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VOL.1 ISSUE 8

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Mid-June 2017

NEW BEGINNINGS

Six families will rise from Habitat
for Humanity's Ash Street project



Anita Cheong, Magnum Projects, Ltd., making foundation ladders.

photo by Chung Chow

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Strawberry season 2017: short but sweet

By LORRAINE GRAVES
@LGsentinel

Bill Zylmans sits in the farm office in his overalls and gum boots.

It's been a wet spring.

Sandra Zylmans, his wife, sits at the desk, getting quotes on portable toilets for the fields.

Farmers work all the time, rarely stopping, even for an interview. After such a long, soggy spring, it's finally strawberry season.

"It was such a long cool wet winter and spring so the season's going to be a little shorter so the size of the berry is going to a bit smaller but it still has the flavour, texture and juice content," says Bill.

Berries picked green, for durability in shipping, while terribly firm, have less flavour and scent. Berries picked at the peak of ripeness, are



photo by Chung Chow

Bill Zylman, long time Richmond/Ladner farmer.

just the opposite.

Bill says when people get to their No. 8 Road and Westminster High-

way farm to buy strawberries "what they notice first is the smell of the berries."

The great smell comes from berries picked ripe and sold fresh.

"Our heritage is that we only sell what we grow, we only sell our own produce. My mother started that and we carry on that tradition," says Bill.

When planting the strawberries to harvest the next year, Bill says he always chooses the "varieties that have the most flavour and the most juice content."

This year, they are growing four varieties that each ripen at a different time, Honey-eye, Puge Reliance, Totem, and Ranier.

Even though the strawberries will be ripening over the season, the season will be very short this year, warns the whole Zylman family.

If you desire fresh, flavourful strawberries, better buy them soon, before they're gone until next year.

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Habitat's home gives hope to Rai family

By LORRAINE GRAVES
@LGSentinel

At the official launch of Richmond's Habitat for Humanity last week, Sharon Rai, the mom of the family of five going into the house in the middle of the development, spoke about what the project means for her family.

"It's overwhelming. The children are really overjoyed, especially Caleb."

Caleb, a Grade 11 student at Cambie Secondary School, has Duchenne Muscular Dystrophy. At birth, he was a typical child. Today, at age 17, he's in a motorized wheelchair.

Originally from Singapore, the family chose Richmond for its weather.

"I was pregnant with Caleb when we moved here in 2000 from Ontario," says Sharon, "but that was just when housing prices started to go up so we couldn't afford to buy."

Caleb is their middle child. Aged 24, James is the oldest. He helps with Caleb, goes to school while also working at a homeless shelter.

"James plans to stay at home long term so he can keep helping me out

with Caleb," Sharon says.

At 15, Ruth is the youngest of the family.

"All three of my children have a really strong bond with each other," says Sharon.

While father, Jeff, is now on disability, Sharon works full time at the BC



photo by Chung Chow

The Rai family will be one of the occupants of homes built by Habitat for Humanity. Back (L-R) Jeff and Sharon Rai, front (L-R) Ruth, Caleb and James Rai.

In one instance, they'd signed a one-year lease but the landlord gave them notice to move after six months because he had family arriving who needed the home.

The places that the Rai family could afford presented challenges.

Their home in 2014 was less than advertised. Not only did the landlord not put in the promised ramp for Caleb, basic maintenance wasn't done.

"It turns out, the deck was broken, my 12-year-old daughter fell through and hurt herself," says Sharon.

Calling Caleb "the sunshine, the brightness in our life," Sharon sought more physical help for Caleb at school when he was eight.

Sharon made the circuit of all the people who might be able to advise her on what to do. Along the way, someone suggested her MLA, Linda

Reid, a former teacher.

Sharon says Reid told her, "you are his voice. You have to fight for him."

Reid taught Sharon how to advocate even more effectively for Caleb to get the help he needed.

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Student talent shines bright at RichCity Idol

By LORRAINE GRAVES
@LGsentinel

When her name was announced, RichCity Idol 2017 winner Marielle Namuco crouched down, hiding her face in her hands, as the audience outdid itself.

After an evening filled with boisterous applause, an even louder roar of enthusiastic joy erupted as balloons tumbled down to the stage.

With a "Back to the '80s" theme, the evening in the full-to-bursting Richmond Gateway Theatre kicked off with a happy burble of excitement as the vibrant '80s music amped up the energy of this all-student production.

The first great roar from the crowd came when the hosts, Adelaide Chan and Chloe Chan, welcomed everyone to the 2017 show.

Another roar greeted the parting of the curtains as the show started with an enthusiastic choreographed version of all nine contestants singing, "Love Never Felt So Good," continuing the '80s theme.

The contestants, representing the winner from each of the nine high schools in Richmond, sang and danced their hearts out while the judges based their scoring on musicality, charisma, and originality.

Jasper Ladores from Cambie Secondary kicked off the performances with "Can't Take My Eyes off of You," accompanying himself on the acoustic guitar. His strong finish caused the room to erupt in cheers.

Angela Serias from McNair Secondary sang second. Judge and RichCity Idol voice coach, Jessica

Zrally, said: "Your stage presence is amazing. You should be super proud."

