



*The Young and The Restless* Lauralee Bell and Michael Damian.

Photo courtesy Howard Wise, JPI Studios Inc.



*Beautiful smiles  
created by the artisans  
at Esthetics Denture  
Studio*



## ADVANTAGES & BENEFITS

### OF BEING AN ESTHETICS DENTURE STUDIO PATIENT

- Alex Hupka has 26 years of experience as a registered dental technician and 22 years of experience as a registered dentist.
- A Combined experience of 48 years in the dental field produces results of esthetic beauty with unparalleled accuracy in all our products.
- Natural beauty esthetics and function, immaculate attention to detail.
- We provide integrated treatment planning with your dentist or surgeon.
- Implant-supported and retained denture treatment planning and engineering.
- Highest quality dental materials available with no compromise.
- We have an in-house laboratory to maintain product and quality control for all your needs.
- 5-year warranty against breakage during eating.
- Free home care kit, including professional denture cleaner with new cosmetic and partial dentures for the lifetime of being our patient.

## COSMETIC PRECISION DENTURE SYSTEM

- Premium quality Cosmetic Precision Dentures instill confidence and provide optimum function while eating, speaking, and laughing. Sophisticated instrumentation records facial and anatomical information to recreate your natural smile and the youthful facial contours of your lips and cheeks.
- Our premium quality teeth duplicate natural teeth. Our premium teeth contours are designed to match your skeletal type with feminine and masculine characteristics to accentuate your appeal.



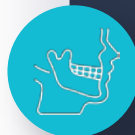
### Esthetics

Created with natural nuances so you can confidently speak, smile, and laugh.



### Contours

Naturally sculpted tissue surfaces make Cosmetic Precision Dentures almost indistinguishable from natural tissues.



### Health

Eat virtually any food efficiently to improve digestion. Strength and Fit – extremely dense materials provide a strong, secure, non-irritating, comfortable fit.



### Biocompatibility

Dense equalized materials aid in preventing stain and odour buildup.

**ALEX  
HUPKA**  
RD, RDT,  
Denturist.



No referral needed, call to book your **free consultation**

📞 **604-279-9151** 🌐 **bcdenturist.ca**



#240 – 3671 Westminster Hwy,  
Richmond, BC V7C 5V2  
2<sup>nd</sup> floor of Terra Nova Shopping Centre



# Tips for staying safe and healthy during winter

As winter approaches, Vancouver Coastal Health is reminding residents they can play a key role in staying safe and healthy during the season. Preventing injury is an important way to avoid needing medical attention or a trip to the emergency department, and there are several ways to avoid slips, falls and other injuries common during the winter.

The focus of these winter health tips is on prevention and self-care, emphasizing the importance of flu and COVID-19 vaccinations, cold weather safety adherence and home management of common winter ailments. The goal is to inspire individuals to proactively maintain their health and reduce unnecessary health-care visits.

Whether facing a minor ailment or a serious condition, receiving the right care at the right place and time is vital. VCH offers a range of health-care access points for medical needs, from non-urgent to critical. Residents should familiarize themselves with these options to ensure they can access the most suitable care setting for their needs.

"As the cold season approaches, there's often an increase in respiratory illness, along with injuries from winter activities and harsh weather," said Dr. Richard Chan, emergency physician at Richmond Hospital and the Medical Director, Richmond City Centre Urgent and Primary Care Centre. "It's important to know when to seek help, but equally important to understand how to maintain our health to avoid getting sick or injured. By taking active measures to care for ourselves, we can greatly decrease the need for medical treatment and stay healthier during the winter."

The below information encompasses preventative strategies, self-care tips and clear guidance on where to access medical care when needed. More information is available at: [vch.ca/wintercare](http://vch.ca/wintercare)

## Winter health and wellness tips:

- Preventing slips and falls:
  - Beware of icy conditions as everyone is at risk.
  - Walk safely by planning routes, choosing cleared pathways, opting for non-slip footwear, and considering the use of canes or walking aids.
  - Seniors, remember many falls can be prevented. Stay active and adhere to health guidelines to maintain your strength.
  - Learn more about fall prevention at Preventing falls as you age at [healthlinkbc.ca](http://healthlinkbc.ca)
  - Staying active and playing safe:
    - Embrace recreational activities for their extensive health benefits.



Photo via freepik.com

Vancouver Coastal Health is reminding residents they play a key role in staying safe and healthy during the winter season.

- Wear appropriate protective gear, such as helmets and pads, and consider taking lessons for proper instruction.
- Learn about injuries, risk factors, and safety measures at [activesafe.ca](http://activesafe.ca)
- Ensuring road safety during winter conditions:
  - Budget extra time for travel and be mindful of weather conditions.
  - Remain vigilant to avoid driver fatigue.
  - Equip your vehicle with winter tires and an emergency kit
  - Keeping up with vaccinations:
    - Flu vaccines are recommended for everyone six months and older.
    - COVID-19 vaccinations and booster doses are essential for maintaining immunity.
    - Learn about vaccine recommendations via the province's Get Vaccinated system.
    - Practicing good respiratory hygiene:
      - Consider masks for indoor settings and shield coughs/sneezes using your elbow.
      - Regularly clean your hands and avoid face-touching.
    - If feeling unwell, stay home and limit contact, especially with vulnerable individuals.

