at risk. They have moved they really ramp up their production out of their home with their queen. It's part of their way of reproducing and ensuring the strength of their community."

> The Richmond Beekeepers Association meets at 7:30 p.m. the second Tuesday of every month, except summer, in the Kinsman building at the Richmond Nature Park. Membership is \$20 a year and you don't have to be a beekeeper to join or even live in Richmond, Stewart says.

> "We have great speakers. It's a nice place to meet people. It's a chance to learn something, get your feet wet. So, come listen, meet people. We're a very friendly group. We are a community of like-minded individuals. There are lots of beginners with a really nice mix of young and old, experienced and inexperience. Some are commercial beekeepers and some are hobbyists."

> > •LGraves@richmondsentinel.ca

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Researcher's cancer experience brings new insights

By LORRAINE GRAVES

©LGSentinel

It was long thought that arthritis was an old person's disease. It's not It never was.

It was long thought that colorectal cancer was an older person's disease. Dr. Mary De Vera knows first hand that's not always true either.

She'd come far. After being born in the Philippines, she grew up in Prince Rupert. Then did three degrees, ending up with a doctorate. She had a daughter, then another.

Preparing to return from her second maternity leave to her research job, some of which is with Richmond's Arthritis Research Canada, De Vera unexpectedly found herself a cancer patient with stage 3 colorectal cancer.

Her friends and colleagues kicked into high gear, helping with child care, meals and rides for chemo appointments. There was patient information, but little of it helped someone as young as De Vera.

"I have a mountain of brochures at home, but the patients don't look like me. They're much older," De Vera said. "Colorectal cancer is historically thought of as striking in older people. The questions I was asking—about fertility, or how you explain having cancer to a three-year-old—those answers just weren't available."

The researcher in her arose. She kept notes of all her questions as she went through the taxing regime of radiation, chemo and surgeries.

"I just wanted to get back to work so I could write that first cancer grant," DeVera says.

As she healed, De Vera returned to UBC to continue her work and to apply for a grant to bridge the information gap younger colorectal cancer patients encounter. She wanted to demystify the whole process for them.

Gathering a team of experts in epidemiology, health economics, can-

cer and surgery, she applied for and received a \$459,000 grant from the Canadian Institutes of Health Research. Now, a few years after her diagnosis, her team's first goal is to see if De Vera's early disease is an unusual one-off, or if more adults in their prime have colorectal cancer.

She also hopes to create an online resource to answer younger cancer patients' questions such as, can you bring your kids to chemo or is there a way to store my eggs or sperm so I can have children after my cancer treatment?

Her colleague and friend, Dr. Mohsen Sadatsafavi who had spear-headed the online site for helpers during De Vera's treatment says, "The old saying that what doesn't kill you makes you stronger—Mary really embodies that"

A scientific or medical methodologist, like De Vera, is someone who looks at how research is done, designing it so that it is the best and most relevant possible. One of De Vera's Arthritis Research Canada projects showed that it is safer for women, and their babies, to take most kinds of biologics for arthritis than it is to skip them when they are pregnant.

"Being a methodologist," Sadatsafavi continues, "has been quite a career for her already, but now that she's been a patient and gone through the system and all the hoops, I think it's all gathering into one mind. That can be a catalyst for a lot of impactful, patient-oriented, methodologically sound, cutting-edge research."

De Vera's research has had an immediate, powerful impact on the patients it serves. This new project she's added to her job description promises to do the same.

Sadatsafavi, from the office next door to De Vera says: "I'm very excited about what Mary is doing. She has an approach and a vision toward that disease that nobody else has."

•lgraves@richmondsentinel.ca



Photo by Chung Chow Dr. Mary De Vera with her younger daughter.

City of Richmond seeks public input on next phases of the Dike Master Plan

You are invited to provide feedback on the City's Dike Master Plan and proposed dike upgrade options in the following areas:

- Dike Master Plan Phase 3: South dike between No. 2 Road and Boundary Road
- Dike Master Plan Phase 5: Sea Island between the Sea Island Connector Bridge to the south end of 3800 Cessna Drive, Mitchell Island and Richmond Island

The City will be hosting a series of interactive opportunities where residents and other interested parties can meet and speak with City staff, see display boards and fill out a survey.

Public Open House #1 Tuesday,

January 15, 2019 2 to 6 p.m. (afternoon) City Centre Community Centre 5900 Minoru Blvd

Public Open House #2 Wednesday, January 23, 2019 5 to 8 p.m. (evening) Richmond City Hall 6911 No.3 Road Smart Cities Challenge Ideas Fair Thursday, January 17, 2019 2 to 6 p.m. (afternoon) Kwantlen Polytechnic University

8771 Lansdowne Road

Visit LetsTalkRichmond.ca

- To access project information and open house materials
- To complete an online version of the survey

The survey will be available at www.LetsTalkRichmond.ca from Monday, January 14 until 11:59 p.m. on Sunday, February 3, 2019.