Maria Deng, the Grade 11 student representing Richmond Secondary chose, "All at Once" by Whitney Houston.

Of her, the judges said, "You completely owned it"

Palmer's Samuel Fernandez followed with a Bruno Mars song.

When Fernandez started to dance as well, the audience once again erupted enthusiastically.

During Burnett student and winner Namuco's performance, each time she reached the musical bridge, the room erupted in enthusiastic cheers.

Of the eventual winner, the judges said: "When the light didn't come on for a second, you handled that like a boss; you didn't let it throw you off your game at all."

While another judge said: "You are in my opinion the highlight of tonight. You have a fantastic voice."

Mark Cam from Steveston-London graciously thanked everyone including the backstage crew before he began to sing.

With a fedora tipped back on his head, sitting at the piano, Cam played with confidence while he sang Michael Jackson's "Man in the Mirror" as a rueful ballad of self-discovery. The room roared and clapped as he finished.

Judge Bruce Nip said: "You can rule just about anyone with that performance. I've never seen a performance tonight that told a story. You did a wonderful job."

While another judge said, "You know how Man in the Mirror was an upbeat song; I like how you turned it into a ballad. You did a really good



photo by Evian Yang

RichCity Idol 2017 had a "Back to the '80s" theme.

"Huge bonus points for you, for your connection with the crowd," one judge said.

McRoberts' Megumi Randall started her song, "Desperado" sitting on the edge of the stage.

"There's so much confidence, maturity and beauty in what you did," said one judge.

Then Vivian Wu from MacNeill performed with power and soul. Of her, one of the judges said: "You look like a diva and feel like a diva. Your confidence was 100 per cent."

job."

The first half of the evening closed out with Grade 9 McMath student Audrey De Boer, the youngest of the evening.

Carrying on the '80s theme, De Boer rocked the joint with "Somebody to Love" by Queen.

Starting her performance quietly backlit, De Boer gradually amped it up, engaging the audience which spontaneously clapped along.

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OUR COMMUNITY NEWS

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photo by Marc Parayno

Burnett’s Marella Namaco won RichCity Idol 2017.

RichCity Idol

From Page 4

The loudest cheer of the evening blasted from attendees as she finished her number.

Judge Johnson went first. “That was a flawless vocal performance.”

Another judge said: “It’s a great way to end this first half. You have a great voice, with those huge powerhouse vocals.”

The judges then gave their choice for the five finalists: Deng, Cam, Randall, Fernandez, and Namuco.

The audience then voted, whittling the five down to the final three.

At the end of intermission, as student volunteers

tallied the audience votes, MacNeill trio danced with enthusiasm and skill, the Steveston-London Dance Team wowed with their moves and precision, and last year’s RichCity Idol winner, Patrick Doctolero, performed to an enthusiastic reception.

A short series of speeches outlined the work done by students to put the entire production together, citing the three pillars of RichCity Idol: Music, community and leadership.

After the two RichCity Idol scholarships were awarded, the judges announced the audience choice for the three finalists.

Then the three huddled together while the judge’s final rankings came out.

Winner Namuco’s astonished joy was evident as soon as her name was announced. When inter-

viewed by the hosts before her first solo, Namuco told them: “I consider myself a very awkward person. Music helps me express myself because I’m not good at coming up with words myself.”

The next question was her greatest fear. To which Namuco replied, “Crying on stage.” By the end of RichCity Idol 2017, hers were tears of joy.

The entire production produced completely by students from the performers, the lighting and sound, the front of house, the organizers and the publicist, went off with few hitches.

Aside from a couple of slow lighting cues, possible in the most professional of productions, RichCity Idol 2017 proved that an entirely volunteer-run student production can excel. The printed program, produced by students, was well done.