## Health care navigation guide:

This guide presents a general overview of care options for different needs. It is important to note that health-care services and offerings may differ by location. To help identify specific service locations within the VCH re-

gion, check out the below resources or visit [vch.ca/wintercare](http://vch.ca/wintercare)

- Personalized care: Your family doctor or nurse practitioner knows your health needs best. If you don't have one, register at [HealthLinkBC.ca](http://HealthLinkBC.ca)
- Pharmacy services visit: See [YourPharmacist.ca](http://YourPharmacist.ca) for prescription refills and minor issues. BC pharmacists treat select minor issues like allergies, cold sores, acne, pink eye, and urinary tract infections.
- General health questions: Call 8-1-1 to speak with a nurse any time.
- Mental health concerns: Visit [vch.ca/MentalHealth](http://vch.ca/MentalHealth)
- Non-life-threatening health issues: Visit an urgent and primary care centre for same-day care.
- Vaccinations: Book flu or COVID-19 shots at [GetVaccinated.gov.bc.ca](http://GetVaccinated.gov.bc.ca) or 1-833-838-2323.
- Emergencies: Call 9-1-1 or go to the Emergency Department. Check wait times at [EDWaitTimes.ca](http://EDWaitTimes.ca)

Vancouver Coastal Health is committed to delivering exceptional care to 1.25 million people, including the First Nations, Métis and Inuit in our region, within the traditional territories of the Heiltsuk, KITASOO-XAI'XAIS, LIL'WAT, Musqueam, N'QUATQUA, NUXALK, Samahquam, shíshálh, Skatin, Squamish, Tla'amin, Tsleil-Waututh, Wuikinuxv, and Xa'xtsa.



# In honour of our soldiers: Gordon William Olafsen

In a series about Richmond's poppy street signs, in memory of our fallen soldiers, we share the story of Olafsen Avenue.

Gordon William Olafsen was born on Aug. 14, 1922, his father, Guttorm Olafsen was from Norway and his mother, Barbara Henrietta Witzgier, was born in Germany. Their family lived at Second Avenue and Broadway and Gordon studied at Richmond High School from 1938 to 1941.

Gordon would leave school and begin working at the Canadian Fishing Company as an assistant line-man, after about a year he would enlist in the Royal Canadian Air Force on Sept. 16, 1942.

After enlisting, Gordon would train in Alberta, Saskatchewan, and Manitoba. Completing his training a year later, he would find himself in New York, prior to embarking on their journey to England on Oct. 8,



Screen grab from Google Maps  
A poppy engraved street sign of Olafsen Avenue.

1943 and arriving eight days later.

His arrival to England, would see him posted at the Royal Air Force base in Bournemouth, before he joined the #434 Bluenose Squadron.

Unfortunately, on Dec. 18, 1944, the Halifax aircraft

#NR118, one of the #434 Bluenose Squadron's planes crashed near the village of Pesche, Belgium during a raid against Duisburg, Germany. Tragically, Gordon Olafsen and four other crew members were killed in the crash, one crew member was saved. Gordon would be buried in the American Cemetery in Fosses, Belgium, before being exhumed and reburied in the War Cemetery in Leopoldsborg Limburg, Germany.

He was survived by his parents and four brothers; Robert, Ernest, and John who served in the Royal Canadian Air Force, and Norman, who was too young to join.

On Feb. 4, 1946, the City of Richmond made the decision to honour Gordon William Olafsen by naming a road after him. Olafsen Avenue can now be found west of the No. 5 Road and Bridgeport Road intersection.

**HAPPY HOLIDAYS**

**MLA Teresa Wat**  
屈潔冰省議員  
Richmond-Bridgeport  
列治文-橋港選區

Address: 300-3420 Granville Avenue, Richmond, BC TEL: 604-775-0754

**RICHMOND SENTINEL**  
OUR COMMUNITY NEWS

Published by  
**RICHMOND SENTINEL NEWS INC.**  
200-3071 No. 5 Road,  
Richmond, B.C., V6X 2T4

**Advertising & Sponsorship**  
marketing@richmondsentinel.ca

**Newsroom**  
newsroom@richmondsentinel.ca  
778-297-5005



**Download our app**  
from the  
App Store or  
Google Play Store.

# Piano student, 6, receives highest exam mark

Six-year-old Katrina Poon was recently awarded a gold medal from the Royal Conservatory of Toronto for her impressive piano exam mark.

Poon, who takes lessons at The Arts Conservatory from teacher and school founder Linda Shirley, received the medal at a Celebration of Excellence concert held at the Vancouver Academy of Music's Koerner Recital Hall in late October. Her Preparatory B exam score of 95 was the highest mark in that grade for all students in B.C. and the Yukon who participated in 2023/24 Royal Conservatory of Music exams throughout the year.

"Katrina continues to inspire me as a teacher because she is so passionate about her music lessons and about the pieces she is learning" says Shirley. "I

always look forward to her lessons and love it when she arrives with a piece I assigned the previous week and says, 'Can I play this one first? I love it. It's so beautiful.' Katrina is self-motivated and frequently practices on her own and goes to the piano without prompting often to just play and explore. Along with several other dedicated students, she is one of the reasons I continue to teach and won't retire."

At the Celebration of Excellence concert, Poon performed *Habanera* from Georges Bizet's opera *Carmen*, and set the mood for the famous Spanish story by wearing a black dress with a red rose in her hair. She loves practicing and performing and is proud of her achievement, adds Shirley.



Photo courtesy Linda Shirley

Six-year-old Richmond piano student Katrina Poon with her teacher Linda Shirley.



Monday to Sunday 8:00 am to 5:00 pm

info@agoldenride.ca  
236.777.2444

WWW.AGOLDENRIDE.CA

**A Golden Ride provides door through door personalized elderly senior transportation.**

**Our drivers are all security cleared/ vetted, professionally licensed, mature, responsible, compassionate and experienced.**

**You will have the comfort and security in knowing that you and your loved ones are delivered with professionalism door through door.**

**Providing Assistance & Transportation to seniors & persons with disabilities**

- One-way & Return
- Family Visits
- Companionship
- Groceries
- Medical Appointments
- Important Events

BLUNDELL  
CENTRE

MERRY  
CHRISTMAS

FROM BLUNDELL CENTRE

WHERE JOY AND FESTIVITIES COME TO LIFE!  
42 stores to celebrate the holidays  
Located at Blundell & No 2 Road





**Season's Greetings**

**WILSON MIAO, M.P.**  
RICHMOND CENTRE

604-775-5790  
Wilson.Miao@parl.gc.ca  
WilsonMiaoMP.ca  
7031 Westminster Highway #165  
Richmond, British Columbia