For more information:

Contact: Chris Chan Phone: 604-204-8516 Email: cchan2@richmond.ca

www.richmond.ca





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RICHMOND SENTINEL

STARTING JANUARY 2019

Recycle More with Expanded Services

New at the Richmond Recycling Depot



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- Butane cylinders
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Extended operating hours:

Now open six days per week – Tuesday to Sunday, 9 a.m. to 6:15 p.m.

For more details: www.richmond.ca/depot

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Now collecting up to six items each year.



More items accepted. Large items now include:

- Tires (passenger and light duty truck only).
- Upholstered furniture will now be recycled (must be kept dry).

Large Item Pick Up is provided to Richmond residents with City Garbage Cart and/or Blue Box service. To schedule a pick up call 604-270-4722.

For more details: www.richmond.ca/largeitem

Let's trim our waste!

Environmental Programs Information Line:

604-276-4010 garbageandrecycling@richmond.ca www.richmond.ca/recycle



ANAF Club 284 open again

By MARTIN VAN DEN HEMEL

● ● MartinvandenH

ANAF Club 284 re-opened last weekend with a special celebration Saturday, and starting this week will be operating under reduced hours.

Doug Zeron, who is part of the management committee responsible for the operation of the club, told The Richmond Sentinel Wednesday that the club opened Saturday and moving forward, it will be operating on restricted hours

Based on previous sales data, Zeron said the management committee has decided to operate the club during periods that generated the most revenue.

So starting this week, the club will be open on Thursdays, from 3 to 10 p.m., on Fridays and Saturdays from 3 p.m. to midnight, and on Sundays, from 3 to 9 p.m.

Last weekend's grand re-opening celebration featured a \$500 cash prize draw and a meat draw.

Musical entertainment was provided by Cheek to Cheek.

•martinv@richmondsentinel.ca

EVAN DUNFEE

From Page 9

"courage" and "bravery" were common answers.

Dunfee then showed us some images of his teenage life, which depicted him as a race runner on the tracks of Kingswood elementary school.

"When I was young, I was targeted by many bullies who were taller and stronger than me."

As Evan shuffled the slides, we found out that he has been involved in a wide array of sports such as ice hockey and soccer before finally taking an interest in race walking.

Students reacted with a "Wow!" when we were shown an image depicting him running on a treadmill with a medical oxygen generator covering his face for three hours.

"Winning, all I cared about is winning. I practised day and night just for Aug. 19.2016."

I could tell that he is really passionate about earning that honour for Canada. Next, he switched to a video bump his shoulder and pass him.

"Well, that's so mean" a guy at the back murmured. "Why? Why not appeal to the discipline committee to revoke the membership of that foreign athlete?" complained another student.

Evan sighed.

"I was thinking of making an appeal and take that medal home, because I was irritated and eager to garner that medal for my country. But later I realized that winning isn't everything and I told my teammates that I decided to guit the opportunity to appeal because I felt it was the right thing to do at that time. And...I have never had even a slightest sense of regret for do-

Evan's words prompted an explosive wave of applause. Needless to say, we were all impressed.

Evan became best friends with Hirooki Arai and they still keep in touch through social media.

For me, meeting with this unconventional Olympic hero was truly a singular experience that I will never forget.

At the end of his presentation, the screen displayed a quote: "A dream is a dream, a goal is a dream with a plan that you are aiming to achieve."

Almost all of the students tossed some coins and bills into a donation clip from CBC showing Hirooki Arai box; Evan was also raising funds for KidSport, a local charity striving to support underprivileged youth with a passion for athletics and sports.

What a great afternoon.

Pedestrian seriously injured

Tuesday night crash that left a fe-scene and was cooperative with pomale pedestrian with life-threatening injuries, is a reminder that drivers and pedestrians need to exercise extra care when moving about town, Richmond RCMP said.

Around 6 p.m. on Jan. 8, a Nissan SUV, driven by a 66-year-old Richmond man, struck a pedestrian at St. Albans and General Currie roads.

The victim, a 31-year-old woman visiting Canada, was rushed to hospital with life-threatening injuries. The driver of the SUV remained at the

lice investigators. Neither alcohol or drugs are considered factors in the crash.

"This is our first major pedestrian collision of 2019," said RCMP Cpl. Dennis Hwang. "We sincerely wish to remind everyone to exercise special care whether you are in a vehicle, on a bicycle, or on foot."

Although the crash was a "very traumatic and unfortunate ordeal," Hwang said the public's response was uplifting.

Fatal crash on Highway 99

died from her injuries resulting from an early Sunday morning crash in the northbound lane of Highway 99, between Steveston Highway and Blundell Road.

Now investigators are looking for witnesses to the single vehicle accident, which according to police occurred during heavy rains about 1 a.m.

The vehicle landed upside down and partially submerged in a water-filled ditch adjacent to the highway.

The Lower Mainland driver of a car called to the scene to find the vehicle that had landed upside down and partially submerged in a water-filled ditch adjacent to the highway.