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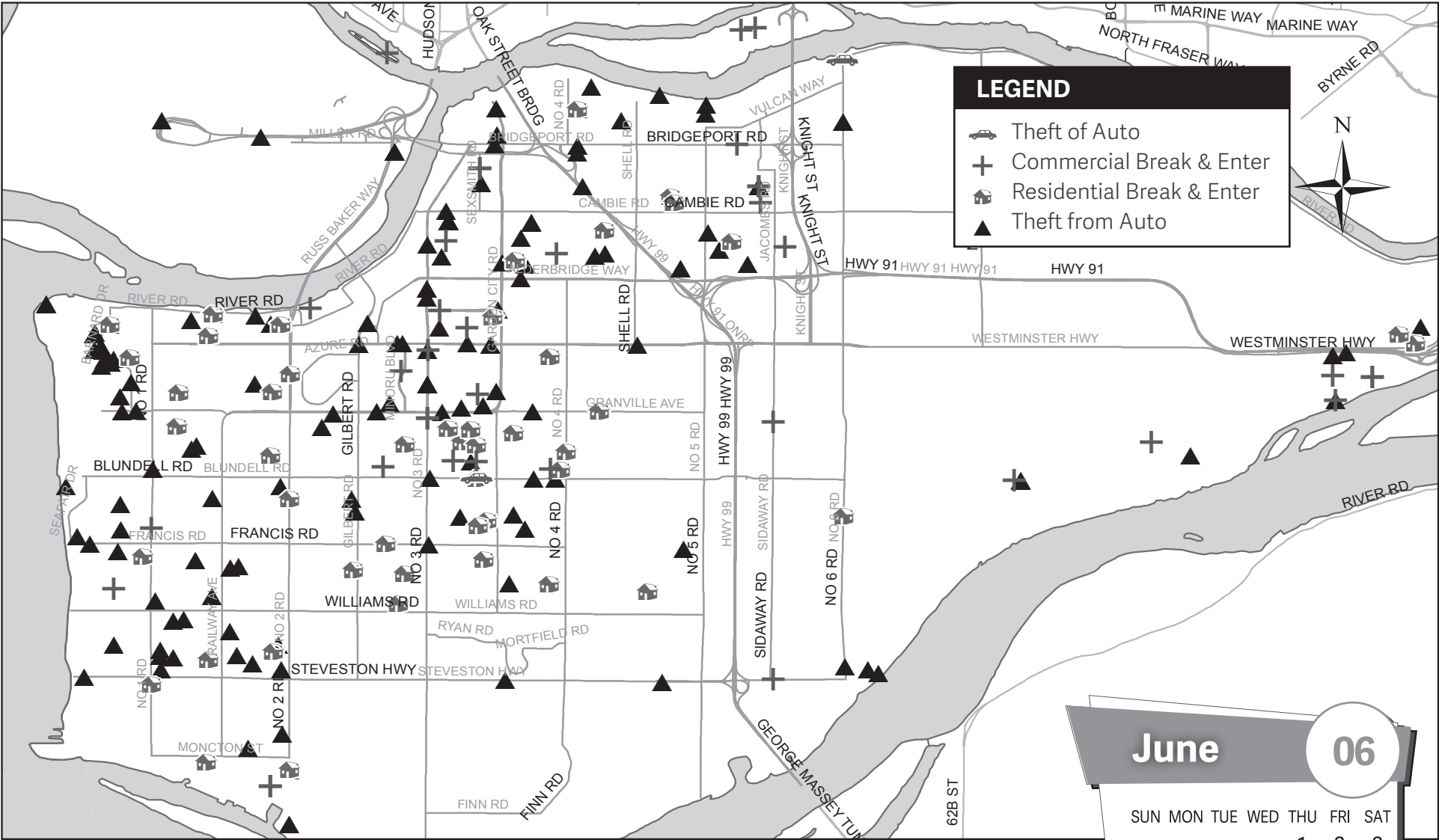
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RCMP

Crime Map

May 7th, to June 5th, 2017



Hot weather presents hazards for kids and pets in vehicles

By RCMP Cpl. Dennis Hwang

After a lengthy hiatus, the sun appears to be finally returning. The Richmond RCMP would like to take this opportunity to remind people to be cognizant of leaving children and pets in vehicles unattended. With hotter temperatures approaching, it takes very little time for children and pets to become critically distressed. The temperatures inside of vehicles can rise many orders of magnitude higher than that

of the temperature outside of the vehicle. We have either seen firsthand or received calls for service for children or pets left alone in vehicles without proper ventilation or water. In some instances, we have had to intervene to rescue them. Although this seems like common sense, it is important for us to remind everyone, in hopes that a tragedy may be averted. Please be aware and let us all enjoy summer safely.

RCMP events in June & July

- Big Red Bike in Support of Heart and Stroke
June 23, Steveston Village (all day from 9 a.m.)
- Hamilton Night Out
June 23, 6 p.m. - 11 p.m.
- South Arm Canada 150
June 24, Noon - 5 p.m.
- Block Watch & Emergency Preparedness Seminar June 27, South Arm Community Centre
- Canada Day / Ships to Shore July 1, Steveston Village

529 Bike registration at CPO's (Community Police Office) every week as follows:

City Centre CPO	Southarm CPO	Steveston CPO
140 - 5671 No. 3 Road	8880 Williams Road	4371 Moncton Street
Tues: 1 p.m. - 3:30 p.m.	Tues: 9 a.m. - 12 p.m.	Fri: 9 a.m. - 12 p.m.
Thurs: 9 a.m. - 1 p.m.		

June

06

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

One-stop shopping for health care needs

By LORRAINE GRAVES
@LGsentinel

A gift of space will become Richmond's first Community Health Centre (CHC), a unified place for specific health care needs.

Room in the former Knowledge Network building at 7671 Alderbridge Way (near Lansdowne Road), now under renovation, became home the first weekend of June to mental health, addiction services and the Anne Vogel clinic as a start of what will be a much larger integrated health centre, a first in Richmond.

"Beyond that, we will be asking ourselves what services should be grouped together there? We have a number of different services in differ-

ent buildings, so this CHC could be a one-stop shop for Richmond residents. It's a super opportunity," says Dr. Meena Dawar, Richmond Public Health's medical health director.

One example of a service known to be moving into the Community Health Centre is the Anne Vogel Clinic, currently on Cook Road, while other services for the same clients are offered in a high rise on Granville Street.

Integrating the services into one location means more effective use of money, space and clients' time.

With the fastest growing population of the elderly in B.C., Dawar says services for seniors and those with complex care needs look likely to be included.