PROUD TO SERVE THE COMMUNITY OF RICHMOND CENTRE

**BOXING DAY WEEK**  
**SALE**  
DEC 26 - DEC 31 (REG HOURS)

**WIN Gifts! Help Fight Cancer.**  
All proceeds to BC Cancer Foundation

**UP TO 90% OFF EVERYTHING!**  
Min 25% unless Noted or Red Tagged

**IMPERIAL HOBBIES**  
VANCOUVER'S PREMIER HOBBY & GAMING SUPPLY STORE FOR OVER 30 YEARS

**6080 Russ Baker Way, Richmond**  
**604.273.4427** (near McDonalds)

**COME BY AND SEE US OR VISIT ONLINE!**  
Note: Christmas hours are from Dec 18-20 & 23 • 11am-7pm  
The winners will be announced on Jan 5

**IMPERIALHOBBIES.CA • ORDERS@IMPERIALHOBBIES.CA**

**the Maple residences**

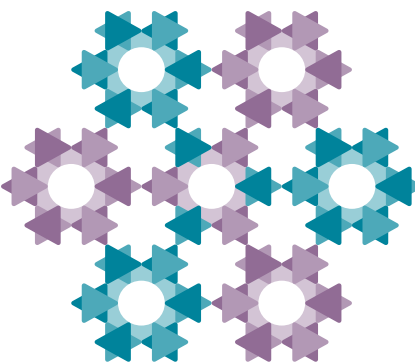
Seasons Greetings from all the Residents and Staff.



**THE MAPLE RESIDENCES**  
Independent Living in Steveston

604-277-4519 • [themapleresidences.com](http://themapleresidences.com)





# Richmond Christmas Fund



## Thank You to our 2024 Angel Donors!

Recognizing the caring companies and generous groups that have given \$10,000 or more, so families in need can share in the holiday spirit





# The Young and the Restless 50th Anniversary,



Photo courtesy Feldman PR

Cast of the Young and the Restless celebrates 50th anniversary.

By FLORENCE GORDON

Contributing writer

The *Richmond Sentinel* in partnership with *Our City Tonight* TV show and Jim Gordon (JG) were pretty excited to sit down with *The Young and the Restless* (Y&R) out of Los Angeles, Lauralee Bell (Christine Blair) and Michael Damian (Danny Romalotti) to honour Y&R celebrating 50 years on TV, 13,000 episodes and number one rated daytime drama for 35 years.

**JG: I'm very excited to have this super couple of daytime drama, Lauralee Bell (LB) and Michael Damian (MD). You know them as Christine (Cricket) Blair and Danny Romalotti. Welcome.**

LB: Thank you. We love that title super couple. It was so big in the 80s and even in the 90s. And now, nobody really uses it other than, say supermodel. When we were presenting at the Emmys last year, it was part of our intro and we liked it.

**JG: In all seriousness, you are one of those couples. Lauralee I'll start with you, you're both well-liked actors, who at the time of taping are happier than ever before. What is this enduring love that fans have for your characters?**

LB: I think young women would root for me as Cricket was a little bit younger than Danny and they imagine themselves trying to date Danny Romalotti. It was like, is this even possible? There were groupies everywhere. Our story started off as a friendship and in time, he asked me out on a date, and then he sang love songs to me a few 1,000 times, and from there it just progressed.

**JG: Michael, jump in here, because I think the fans have grown up with you. What is it in your opinion, about these two people that we just love and want to**

**see together no matter what?**

MD: Well, I think that what Lauralee said is right. These two roles that William Bell, Lauralee's dad created was brilliant. He created these two characters and the storyline that had this amazing arc and full of so much fun. And there were so many spontaneous scenes that felt very organic and when we've watched them back because sometimes they'll put them up on social media, we're thinking, wow, do you remember that scene? That was the part that made it really fun because it was

spontaneous.

To give you an idea of a funny spontaneous scene, I was rehearsing with the band at the studio and there's somebody hammering. I stopped singing and the hammering stops, I started singing and then the hammering starts again and then we realized it's Cricket in the back banging to our music. That was a funny scene and you know, they had to put that in because that's reality. It was the silly stuff that people really got to like.

The writers put in a lot of beautiful romantic scenes like in *Lady and the Tramp* we shared a pasta noodle. It all evolved around just a great love story, as you can only have so much drama and so much heartache so I think our romance really spoke to the people.

**JG: Yes, I think that's it. And, your fans are all now of a certain age where we don't have time in the episodes to get into hairstyles.**

MD: Don't get me started on hairstyles. Lauralee's dad called me into his office and I thought it must be something important. Mr. Bell said "can you please get a haircut."

My hair was so big – do you remember how big my hair was?

**JG: Yes, we were all trying to wear our hair like you Michael back then.**

MD: When I watch those episodes now, Lauralee's dad was so right. I mean what was wrong with me? I had a mullet.

**JG: One of the things that I always make a point of asking actors who are on daytime, nighttime, long-running shows or long-running franchises on film is that, how do you keep it together, especially in daytime where it's like a fitness center? How do you keep it fresh?**

**Obviously, you both really know the characters that you play really well, but is there an energy between you and the writers after all these years and is it a challenge as an actor to keep it fresh.**

LB: Well, in terms of freshness, last week we were very tight on time and it was like "guys, we're going straight to tape." So I mean, talk about a freshness, like I just learned my lines last night or the night before and now we're going straight to tape. There's just this adrenaline rush with the speed that we have to maintain.

Even though it's the same character, you're getting a new script constantly. So the freshness is there. Once we perform our lines then we have to press delete and tonight we have a new script to learn.

MD: It's very difficult to learn two shows at the same time by that I mean if we film two episodes in one day.

LB: There are times where we have shot two shows in one day. For me if there



Young Cricket & Danny.

Photo courtesy Feldman PR



# 13,000 episodes, 35 years No. 1 daytime drama

is legal stuff, I have to really make sure that people know that I am clear on what I'm talking about. People will come up and ask me for legal advice in public so it can be pretty interesting. You don't just sit in front of law books for 20 years and not learn something, right?