> The vehicle left the roadway, collided with a highway sign and then flipped into the ditch.

> There is no indication another vehicle was involved in the crash.

> BC Coroners' Service is investigating, along with the RCMP.

Witnesses to the crash, or anyone who has information about what happened, are asked to call Deas Is-Deas Island Traffic Services was land Traffic Services at 778-290-2400.



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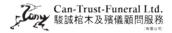




Tony Chun Pun Chan Can-Trust-Funeral Ltd. Funeral Director/Embalmer 110-10791 No. 3 Road, Richmond 604-376-7975 | can-trust-funeral@outlook.com

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2019 FITNESS CHALLENGE

West Richmond Community Centre

JANUARY 2-FEBRUARY 6, 2019

Participate in one of the many fitness activities offered at West Richmond

TWICE A WEEK FOR SIX WEEKS! Or a total of 12 visits during the six weeks.

PRIZES

Participants that complete the challenge will receive a FREE West Richmond Work-out Towel and be entered into a draw for a chance to win fitness prizes. Prizes include:

- 3 PERSONAL TRAINING SESSIONS WITH TRAINER OF CHOICE
- 5 -1 MONTH TOTAL FITNESS PASSES (CAN BE ADDED TO CURRENT PASS TERM)
- 3 TOTAL FITNESS VISIT CARDS (10 VISITS)



More information: www.richmond.ca/westrichmond **West Richmond Community Centre** 9180 No. 1 Rd. • 604-238-8400



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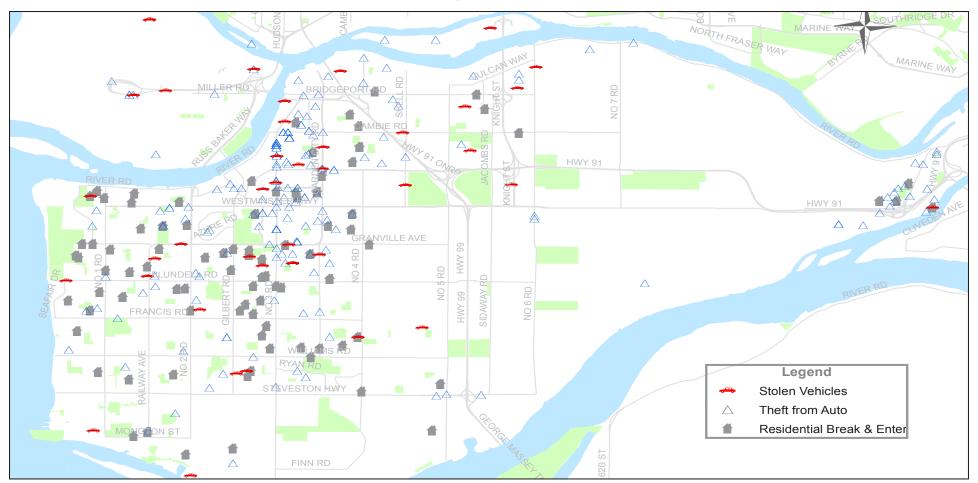






RCMP Crime Map December 1 - 31, 2018

RCMP Crime Map presented by Best Security



A few safety tips for winter driving's hazards

By CPL. DENNIS HWANG Richmond RCMP

inter driving in coastal locales such as Richmond have a unique set of challenges. The constant rain and dark conditions can challenge the most seasoned driver. Proper vehicle maintenance and upkeep is crucial.

Check to make sure tires have adequate tread remaining and are properly suited for the temperature and conditions.

Windshield wiper blades are used so often here that they should be changed regularly. Any chatter or skipping from them is an indication that they likely need a replacement. Windshield wiper blades typically last less than one year in our climate if used regularly.

Ensure your headlights are activated. Even if your car has an "auto"

ers operating their vehicles with no ensure you have adequate distance lighting or only their daytime running lights activated. If you are straining to necessary. see when it gets dark, this may be the reason why.

following distances. We find many drivers that are not adjusting their driving patterns. To stop on surfaces covered with water takes a substantially longer distance. When you

headlight feature, we find many driv- are travelling behind another vehicle to make an emergency stop when

Be wary of pedestrians, especially when making turns. We recommend Adjust your speed, braking, and that pedestrians and cyclists also take special precautions to make themselves extra visible. Bright clothing and small wearable flashing LED lights can go a long way to improve one's visibility.



THE RICHMOND SENTINEL WELCOMES OUR INAUGURAL CRIME MAP SPONSOR: **BEST SECURITY.**

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RAPS COMMUNITY REPORT Caring for the animals who care for us



Community builds an animal hospital for all



Pat **Johnson**

The RAPS Animal Hospital has some new, state-of-the-art medical equipment. But the equipment itself is only part of the story.

"This is really a story about the strength of a community-owned and operated veterinary facility," says Dr. Assaf Goldberg, one of the veterinarians at the hospital. "We've always said, this place belongs to everyone."