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High hopes for hop-on shuttle

By LORRAINE GRAVES
@LGSentinel

Richmond's newest attraction isn't a location, it's a trolley and a bus that shuttles tourists and Richmondites around the sites—from McArthur-Glen Designer Outlet Mall and River Rock Casino Resort and various downtown Richmond hotels—to the Olympic Oval and all the delights Steveston has to offer.

Operating Wednesdays through Sundays from June 1 until their last run Sept. 17, the Richmond Hop-On Hop-Off Attraction Tour offers same-day discounts at many retailers and experiences along the tour.

True to its name, once purchased, the ticket allows for stops along the route to tour, taste or experience along the way.

One couple on the June 7 tour, Gary and Janice Kroeger from Peregrin Springs, Australia had just checked into their hotel after a 13-hour flight from their homeland. "We had a few hours to kill and this



photo by Lorraine Graves

Gary and Janice Kroeger from Peregrin Springs, Australia hop off the shuttle to tour Richmond

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looked like an interesting way to go," said Gary.

They hopped on the tour at their hotel, Pacific Gateway, and hopped off at the Olympic Oval planning to enjoy the free Richmond Olympic Experience that came with their shuttle ticket.

As part of the journey, the Vancouver Trolley Company bus driver offered tidbits of Richmond for the touring passengers with great humour. In Steveston, the driver said, "If you are stopping here, please do not feed the sea lions."

Please do not feed children to the sea lions," referencing a recent incident that went viral on the internet, making Steveston even more famous.

Just before hopping off the press tour, Tourism Richmond's Lesley Chang said of the shuttle: "This has been a long time coming." Saying it offered a good way to connect tourists with North and South Richmond, Chang said: "We hope to see it expand."

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TIMETABLE

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Radisson Hotel	9:25	16:25
River Rock Casino Resort	9:30	16:30
McArthurGlen Designer Outlet	9:40	16:40
Pacific Gateway Hotel	9:45	16:45
Hilton/Marriott/Sheraton	9:55	16:55
Richmond Olympic Oval	10:00	17:00
Steveston	10:15	17:15
Steveston	10:15	17:15
Hilton/Marriott/Sheraton	10:35	17:35
Richmond Olympic Oval	10:40	17:40
Pacific Gateway Hotel	10:50	17:50
McArthurGlen Designer Outlet	10:55	17:55
Radisson Hotel	11:00	18:00
River Rock Casino Resort	11:05	18:05

*Departure times may vary as a result of traffic congestion, construction, special events, vehicle capacity and/or weather.

Hop-on/off tour will boost service on holidays

A visit to Richmond will be made much simpler thanks to the new Hop-on, Hop-off attraction tour that runs through mid-September.

The first bus leaves Radisson Hotel Vancouver Airport (No. 3 Road and Cambie) at 9:25 a.m., with service every hour until the last bus leaves the hotel at 4:25 p.m. and finishes its tour of Richmond around 6 p.m. at River Rock Casino Resort after visiting popular local spots including Steveston and the Richmond Olympic Oval.

One-Day tickets start at \$29 for adults, \$25 for seniors and youth, and \$20 for children ages six to 12. A family pass (two adults and two children) costs \$85.

The tour service runs from Wednesday to Sunday each week, as well as on holiday Mondays, through Sept. 17.

Extra service will be made available on July 1 for Canada Day, Aug. 7 for B.C. Day, and Sept. 4 for Labour Day.

The attraction tour is a partnership between Tourism Richmond, Vancouver Trolley Company, Richmond Olympic Oval, Richmond Hotel Association, McArthurGlen Designer Outlet, River Rock Casino Resort and Pacific Gateway Hotel.

Bruce Okabe, the new CEO of Tourism Richmond, said this service fulfills a pressing need for quick and direct routes to the city's attractions.

"This service will provide a richer visitor experience for overnight and day trippers to Richmond, as well as an opportunity to expose more local businesses to tourists, and grow the overall visitor economy," Okabe said.

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City of
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City Board

Asphalt paving advisory

May 15 to July 31, 2017

The City of Richmond has contracted Lafarge Canada to grind and pave the following locations in Richmond from May 15 to July 31, 2017:

Pavement spot repairs

- Moffatt Road and Blundell Road intersection
- 10620 to 10800 block Athabasca Drive
- Kittiwake Drive and No. 2 Road
- 11800 No. 2 Road
- 12031 No. 2 Road
- 11511 to 11711 Steveston Highway and 11393 Steveston Highway
- 9360 to 9400 No. 3 Road
- Saba laneway (Saba Road to Westminster Highway)
- No. 3 fire hall frontage – Cambie Road
- Leslie Road – No. 3 Road to Alderbridge Way

City Block Paving Locations

- 6000 and 7000 block Miller Road
- 14000 and 15000 block River Road
- Railway and Blundell Road intersection
- Cooney Road (Westminster Highway to Cook Road)
- No. 2 Road and Steveston Highway intersection

Work hours will be 7:00 a.m. to 8:00 p.m. on weekdays and weekends. Night time work hours will be from 7:00 p.m. to 5:00 a.m. (typically).

Traffic will be reduced to single-lane and there may be temporary lane closures. Delays may occur. The use of an alternate route is strongly encouraged.