**JG:** *We should also say, all modesty aside, talking about being on the show a long time I was reading the other day that when you did a crossover appearance on your, I guess I'll call it your sister show, The Bold and The Beautiful their ratings went up, thanks to decades of filming and the fans.*

**LB:** That's very kind to point that out. We do have the best fans. We feel very lucky to have a group of followers. Like when there were fan clubs back in the 90s there was one fan club called the Bug Squad because I was called Cricket (nickname).

There was a lot happening at *The Bold and The Beautiful* and the message we received was "you guys are coming over, it's going to be so fun, and will you be bringing over some Y&R people?" Of course we didn't know. And people definitely



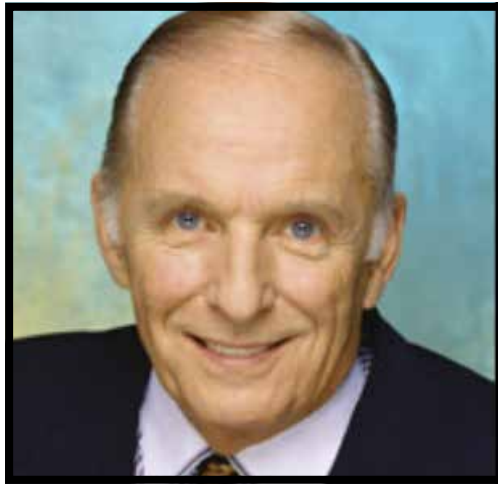
Photo via @therealmichaeldamian  
Danny's hairstyle.

came through for us, so we really thank them and appreciated that.

**JG:** *Having covered the Kate Linder (who plays Esther) charity tea in Vancouver for many years up until COVID, I've seen the fans up close. They are very passionate fans and they also really speak their mind about certain things, when it comes to your characters.*

*I want to mention just a few more things before we wrap up. Some people may not know that you both professionally are award-winning artists in a lot of different fields. A lot of my friends who watch your show also follow everything you do Laura Lee online. I think fans love to see what's going on behind the scenes.*

*And Michael you are doing a lot of writing, pro-*



Photos via Wikipedia

**William and Lee Bell created Young and Restless.**

*ducing and directing of shows. Michael, I've got to give you kudos. Many years ago when I was a DJ in a bar you accomplished something which is not a guarantee, and that is to take a classic song, do it again, make it your own, and it's still good. I'm talking about your number one Billboard hit with Rock On. So congratulations on that.*

**MD:** Thank you. I'll sing it for you later when we go off the air, OK?

**JG:** *OK, thank you. And Laura Lee, I have to mention the legacy that you have with your folks. Your late dad and your late mom, they created this show Y&R.*

*Your dad was a pioneer in daytime TV in terms of revolutionizing storylines. But I want to make a note of this because I've always known this, but I don't think a lot of people know this. Your mom was Oprah before Oprah was Oprah. And I'm talking about your mom's TV celebrity status in Chicago.*

**LB:** It's funny because everyone associates our family with the TV shows, of course. But in Chicago, as an example on a Sunday afternoon, I would just want to go to the mall with my mom and buy a sweater for school. We couldn't go anywhere without people stopping her. And she was so gracious that she would never say, "I'm so sorry, I'm with my daughter." She would stop, find out where they were from and answer their questions.

She was amazing. Every time a celebrity would come through Chicago, she had them on her show, guests like Marilyn Monroe, Presidents and even the cast of Star Wars. I thought she was super cool that day when Princess Leia was on her set. My mom was incredible.

And then when we moved out to California for my Dad to pursue his career and in daytime TV show, *The Young and The Restless* my mom had to give all that up. It's like a huge regret of mine when I think back that we asked her to do that. But she

was the mom.

**JG:** *How many years did your mom have her show?*

**LB:** I believe it was close to 30 years and back then you wore many hats, she hosted the show, then she'd rush over to do the commercial and I remember one commercial Sarah Lee Cake and her name was Lee and my name was Lauralee and the sponsor was Sarah Lee. And then she'd rush back to the set and say "and now were back with President Gerald Ford" it was amazing times.

**JG:** *Everyone back then had to do the show and commercials even Johnny Carson.*

**LB:** Yes, she was amazing. And I love it when fans on Instagram say, hey I'm from Chicago and I remember your mom.

**MD:** Are her shows on YouTube? If so I want to see them.

**LB:** They are, I'll get you the link.

**JG:** *I know you are very busy and we've managed to not talk about storylines. I'm sorry to our fans out there, but we cannot give away any upcoming storylines, but I want to say this - this is the tagline, folks.*

*Does Danny make it home in time to ring in the new year with Christine? I want to get this right for the Canadian market.*

We want to say to the viewers watching in Canada that you can check this important moment out December 27 and 30. If you are like a lot of my friends, who watch the US feed, you can check the airings out December 30 and 31. Thank you both for joining us today, and we look forward to seeing everything that your characters do next year.

**LB:** We appreciate this so much and we just want to say we love our Canadian fans, we are so grateful to all of you.

**MD:** Yes, thank you also to our many Canadian fans.

**JG:** *To watch the video interview in full go to richmondsentinel.ca/videos*

*In their own words...*

## How bike lanes can bring us together



**Alexa  
Loo**  
Councillor

If you are trying to heat up the conversation at a dinner party, start talking about bike lanes. No one is ambivalent, everyone has an opinion.

We can all agree that traffic is worse than ever, and something needs to be done. It sure makes it easier for people to choose to take a bike if they feel our bike routes are safe and efficient. Creating more bike lanes while ensuring they connect to each other and to where our residents want to go, is a win for everyone.

Here in Richmond, we've been effective at increasing our bike lanes and multi-use paths without sacrificing lanes for traffic. In some cases we've given roads a "diet" by narrowing lanes a little, and using that space for multi-use paths to improve safety and capacity to move more people.