The RAPS Animal Hospital opened almost a year ago—on Family Day in 2018—as a non-profit veterinary facility wholly owned by the Regional Animal Protection Society.

"And RAPS ... that's us. That's you. That's everyone," says Dr. Goldberg. The Regional Animal Protection Society is 24 years old this year—and the hospital is meeting the health needs of animals at the RAPS Cat Sanctuary, the RAPS-run City of Richmond Animal Shelter and the sizeable RAPS fostering network.

By offering services to the public, the hospital's revenue is reinvested into saving and improving the lives of even



Dr. Assaf Goldberg shows off RAPS Animal Hospital's new hyperbaric unit and perky Mia gets comfortable inside it.

more animals.

"But the fact that this is a community hospital means so much." Dr. Guy Arad, another RAPS veterinarians, savs.

The non-profit mission is having impacts that were not foreseen when the hospital was first envisioned.

In the past few weeks, a generous supporter donated a top-of-the-line ultrasound machine for the hospital and another group of supporters bought a hyperbaric oxygen therapy unit—making RAPS Animal Hospital the only veterinary facility in Canada offering this advanced therapeutic treatment.

Thanks to the donated General Electric Logiq E R7 Ultrasound machine,

says Dr. Arad, "the hospital will now be able to instantly perform full-body imaging. This lets our medical staff quickly assess issues and recommend therapies or treatments."

The hyperbaric unit is especially exciting, he adds. Hyperbaric therapy has been used for decades in human medicine—and is available in 50 or so vet hospitals in the United States—but the hospital is realizing its vision. RAPS Animal Hospital is the only vetadvanced treatment.

Hyperbaric Oxygen Therapy (HBOT) involves high concentrations of oxygen by placing the patient in an environment with increasing air pressure.

HBOT has been shown to enhance

and speed the healing process and can, in some instances, replace invasive surgical procedures.

"The fact that these technologies and tools were contributed by members of the community is an indication of the buy-in that not-for-profit, community-owned veterinary care is getting from Richmond and throughout Metro Vancouver," says Eyal Lichtmann. CEO and executive director of RAPS. "The entire RAPS Animal Hospital project was only possible because Vancity credit union saw the value in it and financed the entire project on great terms and Applewood Nissan contributed the space for free—6.000square-feet for six years at a value of about \$500,000."

The organization is getting contributions from medical suppliers and veterinarians, "from our hospitals and others," says Lichtmann, "(they) are donating their time for special clinics where we do a bunch of spay and neuter procedures for homeless animals."

Almost a year in, Lichtmann says,

"And that's all thanks to members erinary facility in Canada offering this of the community," he says, "including those who are choosing the RAPS Animal Hospital for their companion animals' health care."

> Pat Johnson is the communications manager of the Regional Animal Protection Society.

MYNAMEIS PAUL

Paul is as sweet as they come but was surrendered due to allergies in his family. He is gentle and kind and just wants love! Paul would prefer a quieter household as he is in his senior years but he is great with respectful children. Don't let this boy's age stop you. Visit RAPS and spend some time with him and you are sure to fall in love.



REGIONAL ANIMAL PROTECTION SOCIETY (RAPS)

rapsbc.com | City Shelter: 604-275-2036 Head Office: 604-285-7724





RAPS ANIMAL HOSPITAL

rapsanimalhospital.com 604-242-1666 The RAPS Animal Hospital and Animal Ambulance are supported by Applewood Nissan



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Talented Sadana steps up for victorious Jets

By **DON FENNELL**©DFSentinel

ike the Richmond Jets, Veer Sadana may be just starting to realize his potential.

Following his team's decisive 6-1 win over Portland Junior Winter Hawks Dec. 31, in which Sadana was in on three of the goals to complete the Richmond International Bantam Midget Hockey Tournament with a team-best six assists and nine points, his athletic talent is clear. Trouble is, Sadana is also an accomplished wrestler, one of the top up-and-comers in his age group in the province.

But for now, at least, Sadana is successfully juggling both sports. And after helping the Jets secure the Bantam Tier 2 title, he will continue to play an important role in what coach Glenn Wheeler is hoping will be a steady climb up the league standings.

"We were pleasantly surprised by our success, as there were a lot of good teams (in the tournament)," Sadana said. "Some of these teams play a flight above us, but our team played really well. Our goalies were outstanding and our defence was solid."

Sadana said the Jets' confidence got a big boost after they were able to defeat Surrey 2-1 in overtime in the semifinal. Over seven games, they finished with a record of 5-0-2 and outscored their opponents 20-9.

"Our coaches told us that we were better than any team in the tournament, if we played to our potential," Sadana said. "As forwards, we were told to forecheck and focus on speed and passing. We played to our strengths and were happy with the outcome."