This work is weather dependent and dates are subject to change without notice.

Questions may be directed to Wasim Memon, Contract Administrator, at 604-276-4189, or visit the City's paving program webpage at www.richmond.ca (City Services > Roads, Dykes, Water & Sewers > Construction Projects > 2017 Paving Program).

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www.richmond.ca



Students dozing off in school's Nap Club

By **NANA YAMASE**
Student Reporter

A McMath secondary student knows the value of sleep, and started a club at school that's dedicated solely to shuteye.

Juggling extracurricular activities, part-time jobs and homework means students commonly have little time left over to relax and unwind.

This inspired McMath's Nishaan Dulay to begin the school's Nap Club in hopes of finding a solution to this problem.

While the importance of sleep and its necessity for human survival may be obvious, many people are sleep deprived.

The National Sleep Foundation recommends adolescents sleep eight to 10 hours per night, but in reality this is far from the case. Only 15 per cent of students get that much sleep, according to the foundation.

"As a student athlete I generally don't get enough sleep," Dulay said. "I decided to start this club so that there would be a nice quiet space for people at lunch if they want to nap or listen to music."

Paul Sweeney, the founder of Coastal Sleep, a local sleep apnea treatment company, said this lack of sleep is a reflection of our hectic society.

"All of the students want to get an A+, volunteer and work part time. It's like where do you find that time? The only way you can pull that time is burning the midnight oil."

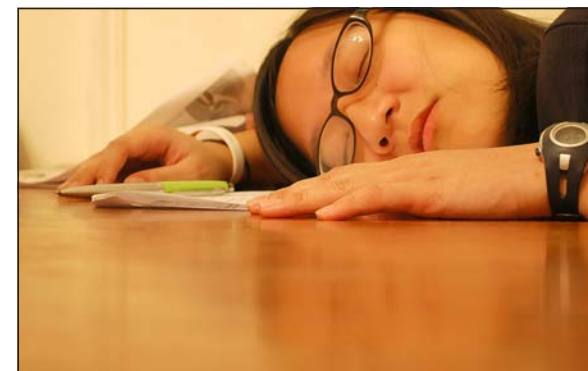
The long-term consequences of sleep deprivation, studies suggest, are serious: higher risks for Alzheimers, dementia and cardiovascular problems.

The best bet is to develop good sleeping habits from a young age but research suggests school districts can also help in the battle.

A policy statement published in 2014 by the American Academy of Pediatrics recommended middle and high schools start classes at 8:30 a.m. or later to enhance academic performance.

CBC reported in a news analysis on attendance that a range of five to ten percent of students are late for secondary schools in Vancouver.

Those with a higher percentage of tardiness had even earlier school start times.



reynermedia via Flickr

Numerous schools, both in the U.S. and Canada, have adjusted their schedule for later start times.

A McGill University study found that later start times resulted in students getting better sleep.

"A later school start-time policy has the potential to benefit a lot of students," says Geneviève Gariépy in an article published by McGill University earlier this year.

Delay believes that such a change would benefit the lives of students.

"In order to achieve the well being physically as well as mentally for students, school should start at later times to help shape students for future successes," he said.

Habitat for Humanity

From Page 3

Later, with Caleb in a wheelchair full time, when there was no adequate nor affordable housing for her family, Sharon sought advice on a government loan so she could afford to buy a home Caleb could get into and have a bathroom he could use.

Far from a drain on the family, Sharon says Caleb “Is the family’s inspiration. He’s always so happy, so positive. When I come home he’s the first person I want to hug. Just seeing him makes me brave, makes me really fight for my rights, fight for him and makes me be strong every day. He is truly an inspiration. It’s because of him that I do the things I have to do.

“So I went to MLA Linda Reid, not asking for a handout. We desperately need a proper home so we can provide for Caleb.”

It was Reid who told Sharon about Habitat for Humanity.

“I applied. It’s been three years. It’s very exciting, very emotional—by next year we’ll finally be in our own place.

“This home they are building is going to be all wheelchair accessible, the bathroom with the wide doors and the ramp. Caleb will be able to shower, to use the toilet. Everything will be designed for his access,” she says.

Speaking of the value of the community pitching in, Sharon says: “There are so many more people who need a hand up so they can come up.”

“I’ve always taught my children, it’s all about making a difference in the world. When you touch one life, and they touch another...that’s all we have. If we can help each other out, that’s all we can do.”

As the family looks on at the forms for their new home’s footing, Sharon says: “You kind of have to pinch yourself. Is this really happening? Is this real?”

•LGraves@richmondsentinel.ca

Pick up a copy of the Richmond Sentinel from the following locations:

- Richmond City Hall
- Richmond Public Libraries
- Richmond School District Office
- Minoru Aquatic Centre
- Richmond Hospital
- Lansdowne Centre

And at these community centres:

- City Centre •Cambie •Thompson •South Arm
- West Richmond •Steveston



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CANADA 150

Sockeyes a family for all seasons

By **DON FENNELL**
@DFSentinel

For Richmond Sockeyes' president Doug Paterson, it's like yesterday once more.