We have a goal that 10 per cent of trips will be made by bike by the year 2030. To achieve this, we have a comprehensive, multi-pronged plan. From now to 2036, 77 infrastructure projects are planned with an

average of six per year. By spreading out the delivery of the projects, we are able to secure funds from TransLink and other levels of government to cover partial costs.

Numerous Council policies are focused on making cycling safe and amenable.

These include:

- Speed limits on the Railway Greenway, and new lighting in key areas of the Greenway for evening hour travelling
- Minimum bike parking requirements for new multifamily housing
- New developments requirements to have charging facilities for e-bikes as well as end of trip facilities - like shower and repair facilities.

• A pilot program to repair as many bikes as possible of the approximately 500 that are brought to the recycling depot each year. We'll be connecting these bikes to people in need.

• Funding a program that ensures Richmond students, during either grade 6 or 7, receive in-class education on bike safety training and street ride education. Our Granville Bike Park boasts an all-ability pump track for riders to develop and hone their bike skills.

• Our multi-use path network is extending and connecting existing routes throughout the City. You can see our cycling plans here: [richmond.ca/bicycleplanning](https://richmond.ca/bicycleplanning)

A high school physical education teacher



told Council that many students return to school after summer break with lower fitness levels than when they left for the break. This means that they are getting more physical activity during a school day than on summer break. Connected bike lanes can help our youth safely get out and about in Richmond, together with friends and family, and build fitness and resilience.

Beyond getting from A to B, cycling in Richmond is a fun and healthy way to connect with our cultural and historic sites, as well as family and friends.

Richmond has over 50km of trails and many fun rides that range from 20 minutes to 3 hours. Visit this link and who knows, you may discover somewhere you haven't yet explored! [richmond.ca/trails](https://richmond.ca/trails)

## City of Richmond Council Meetings Calendar

The City of Richmond Council and Committee Meetings are available online. Watch live or view previous meetings by visiting [richmond.ca/WatchOnline](https://richmond.ca/WatchOnline).

For further information, meeting schedules and assistance in participating either virtually or in person, please visit [richmond.ca/CityHall](https://richmond.ca/CityHall) or contact the City Clerk's Office at 604-276-4007 or [CityClerk@richmond.ca](mailto:CityClerk@richmond.ca).

**Dec 17 | 4:00pm**  
**Planning Committee**

**Dec 18 | 4:00pm**  
**Special Council Meeting followed by Public Works & Transportation followed by Parks, Recreation & Cultural Services**

**Jan 7 | 4:00pm**  
**General Purposes Committee followed by Finance Committee**

**Jan 8 | 4:00pm**  
**Planning Committee**

**Jan 13 | 7:00pm**  
**Council Meeting**  
**Jan 14 | 4:00pm**  
**Community Safety Committee**

**Jan 15 | 3:30pm**  
**Development Permit Panel**

**Jan 20 | 4:00pm**  
**General Purposes Committee**

**Jan 21 | 4:00pm**  
**Planning Committee**

**Jan 22 | 4:00pm**  
**Public Works & Transportation Committee**



For meeting agendas and reports, visit [richmond.ca/CityHall](https://richmond.ca/CityHall). Meeting schedule subject to change

Visit [richmond.ca/WatchOnline](https://richmond.ca/WatchOnline) to link to live streaming or watch archived video.