Richmond began tournament play with a 4-2 win over Surrey Thunder's A2 team on Boxing Day and then blanked Peninsula Eagles 2-0 the following day. They then scored a 3-2 win over Alaska Oilers, tied Porrtland 1-1 and topped Cowicahn Valley Capitals 2-0.

Richmond Jets Midget A1s hoped to fair equally well in the tournament, but the bounces simply didn't go their way. A narrow 5-4 overtime loss to league rival Burnaby in quarter-final play Dec. 30 ended their run; the winning goal, an unassisted effort by Aaron



Photo by Chung Chow

Veer Sadana led the champion Richmond Jets in scoring at the recent Richmond International Bantam Midget Hockey Tournament.

Mak, scored with under a second to play in the first extra period. The game was a see-saw affair that saw the lead change hands five times. Brice Kemp was in on three of four Richmond goals.

Ethan Strik paced Richmond with six goals and 12 points as the Jets won three of five games—8-3 over South Delta Storm, 8-0 over Surrey Thunder and 6-0 over North Central Bobcats. In between, they lost 5-3 to a very disciplined and balanced Alaska Wolves U18 team that appeared to be cruising to the final before being derailed 5-2 by Portland Winter Hawks in semifinal action. Seattle Sno-Kings U16 proved to be the class of the tournament, going 7-0 and outscoring their opponents 46-7, capped by convincing 7-0

win over Portland in the championship game. Trevor Loucks, Stirling Nash and Chase Ojala each had a goal and two assists for the winners.

Richmond Jets A2 Midgets went 2-2-1 in the tournament, eliminated in quarter-final play by the Arctic Lions U16 team 3-2. Jora Bains had six points over two games.

Richmond Bantam Tier 3 team finished 1-3-1, with an even 14-14 in goals for and against. Koen Brusse led the way in each offensive category with three goals and two assists for five points.

Richmond lost 3-2 tin overtime to North Delta Bantam A2 in their final game.

•dfennell@richmondsentinel.ca



Thursday, Jan. 17 vs. White Rock Whalers at Minoru Arenas

NEXT HOME GAME

JAN. 24 VS NORTH VANCOUVER WOLF PACK

Mid-January 2019 RICHMOND SENTINEL

News and Information from the City of Richmond

Dike Master Plan sets long term vision for flood protection

As an island city surrounded by water, flood protection is a high priority for Richmond. Extreme rainfall events, spring snowfall melt and rising sea levels due to climate change all pose potential risks for Richmond. These risks are mitigated by the City's proactive and extensive flood protection efforts.

With more than 49 kilometres of dikes and 39 drainage pump stations, Richmond is well protected. Most of the City's dikes are well above the highest historic flood levels. However, with the threat of rising sea levels and the increase of extreme weather events due to climate change, the City is focused on further improving Richmond's flood protection measures for today and for the future.

Richmond's Flood Protection Management Strategy guides long-term protection of Richmond. The Strategy identifies the need to raise our dikes by approximately 1.2 metres over the next 25-75 years to accommodate climate change-induced sea level rise and ground settling. Through its diking and drainage utility, the City is spending about \$11 million annually to further bolster its dikes and drainage network.

A key component of the City's flood protection initiatives is the Dike Master Plan, which guides the City's dike raising efforts. The plan is being completed in phases, which each identify dike upgrade options and recommendations for different areas throughout the city. Phases 1 and 2 have already been completed. Richmond residents and interested parties currently have the opportunity to provide feedback on proposed upgrade concepts



The public is invited to provide input on the City's Dike Master Plan, which helps guide long term flood protection strategies for Richmond.

on the next two phases of the plan:

- Dike Master Plan Phase 3: South dike between No. 2 Road and Boundary Road
- Dike Master Plan Phase 5: Sea Island between the Sea Island Connector Bridge to the south end of 3800 Cessna Drive, Mitchell Island and Richmond Island

The community is invited to learn more and share their thoughts on the City's flood protection plan. There are several ways to do so:

 Visit LetsTalkRichmond.ca from now through Sunday, February 3. There will be opportunities to view project information, ask questions and complete an online survey.

- Attend the second of two drop-in style open house on Wednesday, January 23 from 5 to 8 p.m. at Richmond City Hall, 6911 No. 3 Road.
- Check out the Dike Master Plan display at the Smart Cities Ideas Fair at Kwantlen Polytechnic University, 8771 Lansdowne Road, on Thursday, January 17 from 2 to 6 p.m.