Paterson, who also has an ownership stake in the Pacific Junior Hockey League (PJHL) team, was the first captain when the Sockeyes were founded in 1972.

Today he relishes in their success as the flagship junior B franchise (a league-best six PJHL playoff titles, five provincial titles and two national championships) that continually graduates players to junior A, college and even pro, while routinely challenging for playoff supremacy.

Last season, with 10 rookies in the lineup, they again qualified for the playoffs—only a handful of points out of top spot.

"The passion is still there," said Paterson, who has chaired the league's board of governors meetings for the past three seasons.

Paterson was a 17-year-old high school senior when he played his first game as a Sockeye, pairing up on the blueline with fellow Richmondite Ron Beaman. Paterson insists he had a "pretty good shot in those days" and scored around 13 goals in what was an otherwise long year for the newly-minted expansion team that also featured locals Don Taylor, Dennis Minns and Jim Lang.

The original Sockeyes were owned and managed by legendary amateur hockey figure Bruce Allison and coached by Bruno Pasqualato.



The original 1972 Richmond Sockeyes included current owner, then captain, Doug Paterson.

"Being an expansion team we had our work cut out for us and we especially dreaded going up to the North Shore because the Nor-Wes Caps (featuring Montreal Canadiens' first-round draft pick Robin Sadler) were a powerhouse," Paterson said. "We didn't win a lot, but we were competitive and we got along well."

A few years later, Paterson's younger brother Ronnie debuted with the Sockeyes as a goaltender. Also an owner of the current Sockeyes, Rennie went on to play for Canada's national team as it prepared for the 1980 Olympic Winter Games in Lake Placid and is today a successful local businessman.

Success, it seems, has long been synonymous with "the fish."

As early as 1977, the Sockeyes had emerged as a force, winning three consecutive league and provincial titles as well as three Doyle Cups (a now-retired trophy once awarded to the winner of a series between the B.C. and Alberta playoff champions). In 1987 the Sockeyes enjoyed a sea-

son for the ages, literally dominating under former Vancouver Canucks' captain and coach Orland Kurtenbach.

After finishing atop the Coastal Division of the B.C. Hockey League with a 38-14-0 record and outscoring their opponents 347-192, the team netted the Centennial Cup as the best junior A hockey team in Canada.

When the Sockeyes joined the PJHL in 1990 they brought that winning tradition with them, netting the league playoff and provincial Cyclone Taylor Cup titles in only their second season. In 2003 they sprang up from a fifth-place regular-season finish to win their second league and again added the Cyclone Taylor Cup; a feat they repeated the following season.

In all, the team has won six league banners and hoisted the Cyclone Taylor Cup five times.

In 2009 and 2013 the team ruled all of Western Canada as Keystone Cup champs.

Not surprisingly, the Sockeyes'

alumni is an impressive list that includes many future NHL players including Jason Garrison, Raymond Sawada, Karl Alzner and Danton Hein-en.

The Sockeyes' success isn't limited to the ice however.

Doug Paterson proudly returned to the Sockeyes' family 16 years ago, when he introduced a scholarship program to assist its graduating players off the ice. Through the support of alumni and the Richmond community, the team has awarded in excess of \$200,000 for post-secondary studies.

"Education is front and centre for us," he said.

Brothers Sean and Rudi Thorsteinson are two hometown boys who played for the Sockeyes and used their scholarships toward post-secondary degrees and remain active in the alumni group.

"We're sort of mom and apple pie. We see our team as family," said Doug Paterson. "I think as the Sockeyes we're in the people business and we try to reflect that. We need to share the same principals and values because we're creating a culture. We truly care. One of the best compliments we've received was from a Notre Dame scout during the nationals in 2013 when he said he would travel several hours out of the way to see the Sockeyes play."

The Sockeyes will begin their 46th season on ice this September, with home games each Tuesday at 7 p.m. at Minoru Arenas.

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CANADA 150

South Arm to host massive block party

By **DON FENNEL**
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Every June, South Arm Community Centre hosts a block party to celebrate life in the neighbourhood. This year, they're expanding the scope of the event to celebrate Canada's 150th birthday.

"It's a free family event with activities for all ages," explains organizer Winnie Wong.

Community development co-ordinator at South Arm, Wong says the June 24 party will feature free food, live performances, prize giveaways, arts and crafts, bouncy castles and representatives from various community groups.

Wong says the overall theme is Canada, which includes many Canadian-themed activities, including hockey. There will be two hockey-related activities: target shooting and a hockey equipment relay.

South Arm's history is being showcased in the form a "walk-

through outdoor museum" where guests can regale in archival photos of what the community around the centre was like from the 1950s onwards. There will also be photos of founding families in the area, as well as schools, South Arm area buildings and various activities from yesteryear.

All the fun kicks off just after noon with the sounds of the Children's Choir of Richmond. A group of 40 young singers ranging in age from five to 12, who get the opportunity to learn the foundations of choral singing through popular traditional Chinese and English songs, will take to the stage.

At 1 p.m., the Taiko 55 Drummers will showcase their musical talents in a captivating performance. The group of women from South Arm's taiko drumming program are part of the only organized taiko program for older adults in the Lower Mainland. They've been together for four years and performed at many

community events throughout the city.