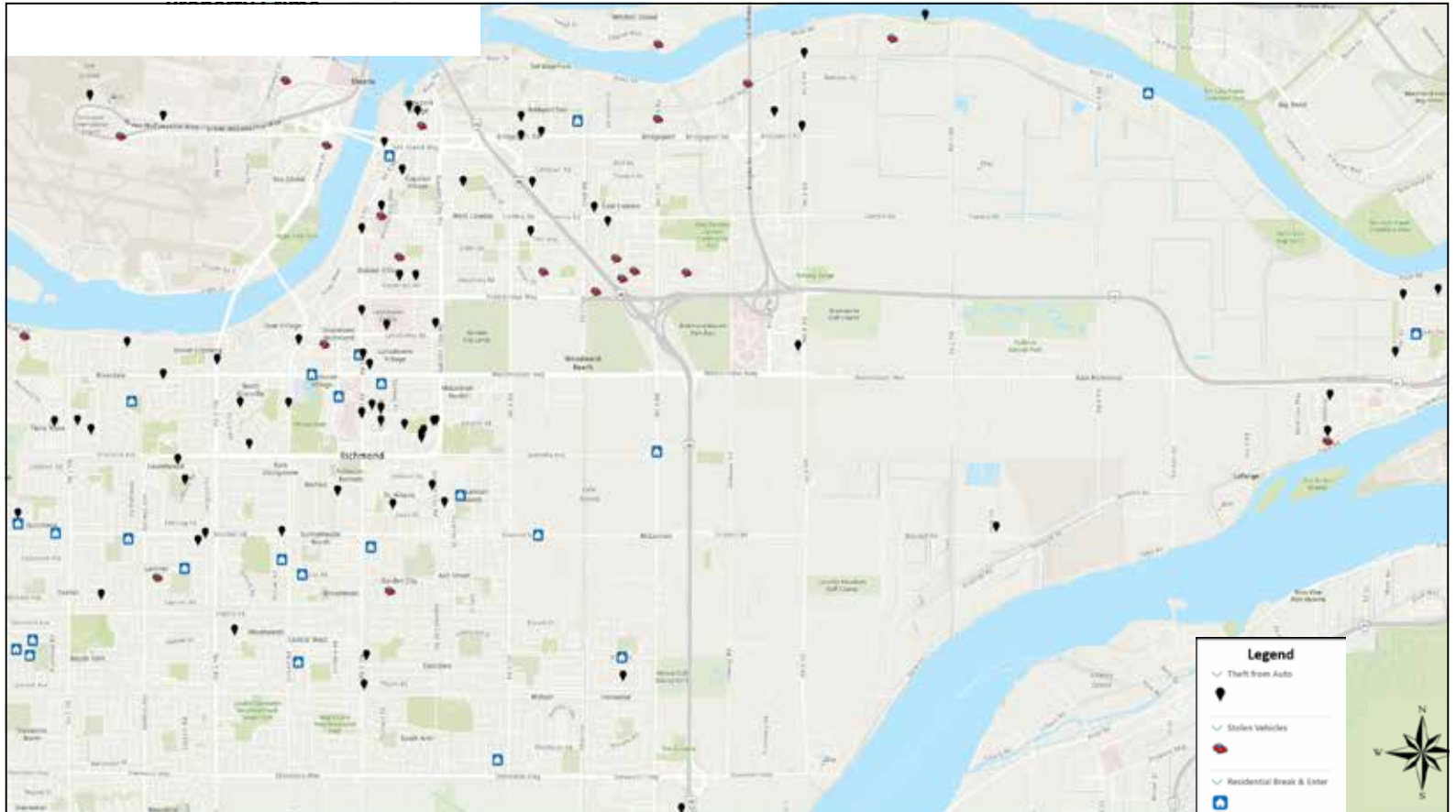






# RCMP

## Crime Map Nov. 1 - 30, 2024



## Richmond RCMP Toy Drive breaks records

Richmond RCMP proudly announces the record-breaking success of its 10th Annual Toy Drive, hosted on November 23 at Lansdowne Centre. Community generosity reached new heights, with \$33,419 raised and 2.5 tonnes of toys donated, in support of the Richmond Christmas Fund, another program of Richmond Cares, Richmond Gives.

Event highlights:

- VIP ball hockey games featuring the Richmond Sockeyes, RCMP officers, and community leaders.
- Family-friendly activities, including photos with Santa and mini donuts for donors.
- Complimentary tickets to a Richmond Sockeyes game for all participants.

"The community's support has been incredible. Every donation will brighten a family's holiday season, making this milestone year unforgettable," quote from Superintendent Julie Drotar, senior operations officer.

"With the growing need in our community, events like this highlight the power of collective compassion. Thank you to everyone who contributed," quote from Ed Gavsie, president and chief executive officer of Richmond Cares, Richmond Gives.

Looking forward

The Richmond RCMP Toy Drive has become a cherished tradition, ensuring all families in Richmond have a reason to smile this holiday season. Stay tuned for future events where we can make an even greater impact together.



Photo courtesy Richmond RCMP

Richmond RCMP announces record-breaking success of 10th Annual Toy Drive.

# Asphalt Paving Advisory

April 20 to November 30, 2024

The City of Richmond has contracted Save On Black Top Ltd. to grind and pave the following locations in Richmond **from April 20 to November 30, 2024.**

PROPOSED 2024 PAVING LOCATION DETAILS
No. 6 Road (Bridgeport Road to Cambie Road)—Bridgeport Road intersection not included. Cambie Road Intersection included
Cambie Road (Shell Road to No. 5 Road)—Intersections included
Bridgeport Road (Viking Way to Sweden Way)—Intersections included
No.4 Road and Alderbridge Way Intersection
Westminster Highway (Gilbert Road to No. 3 Road)—Intersections included
Beckwith Road (Sexsmith Road to Smith Street)—Intersections included
Blundell Road—(No. 4 Road to No.5 Road)—No. 4 Road Intersection included
No. 1 Road (Francis Road to Blundell Road)—Intersections included
No. 1 Road (Westminster Highway to Granville Avenue)—Intersections included
No. 6 Road (Bridgeport Road to Vulcan Way)—Intersections included
Shell Road (Steveston Highway to Williams Road)—Intersections included
Vulcan Way (No. 5 Road to No. 6 Road)—Intersections included
Garden City Road (Cambie Road to Bridgeport Road) —Intersections included
No. 5 Road (Seacliff Road to Kingsbridge Drive)—Intersections included
No. 3 Road (Alderbridge Way to Capstan Way)—Intersections included
Burkeville Subdivision includes Catalina Crescent, Douglas Crescent, Hudson Avenue, Boeving Avenue
Kwantlen Street (Alderbridge Way to Alexandra Road)—Alexandra Road Intersection included
Machrina Way (Horseshoe Way to No. 5 Road)
22000 Block Westminster Highway (MOTI—McLean Avenue) including McLean Avenue Intersection
Knight Street (Southbound Lanes from Bridge Deck to 50m South)
Knight Street South Bound On and Off Ramps at Bridgeport Road
Steveston Highway (Westbound Lanes from Shell Road to No.5 Road)—Intersections included
Shell Road (Bridgeport Road to River Drive)—Intersections included
Shell Road (Hammersmith Gate to Steveston Highway)
Jacombs Rd (Cambie Road—Bathgate Way)—Intersections included
Bathgate Way (Sweden Way—Jacombs Road) Intersections included
Hammersmith Gate (Shell Road to Hammersmith Way) Intersections included
Leonard Road (Ryan Road to Williams Road)—Intersections included
Maddocks Road (Aintree Crescent to Shell Road)—Intersections included
Boundary Road (Thompson Gate to Westminster Highway) including Thompson Gate intersection
Blundell Road (Sidaway Road to No. 6 Road)—Intersections included

Work hours will be 7:00am to 10:00pm on weekdays, and 7:00am to 8:00pm on weekends. Night time work hours will be from 7:00pm to 5:00am. (typically).

Traffic will be reduced to single-lane and there may be temporary lane closures. Delays may occur. The use of an alternate route is strongly encouraged.

This work is weather dependent and dates are subject to change without notice.

The scope of the advertised work may be adjusted or cancelled in line with available funding.

Questions may be directed to Wasim Memon, Supervisor, Engineering Inspections, at **604-276-4189**, or visit the City's paving program web page at **richmond.ca/paving**.



Photo by Sophia Khatami

Left to right: Will Kump, director of hockey operations, Armaan Kaila, Nick Kovich, forward; Nathan Gray, defensemen; Max Shin, forward; Beaudy Beaudin, forward and Cullen Revel, head coach.