To learn more about the City's flood protection efforts, visit: www.richmond.ca/services/rdws/dikes

City of Richmond Council Meetings Calendar

Development Permit Panel

3:30 p.m. Wednesday, January 16 Council Chambers, Richmond City hall

General Purposes Committee

4:00 p.m. Monday, January 21 Anderson Room, Richmond City Hall

Public Hearing

7:00 p.m. Monday, January 21 Council Chambers, Richmond City Hall

Planning Committee

4:00 p.m. Tuesday January 22 Anderson Room, Richmond City Hall

Public Works & Transportation Committee

4:00 p.m. Wednesday, January 23 Anderson Room, Richmond City Hall

Council Meeting

7:00 p.m. Monday, January 28 Council Chambers Richmond City Hall

Parks, Recreation and Cultural Services Committee

4:00 p.m. Tuesday, January 29 Anderson Room, Richmond City Hall



Council Meeting Live Streaming







Visit www.richmond.ca to link to live streaming or watch archived video.

www.richmond.ca



For meeting agendas and reports visit www.richmond.ca. Agenda and reports are usually posted the Friday prior to meetings. richmondsentinel.ca Mid-January 2019 SPORTS | 21



Photo submitted The Richmond Kajaks' annual 8K road race is Sunday, Jan. 20 at Imperial Landing in Steveston.

Icebreaker provides a fresh breath of air

By **DON FENNELL**@DFSentinel

Now that the festive season has passed, it's time to work off some of that holiday cheer. And there are few better ways than exercise.

Sunday's Steveston Icebreaker 8K road race is the perfect tonic, with the added bonus of supporting KidSport Richmond in the process.

One of the major fundraisers for the Richmond Kajaks Track and Field Club, which has proudly served Richmond since 1961, the Icebreaker is a chance to start 2019 anew. All that's needed is a desire to run or walk.

This year, Richmond's New Balance store (located at the Centre at Garden City, 1410-4771 McClelland Rd.) is stepping up to partner with the Kajaks on a 1K kids' run at 8:30 a.m., just before the adults take to the streets at 9 a.m. Recognizing their efforts, each kids' run finisher will receive an inaugural New Balance kids' run ribbon. There'll also be a free run, jump and throw demonstration by Kajaks' coaches after both runs, where children can get coaching tips.

New Balance owner Jordan Cluff says his company is proud to be part of this longtime community tradition, and elated to be supporting youth in sport.

"There are so many benefits youth get from sport and fitness and New Balance Richmond is thrilled to be able to support this initiative and to bring more awareness to KidSport Richmond at the same time," he says.

"We ecstatic to add the 1K kids' run and to partner with a community-minded organization like New Balance," says race director Jared Hulme. "Our hope with adding the kids' run is to encourage families to be active together, while (at the same time) bringing more awareness to Kid-Sport."

All the proceeds from the kids' run will go directly to KidSport Richmond, which helps children overcome the financial barriers of participating in sport.

"One of our goals as a club is to be community-focused, and we saw a great opportunity with the kids' run concept," says Kajaks' president Garrett Collier. "We've managed to bring together not-for-profit and for-profit organizations with New Balance Richmond, KidSport Richmond and the Kajaks Track and Field Club. It's a great event that benefits our community."

For those looking for a few post-event fitness tips, a free community expo will be held in the Steveston Community Centre gym from 9:30 to 11:30 a.m. There will be several run and fitness booths and food sampling with Lifemark Sport Medicine on hand as well.

Register now for the big day at kajaks.ca/icebreaker

•dfennell@richmondsentinel.ca

Sockeyes ready for alumni

By **DON FENNELL**©DFSentinel

The more things change, the more they stay the same.

It's an old cliché to be sure, but an accurate portrayal of the Richmond Sockeyes who again this season—even after turning over nearly their entire roster—are challenging for Pacific Junior Hockey League supremacy.

After netting a pair of impressive victories at the league's annual Winter Classic held Jan. 3 to 5 at Minoru Arenas, the Sockeyes (24-7-2-1) followed that up with two more wins last week (11-2 and 7-3 over the Surrey Knights) to vault to within four points of firstplace North Vancouver Wolf Pack in the Tom Shaw Conference. And they still have two games in hand on the Wolf Pack.With all the league's teams in action at the Winter Classic, the Sockeyes emerged with impressive wins over Abbotsford Pilots (5-0 on Jan. 4) and Aldergrove Kodiaks (4-1 on Jan. 6). Richmond is just two points back of second-place Delta, also with two games in hand on the Ice Hawks.

As he's been all season, goal-

tender Jeremy Kelleway was instrumental in the Sockeyes' two weekend victories. Versus Abbotsford, he turned aside 20 shots for his sixth shutout of the season and made 32 saves against Aldergrove to improve his league-leading goals against average to 1.74.

This Thursday, the Sockeyes will face expansion White Rock Whalers at 7 p.m. before facing off against the Sockeye alumni Saturday at 5:30 p.m. Both games are at Minoru.

Featuring a collection of recent Sockeye graduates as their opponents, many of the current Sockeyes will be participating in the alumni game for the first time.

The annual affair is a celebration of the Sockeyes' success as a hockey team, dating back to the franchise's beginning in 1972. But it also extends well beyond the game, highlighting the importance of giving back. The alumni game is part of a series of team initiatives throughout the year which, to date, have helped generate more than \$236,000 for scholarships awarded annually to graduating Sockeyes to assist with their post-secondary studies.