At 2 p.m., renowned local performing artist Cherelle Jardine will be in the spotlight. A household name in Richmond for more than a decade, she produced the popular music series "Musical Expressions" for seven years and has earned many accolades for her talents including a Richmond Arts Award.

Paying homage to one of Canada's most beloved musical acts, The Hip Show caps the energy-filled



The Tragically Hip Tribute Band will be among the performers at South Arm's Canada 150 celebration June 24.

Photo submitted

day with a tribute to the Tragically Hip. The tribute band has been performing since 2008 and has established itself as the most authentic-looking, sounding and entertaining in the country.

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Classifieds

FREE Richmond classifieds to advertise your lost & found items, volunteer opportunities, pets, sale items, events and free stuff!

To post your FREE classified please email us at production@richmondsentinel.ca. Deadline: Thursday, June 22 for the July issue (25 words max.)

Walking Tours

WALKING TOUR VIGNETTES IN STEVESTON

Take a guided walk through 1917 Steveston with costumed actors living in the era at the century-old buildings today. Tickets & information at Steveston Museum or call 604 271-8280.

Study Participants

GOT ARTHRITIS OR LUPUS? Want a Fitbit, and a good physiotherapist to talk to without charge? Have we got a study for you. For information contact Morgan Barber/ Navi Grewal (Research Coordinator), Arthritis Research Canada mbarber@arthritisresearch.ca T: 604-207-4027, www.arthritisresearch.ca.

Curio Sale



JUNE 24 FROM 9 am to 3 pm Richmond Hospital/Healthcare Auxiliary Thrift Store Curio sale. All collectables from the elegantly extravagant to affordable trinkets. 3731 Chatham Street, Steveston

Volunteers

CROSSWORD CRAFTER SOUGHT

Do you have a passion Interested in volunteering? The Sentinel is seeking help in creating a crossword puzzle for the upcoming editions of The Richmond Sentinel. We print twice per month. If this sounds like something you'd enjoy, email us at martinv@richmondsentinel.ca

Events

SOS CHILDREN'S VILLAGE RUN & WALK

www.sosbc.org/news-events/run
In support SOS Children's Village BC. Collect pledges and participate in the 2 km, 5 km or 10 km Walk/Run to help make a difference for over 9,000 BC children and youth in foster care. June 18, 2017 at Richmond Olympic Oval, 6111 River Road

Free Activities

ALL WELCOME. Friday, June 16th 5pm – 7:30pm Friendly family setting, great traditional food with budget conscious prices. Ukrainian Society of Ivan Franko Hall community supper, 5311 Francis Road, Richmond, ivanfranko.ca/activities/50-2/



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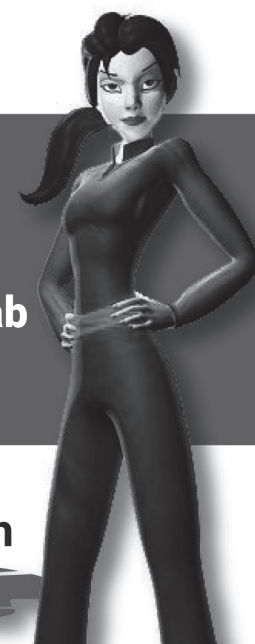
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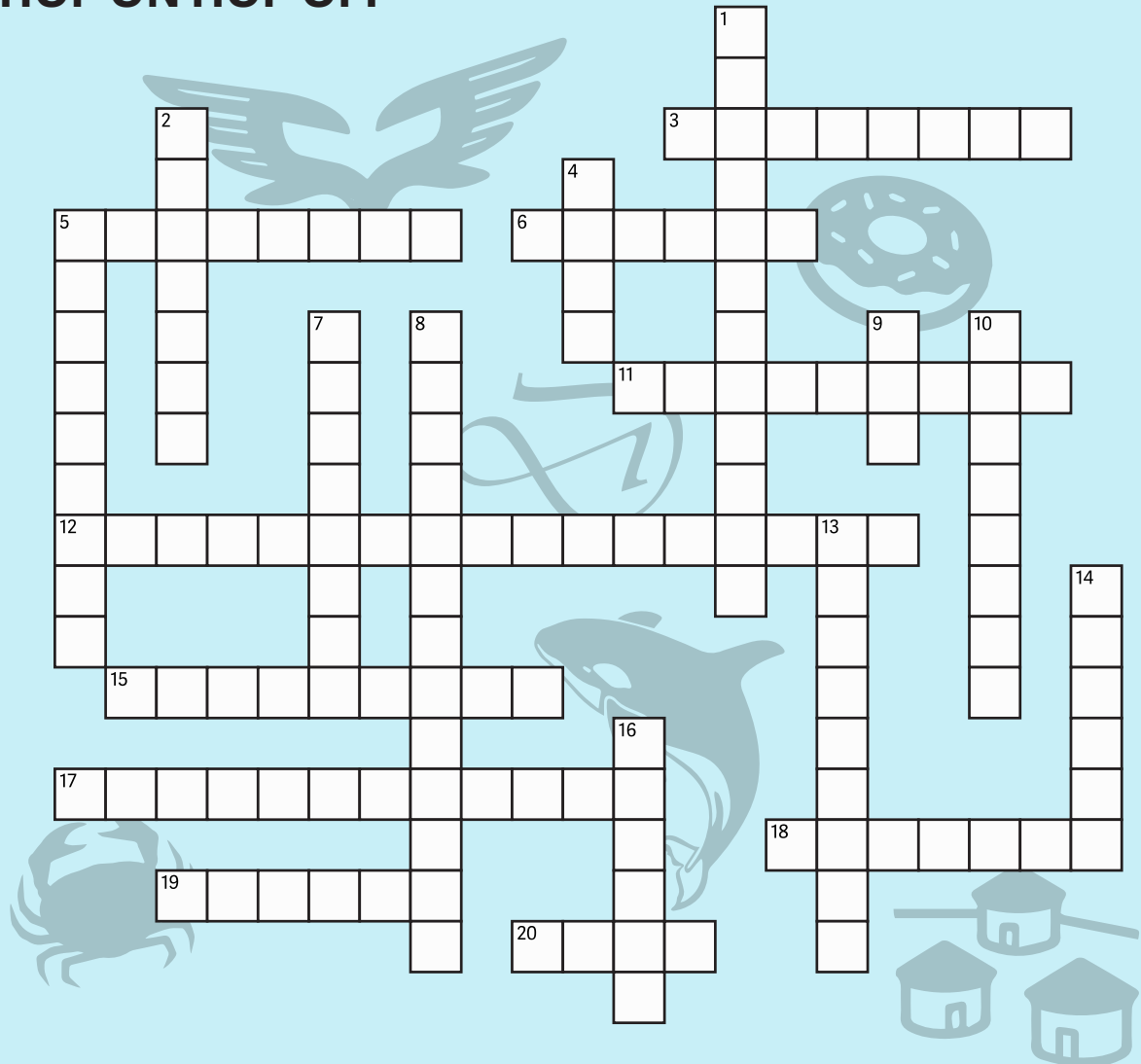
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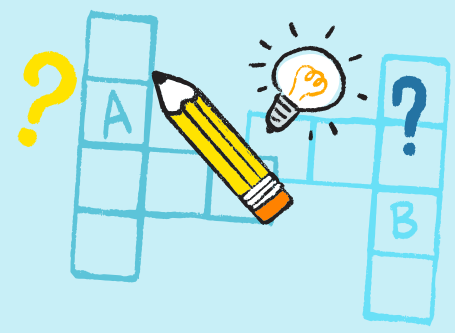