## Sockeyes send five to prospects game

By STEVE ERICKSON  
Contributing writer

With two games remaining in November the Sockeyes played host to the Coastal Tsunami in a contest in which they dominated from the opening period managing to pull off a 6-1 win while outshooting the visitors by a 38-15 margin. Alex Kielmann opened the scoring on a power play at 4:38 of the first, followed by a goal from Bryce Standt at 19:26 taking a 2-0 lead to the dressing room after the first period.

Max Shin notched his 15th of the season at 6:20 of the middle period in a contest that saw the teams trade penalties in the first period while the Tsunami took two in the middle period to the lone minor for Richmond.

The third saw the visitors get on the board only to allow the Sockeyes, Max Shin get a pair in the third to for his second "hat-trick" of the season while Nicholas Noren got his 20th goal of the season at the 12:00 minute mark.

While the game saw a fast-paced action it was obvious that the power-house explosive play of the Sockeyes was no match for the visiting squad from the Sunshine Coast in a period that kept the officials busy throughout the final twenty minutes. Regardless of the chippy play in the third period the Sockeyes skated away with the three stars with Max Shin named first star, Bryce Strandt second star and Nathan Gray named third star.

A short two days later saw the Sockeyes visited Mission City stealing a 9-1 win in a contest that again saw the Sockeyes dominate the contest outshooting Mission by a 54-23 romp. Next up was a trip to take on the

struggling Kodiaks who have yet to win a game to date that saw the Sockeyes manage a 6-1 win outshooting the home squad by a 63-16 tally.

This year again saw the PJHL host what has become the Annual BCHC Prospects game in a contest that has players from the Kootenay International Junior Hockey League (KIJHL) and the host league. For the second consecutive season the PJHL pulled out the win in a game that saw five Sockeyes selected to the team with Sockeyes Head Coach Cullen Revel behind the bench as well as Director of Hockey Opps & GM Will Kump named to the squad.

It's never easy to select players for a game of this magnitude that saw Beaudy Beaudin, Armaan Kaila, Nick Kovich, Max Shin and Nate Gray named to the roster all of which are prominent selections. Between the five they have managed a commanding 52 goals to go along with 57 assists which by any stretch has the Sockeyes playing exceptional hockey.

December sees the return of the Food Hamper Collection for all three home games prior to Christmas as well as the Annual Teddy Bear Toss which is always a fan favorite. This is when fans get to throw their "Bears" on the ice following the first goal the Sockeyes score in the game which is not only huge for the Sockeyes but also everyone attending looking to cheer loud and long after the first goal is scored. If you're craving more hockey the Sockeyes again host the Annual PJHL Winter Classic at Minoru from December 29 to the 31.

*The Richmond Sockeyes wish you a very Merry Christmas and a Happy New Year as we enter into the second half of the season.*





**Douglas James Scammell**

## Fashion For Men - Mix & Match

*The Richmond Sentinel welcomes Douglas Scammell to the team. In reviewing Douglas' portfolio there are no words to do this man justice with his fashion expertise from his traditional business attire to his classy casual style. If you're just starting out in the business world Douglas' experience will help with your wardrobe choices.*



A basic black or navy suit can be dressed up with accessories or just by adding a vest. With the addition of a grey suit you can easily turn your wardrobe into four outfits by *mix and match*.

With COVID-19 came the lifestyle of working at home and putting our business wardrobe away, replacing it with the comfort of track pants and t-shirts. Once it became safe to return to the office and to a social life we needed to re-think about re-vitalizing our wardrobe, ditching the track pants and getting a much needed hair cut. Today's reflection in the mirror is an image you once knew before Covid.

In looking through many photos taken over time, I hope that I have demonstrated the fun you can have mixing and matching a wardrobe. If budget is part of the equation then shop for summer items in the fall and winter items in the summer. You will often pick up quality items at affordable prices because the retailers want to make room for new inventory.

I believe that we need to get out of that casual mindset and reap the rewards of fashion. If you put the effort into your appearance you will feel more confident and people will be drawn to you.

Investing in your wardrobe is a boost to your personality in a positive way. I'm not saying you need to put on a three-piece suit to feel good but whatever your career is then make sure your wardrobe choices make you look good, then you'll feel good.

I like to refer to fashion that never goes out of style when picking a style worn by fashion icons like Cary Grant or Sean Connery or Frank Sinatra. They were all fashion icons in their own right and no matter how often designers change up the style over the years the classics seem to survive.



Photo via wikimediacommons.ca

Some style tips include a single breasted grey suit. This is probably the most versatile suit worn all year. When adding a second suit I personally



like navy, that way you can *mix and match* the two suits using accessories giving multiple looks.



Another traditional look is a dark brown suit with complimentary accessories.



Photos via @Deejay.dj

For dress shirts I like to keep it simple choosing white or light blue. The shirt is your canvas that allows many complimentary choices when adding a favourite tie and pocket puff.



# OUR CITY *tonight*

**SPOTLIGHT ON  
A GREAT MOVIE &  
A COZY DESTINATION LOUNGE**



Photo courtesy Paramount Pictures  
The Taro Group

## THE VIEW – September 5th

It was one of those moments in time that forever changed television and media coverage. The setting is 1972, and ABC Sports is settling in to cover the Olympic Games in Munich, when suddenly gun fire is heard coming from the Athlete's Village.

Within minutes the sports coverage is replaced by live coverage of a hostage taking. The victims: a group of Israeli athletes. The new film, *September 5th*, follows the ABC team, led by legendary TV executive, Boone Arledge (played by the always superb, Peter Sarsgaard), as they cover this tragic event minute by minute – while back in New York, worried network executives are demanding that the news department take over from sports.

In Munich, the focus for the ABC team was maximizing the technology of the time (it's amazing what they do with so little compared to today's standards) to cover this tense, high stakes, life-threatening event, while questioning at times how much "live" coverage to show to a viewership that was growing worldwide by the hour.