•dfennell@richmondsentinel.ca



Photo by Chung Chow

Soaring up the standings, Richmond Sockeyes will play their annual alumni game Jan. 19 at Minoru Arenas.

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FREE Classifieds

Richmond classifieds to advertise your lost & found items, volunteer opportunities, pets, sale items, events and free stuff!

To post your FREE 25-word classified, please email us at classifieds@richmondsentinel.ca. Deadline: Thursday, Jan. 24 the February 2019 issue.

Info session

PARENT INFO SESSION The Brighouse Branch of Richmond Public Library is hosting a Parent Information Session on Thursday, Jan. 17 from 4 to 5 p.m. on the topic of students who need socialemotional support. Does your child complain of tummy aches before school? Do they experience big emotions that are too hard to handle? Info: 604-231-6412.

Recital

RECITALS JAN. 20. The Richmond branch of the BC Registered Music Teachers Association will hold recitals at 1:30 p.m. on Sunday, Jan. 20, 2019 at South Arm United Church, 11051 No. 3 Rd. (at Steveston Hwy). Tickets: \$2. Info: 604-268-9559.

Employment opportunity

MOBILE DENTAL HYGIENIST (365 day exempt) with 30 years experience, comes to your home, if you are disabled, house-bound or elderly. Please call Linda at 604-231-9747 for information/appointment.

Stand up comedy

STAND UP COMEDY open mic night every Wednesday evening at 8 pm at Kingswood Pub, 9371 No. 5 Rd. Comics and audience welcome. Comics please sign in with Melanie at the pub by 7:30 pm. Come join in the fun! No cover charge.

Car for sale

1984 VW 7-SEAT VANAGON. Original owner. 300,000K, Factory rebuilt engine with 140,000 km on it. Block heater. Licensed. Runs. Old. \$3,500 firm. Note: is not the camperised version. Reply to Igraves@richmondsentinel.ca with Vanagon in the subject line.

Study participants

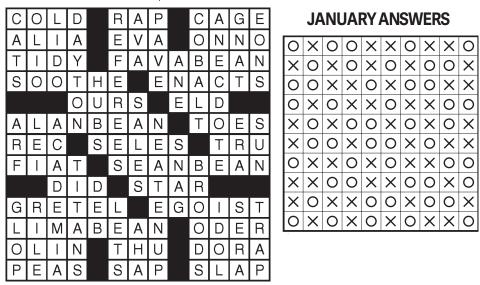
SEEKING BOTH HEALTHY adults and people with inflammatory arthritis for a study on the health benefits of everyday activities. Contact: Flora To-Miles at 604-364-6223 or fto-miles@ arthritisresearch.ca. bit.ly/2EMfVQm

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- Richmond Hospital Cambie Plaza
- Lansdowne Centre Minoru Arenas
- Save-On-Foods PriceSmart Foods
- Richmond Centre Watermania Pioneer's Pub
- Blundell Centre Central at Garden City
- Delta Shopping Centre (Richmond)

And at these community centres: • Cambie • City Centre

• Hamilton • South Arm • Steveston • Thompson • West Richmond



JANUARY ANSWERS

	X	O	O	X	X	O	X	X	0
X	0	×	0	×	0	×	0	0	×
0	0	X	X	0	X	0	0	X	X
0	X	0	X	X	0	X	X	0	0
X	0	X	0	0	X	0	X	0	X
X	0	0	X	0	0	X	0	X	X
0	X	X	0	X	0	X	X	0	0
X	X	0	0	X	X	0	0	X	0
X	0	X	X	0	0	X	0	0	X
0	X	0	X	0	X	0	X	X	0

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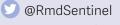
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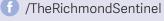
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richmondsentinel.ca **23** Mid-January 2019

Eugene Sheffer's crossword

ACROSS

- Bog fuel
- Festive
- Baby's father
- Gross
- Conceit
- Black, in verse
- Journey
- Cheese-topped diner order
- Libya neighbor
- Portals
- 21 French diarist Anais
- 22 Crib
- Plane parts 23
- Arctic plains
- **Author Umberto**
- Billboards 31
- "See ya!"
- 33 Underground passages
- 36 Backbone
- Guitar's kin
- Actress Lucy
- Play place
- Melodic
- Wolfram 47
- Naked
- Slender woodwind 50
- 51 Assoc.
- 52 Schleps
- Huff and puff
- Golfer Michelle
- 55 Small bills

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16			17				
18				19				20				
			21				22					
23	24	25				26				27	28	29
30					31					32		
33			34	35				36	37			
			38				39					
40	41	42				43				44	45	46
47					48				49			
50					51				52			
53					54				55			

DOWN

- "Troy" actor Brad
- Off-white
- 3 Related
- Using a keyboard
- 5 Arrive
- Oaxaca water
- Thither
- Insist on
- 9 Help a crook
- Hand (out)
- Picnic invaders
- Opposite of "fer" 17
- Bro's kin
- Train alternative
- 23 Drench