Fun & Games

HOP ON HOP OFF



- ACROSS**
3 French fur trader and explorer ____ Hotel
5 Teeny rock coffee roasters
6 Outpost Mini ____
11 ABC ____ Sausage Haus
12 Relive 2010 at the oval
- 15 Fishing village stop
17 Steveston's premier fish eatery
18 Tiny town, ____ Books and Coffee House
19 Fashion icon Paris ____ Hotel
20 Richmond's indoor long circle



JUNE ANSWERS

CROSSWORD
CROSS
1. WASPS
4. PISTIL
6. BUTTERCUP
8. TEA
12. CUTWORM
14. ROSE
15. CHERRYBLOSSOM
16. LILAC
18. MASON
19. APRIL
20. PRIMROSE
DOWN
2. POLLEN
3. EARTHWORM
5. FLOWERS
7. CHERRY PETALS

9. DAFFODIL
10. TULIPS
11. BEE
13. MORNING GLORY
15. CONVULVULUS
17. STAMEN

SUDOKU

8	4	7	3	6	1	2	9	5
9	6	5	4	2	8	3	7	1
3	2	1	5	7	9	4	8	6
4	1	6	7	9	3	8	5	2
5	9	8	6	4	2	1	3	7
2	7	3	1	8	5	9	6	4
6	8	4	9	1	7	5	2	3
7	5	2	8	3	4	6	1	9
1	3	9	2	5	6	7	4	8

- DOWN**
1 YVR designer outlet
2 Opposite of Atlantic ____ Gateway Hotel
4 It's chic, shop in Steveston
5 Stones in the stream? ____ Casino
7 Treasure's shop,
8 The safe way to see Sea Lions, Vancouver ____
9 Smooch? ____ amos taverna
10 Hotel chain with head office in Bethesda
13 Steveston ____ sweets bowl
14 Tourism Richmond Visitor ____
16 Plane fatigue? ____ Boutique

Answers will be posted in the next issue in July.

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OUR COMMUNITY NEWS



A vibrant night scene of the Richmond Night Market, illuminated by strings of warm white lights. The market is bustling with people and colorful stalls. In the background, a large, colorful maple leaf logo is visible, featuring the number 150. The overall atmosphere is festive and celebratory.

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Top 10 Popular Voted by Visitors



MONTH OF JUNE



F2 JAPANESE CREPE SASUKE



F42 MANGOO



F70 TASTY OYSTER & SCALLOP BBQ



F9 SAWADIKI FRIED ICE CREAM



F41 MANGO FEVER



F33 ROSE POPSICLE



F82 PERFECT PULL



F50 ITOFU



F64 HU TONG SNACK



F95 FISH STICKS

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