A solid supporting cast includes Ben Chaplin, John Magaro and Leonie Benesch as the young German interpreter who quickly becomes a vital part of this landmark moment not only in TV history but also 20th Century history. *September 5th* is in select theatres now and nationwide January 17. [paramountpictures.com](http://paramountpictures.com)

## COZY DESTINATION – THE LIBRARY BY THE MACALLAN at Four Seasons Resort and Residences Whistler

If Whistler is in your plans this winter, we highly recommend that a few hours be put aside for the new whisky lounge at the

Four Seasons Resort called *The Library by The Macallan*. They opened last month, and we found this warm and inviting spot to be the perfect place for a late afternoon cocktail, or pre- post dinner. *The Library* features an open fireplace, elegant and intimate seating, and bespoke bar accents, creating a sanctuary of sophistication and warmth (this is where you want to be after a day on the slopes). Having partnered with The Macallan, one of the world's most iconic single malt Scotch whisky brands, this is clearly a perfect match for whisky enthusiasts.

*The Library* also features one of the largest collections of The Macallan in Canada, including the M Collection and rare limited editions. Guests can pair their whisky with snacks, including Kaviari Caviar served with gaufrette potato chips. They also offer two zero proof mocktails. The Library is open daily from 4 p.m. to 10 p.m. [fourseasons.com](http://fourseasons.com)



Photo courtesy Luis Valdizon



Photos courtesy Erik McRitchie



# Vancouver based artist brings positive affirmations

**O**ur City Tonight sat down with Canadian award-winning jewellery designer Sonja Picard. Sonja has been a professional full-time artist since 1990. She's also an international teacher, an artist, a jewellery designer, and her work can be found displayed or for sale in some of the most exquisite international spas and boutique stores. Her clients are visionaries, celebrities, and simply those who seek connection and expression of their heart through their adornment.

**OCT: We have been aware of your jewellery since the 1990s and have showcased your jewellery on the show since the very beginning when we started airing. Can you share with our readers how you got started in the jewellery and art business.**

SP: I was studying the philosophy of yoga, and wanted to create wearable mantras. The work kind of snowballed from there. I started designing in silver and from there started designing in gold. I created a service called Recycle Your Love and I see it as a magical service. I sit down with clients and their old heirloom pieces and together we talk about how this jewelry came into their lives, or how they became the custodian of these pieces.

We talk about the stories behind each piece and to be honest sometimes those stories are not so good and sometimes they're very good stories. We are always able to find the symbology that we want to celebrate, and it involves really looking into the past and then into the present and even further into the future. I will find the right words and will give my clients a meditation and from this, they can choose their own words to inscribe inside a rings or other pieces of jewelry. Ultimately, it becomes a very powerful piece of jewellery for that person to wear, and it really celebrates their life on all facets.

**OCT: We have personally participated in your Recycle Your Love program, by having jewelry and even an engagement ring designed by you and there is such positivity associated with wearing these pieces along with the many compliments...Sonja, you always have an evolving business with some projects that you're constantly re-creating to keep your designing business fresh. We understand that you still keep the old services available for your loyal clients and for new clients since these services remain popular. However, I understand that you have a new project that you are passionate about. Please tell us a little bit about that.**

SP: I certainly do. As you know, artists are moved by all kinds of emotions. This new project is called Affirmation Love Notes. It started due to all the wars



Sonja Picard creates uplifting art.

Photo courtesy Sonja Picard

over the last recent years, and it became apparent that the social media landscape was becoming really negative. I became very depressed myself and was really seeing and experiencing that the way we communicate with each other was creating a lot of divisiveness.

People were agitated towards one another, so I really wanted to find a way to bring back positive words and for people to share positivity towards each other again. I do realize I'm just a little drop in the ocean, but basically, I wanted to make pieces of jewelry that people could wear that had a positive affirmation written on the back.

This is an art form to remind ourselves that what we say has an effect. That words really do have the ability to hurt somebody and sometimes that hurt can last a whole lifetime. But then words of encouragement also have the ability to uplift us, and that was truly my passion to share so moving forward, this is a new and satisfying platform for me.

**OCT: You have 30 years' worth of mysticism knowledge, and you express this in the making of your jewellery as well as in your art. Your pieces hold a lot of strength and meaning for the wearer. And speaking of meaning, tell us a little bit about your newest art project.**

SP: One of the symbols I have been painting is the eight-arrow heart. When you look at this heart, you can recognize that it is the symbol of love going in all directions. I have created jewellery as well as art in many different forms, and I encourage the clients to determine their own affirmation. This is kind of like placing graffiti in the middle. So maybe it might be something from a marriage proposal or something that they want to remind themselves of every day. Perhaps you want to manifest love, and I've even been finding words in songs to place in the jewelry or the paintings. This would be words like Crazy in Love or all the different song titles that are out there and things that we remember that really mark something in our lives. And so, I want to create these memories, images, and associated symbology that remind us to stay focused on a positive and uplifting track.

**OCT: How can people find out more about the Sonja Picard Collection or how can they get in touch with you?**

SP: Anyone can go to my website which is SonjaPicard.com and there you can find all of my art and jewellery displayed. You can also make an appointment with me here in Vancouver to either meet in person or to speak online.

To watch the video interview in full go to richmondsentinel.ca



RICHMOND SENTINEL SPONSORS

**OUR CITY TONIGHT**  
JIM GORDON & LEETA LIEPINS

airing on CHEK TV Sundays  
at 10:30 a.m.  
and 12 a.m.

Novus Entertainment

DAILY





## RICHMOND'S NEWEST SENIOR LIVING COMMUNITY



Independent Living, Assisted Living and  
Full Care Suites available

**MOVE IN TODAY!**

Call our Sales & Leasing Team at  
**604.214.5700** or [sales@hhsr.ca](mailto:sales@hhsr.ca)

*Exceptional Senior Living*

**hhsr.ca**  
23100 Garripie Avenue, Richmond B.C. V6V 0B9