- Post-op area
- 25 Dijon denial
- 26 Gridiron scores
- (Abbr.)
- 27 MLB stat
- Writer Rand
- 29 Observe
- 31 Pub pint
- Lump of gold
- Stretches (out)
- Go astray 36
- Colorado city
- Fencing move
- Halt 40
- Hefty horn 41
- Soon, poetically

- 43 Actress Hatcher
- Mythic man-goat

Answers will be posted

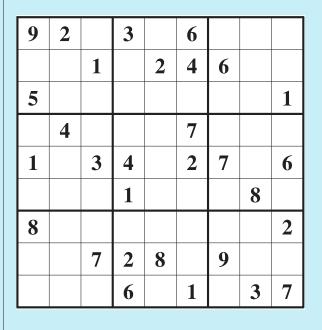
in the next issue in

February

- Incite 45
- Minus 46
- 48 AAA job

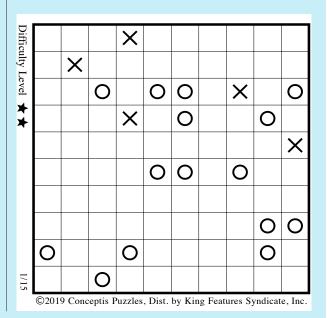
SUDOKU

The goal of Sudoku is to fill a 9x9 grid with numbers so that each row, column and 3x3 section contain all of the digits between 1 and 9.



TIC-TAC-LOGIC

A one player game, the object of the game is to place X's or O's in the squares grid. There cannot be more than two consecutives X's or O's in a row or column. There are equal of X's and O's in the same row and column and all rows and columns are unique.



24 | Mid-January 2019 RICHMOND SENTINEL

Badh Group S. (Da Serving Vancouver, Richmond, North Delta, Ladner, Surrey, White Rock, Langley, Burnaby and Beyond.



8331 No. 6 Road

Luxurious Custom Designed & Built Family home on 1 acre. Quality and attention to detail throughout. 6 bedrooms 7 bathrooms with over 8000 square feet living space and a Coach House. Quality and attention to detail throughout.



11500 Westminster Highway

BUILD YOUR DREAM HOBBY FARM HERE. 0.5 acres zoned AG-1 Frontage 84' x 258' Central Location close to shopping, recreation, golf, transit, Hwy 99, Knight Street, connector to New Westminster or Alex Fraser Bridge to Surrey. School catchment is Henry Anderson Elementary an A.R. MacNeill Secondary.



4211 No. 5 Road

DESIRABLE EAST CAMBIE 8,7311 Sq. Ft. Lot. 1,820 sq ft older family home offers 4 bedrooms 3 bathroom. Super neighborhood to call home. Very close to Schools, Shopping Community Center and Parks.



14260 Westminster Hwy

5 ACRES IN EAST RICHMOND. 1st time on the market. Here's your opportunity to own farmland in this sought after area of Richmond. Approx. 2,500 square foot family home is well kept & solid built. 3 bedrooms 2 bathrooms on 2 levels. system. Huge workshop out back with attached covered Close to shopping, transit, and all major routes.



4831 & 4851 Williams Road

DEVELOPERS ALERT! Both lots are 66'x 150' / 9900 square foot lot. Opportunity for possible future re-zoning to facilitate low density Townhouses.

\$2,888,800.00



10511 Bridgeport Road

DEVELOPER ALERT! BE Part of a LAND ASSEMBLY on the corner of Bridgeport and Mclennan Ave. PRIME LOCATION!!! LOT SIZE 9.548 SQUARE FOOT.



23500 Westminster Hwy

Developers/Investors - great investment property! Future Richmond "Hamilton Plan" will allow possible re-zone to multi-family. Almost 22,000 sq ft property in rapidly developing area. Rancher with several detached workshops/outbuildings. Completely fenced/gated & private with room for RV's, trailer parking, etc.



8720 No. 5 Road

Rarely available 9.8 acre property zoned AG-1 agricultural. Public Assembly/ Institutional use to allow for Churches, Temples, Mosques, Schools etc are permitted on the front 2 acres and remaining acreage must remain farmland.

Call Dale for more details

LAND & FARM LISTINGS

Richmond

22451 Gilley Road REDUCED	8 acres			
22280 River Road REDUCED	8.1 acres			
14300 Burrows Road REDUCED	5.3 acres			
14400 Burrows Road REDUCED	3.7 acres			
14260 Westminster Highway REDUCED	5 acres			
11500 Westminster Highway REDUCED	0.5 acres			
*8720 No. 5 Road	9.8 acres			
*Rarely available Zoning AG-1 for Possible Public Assembly				

Surrey

16684 52nd Ave	5.09 acres
16611 20th Ave	3.21 acres
16055 60th Ave	25 acres

*4 building lots in South Surrey Elgin Chantrell: \$749.000 to \$799,000

*READY TO BUILD NOW.

Call Dale for more details on any of these properties!

