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Jennifer Larsen, 85, leaves a lasting legacy

Community advocate Jennifer Larsen passed away late last month. Larsen is pictured here in 2012 in front of a photo of pioneering Richmond Review newspaper editor Ethel Tibbits after winning the Pioneer Award at the Ethel Tibbits Women of Distinction Awards.



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A new Pathway for mental health

By LORRAINE GRAVES @LGsentinel

ife can be going along, not great but going along, then the hood of depression is slipped over your head and everything goes kerflooev.

This is a reality Mike Tibbles knows only too well.

Tibbles worked in Human Resources for a large national firm.

"I loved the work and I loved working with people. I was managing, without being involved in the mental health system. Then I got sick in 2011 and couldn't work any more."

After two years in and out of hospital getting the treatment he needed, Tibbles looked for a way to maintain his mental health.

"I got involved in Pathways Clubhouse and that has been my life line."

Technically put, this award-winning centre offers psychosocial rehab in a non-clinical setting. But in human terms, Barbara Fee public education program manager, says: "The clubhouse helps people on the road to recovery to regain their life, help them find a home, help them find a job, help them find some friends, a new family for some, a social life, safety, and new opportunities in life."

It solidifies their mental health recovery.

Affiliated with Clubhouse International, an international network of 300 community-based centres with the motto of "Creating Community: Changing the World of Mental Health", Richmond's Pathways Clubhouse is on the move.

"The current facility is leased," Fee says. "It used to be a lighting warehouse so we've kind of had to work to make it work for a clubhouse."

And the lease is up.

But come fall, they move into their new digs on Granville Avenue.

"It will be ours. Pathway's will own

this space. It will give us more security, long term, in a purpose-built facility."

It will still be open 365 days a year and the new clubhouse will offer the all the same programs.

"We have social programs Monday and Wednesday evenings and on the weekends."

Mondays and Fridays," Tibbles says, "on what would be a work day for people, there is a 'work order' day. It's similar to a day in a paid work place so there is a value and a purpose."

Fee adds: "It's all real work. That's why the clubhouse is deliberately understaffed so there are real jobs for the members to do."

Tibbles puts it simply: "For me, it gets me out of bed."

In addition to hot meals, Pathways offers programs for a variety of ages.

For instance, their young adult program hopes to, in Fee's words, "entice them to their own generational space with equipment for video making for posting on social media."

Fee says Pathways fills a gap.

"We know that when people age out of the clinical and community supports for youth, there can be a bit of challenge getting them into the adult system."

Pathways allows people to grow and to give, not just get, support and Tibbles is a prime example.

"Because of Mike, our young adults have just started a newscast program within the clubhouse," says Fee.

For their efforts, Pathways Clubhouse won a Top 10 Charities in Canada award from Charities International. Groups are judged on their societal return on investment.

They may be moving into a nicer facility in the fall but whether it's in the new or the old clubhouse says Tibbles: "Pathways touches us, encourages us, gives us hope."

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Photo by Chung Chow

Barbara Fee and Mike Tibbles look forward to their new Pathways Clubhouse slated to be finished this fall in the new Storeys Building on Granville Avenue.



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Steveston Historical Society



IN SUPPORT OF

Community activist Jennifer Larsen leaves legacy

By LORRAINE GRAVES @LGSentinel

ichmond has lost one of its heroes. At age 85, Jennifer Larsen, community activist, hard worker, and skilled journalist, passed away in her home July 22.

While according to her family it was peaceful, her death was completely unexpected.

Olive Bassett was Larsen's long-time best friend.

"I can't believe she's gone," Bassett told The Richmond Sentinel." I can't believe I'm not going to e-mail her or get her telephone calls."

Tim Larsen says his step-mother was special.

"One thing I tell people, I have no bad memories of Jennifer. I call her Jennifer because she's actually my step-mother. My mother died in 1967 when I was 17 and my siblings were younger. Jennifer was an incredible gift to our family. She was my parent for 48 years. She was a gift for my father as well."

Her family describes Larsen as "feisty, questioning, tenacious, fiercely independent, dedicated to working on social issues, particularly mental health and completely devoted to fam-

Bassett recalls their acquaintance.

"I've known her since 1981 when I went onto the family court committee and she was retiring as president. We were so close that we were more like sisters for (decades). We had the greatest respect for each other and each other's decisions."

Her curiosity was just unbelievable. It was marvelous. When we went away always on holidays together, and it was always a wonderful time, and Jennifer would say 'I wonder what's down there?' She was so intelligent."

That vibrant curiosity and intelligence served Jennifer well when she worked as a journalist at the Vancouver Sun.

In a Sept 2, 2012 article about the death of Don Cromie, the last independent owner of the Vancouver Sun, her former colleague Frances Bula wrote: "Jennifer Larsen, who got a job at the paper on the basis of no newspaper experience at all after she met him at a party, laughs when she remembers him: 'It was such a wild, crazy time, a marvelous place to be. There was never a boring moment."

Larsen also volunteered around seniors' and mental health issues, at an emergency homeless shelter and walked the streets in the annual homeless count.

Tim Larsen says Jennifer left work when she married his father and decided to volunteer but, Tim says, "She kept it separate from her family life. We knew she was citizen of the year but not much beyond that. When the family got together it was just family. She became a greatgreat grandma not that long ago and family was very near and dear to her and a very separate part of her life."

While Larsen's husband and a granddaughter predeceased her, she leaves children, grandchildren, great-grandchildren and one great-great grandchild, a lasting legacy as well as all her good works for the people of Richmond.

Says Bassett of Larsen's death: "It's left a great big, awful void in my life. We could laugh about things, so thank heavens for her. I guess I'll just



Photo by Rob Newell

Jennifer Larsen, at left, pictured with Olive Bassett in 2012.

have to laugh at myself now."

Bassett echoed the feelings of those who knew Larsen.

"She was one of the most gracious people and she just didn't ever suffer fools. Honestly she was just a wonderful person. I'm going to miss her. I already do."

A COMMUNITY MEMORIAL will be held for Larsen on Thursday, Aug. 31 from 12:30 to 3 p.m. at the Richmond Seniors' Centre, 7660 Minoru Gate. No flowers by request but donations to a food aid program will be gratefully accepted, as this was a favourite cause of Jennifer's.

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City of Richmond

City Board

Asphalt paving advisory July 7 to November 30, 2017

The City of Richmond has contracted Lafarge Canada to grind and pave the following locations in Richmond from July 7 to November 30, 2017:

Pavement spot repairs

- 11351 No. 1 Road
- 11800 No. 2 Road
- 12031 No. 2 Road
- 11511 to 11711 Steveston Highway and 11393 Steveston Highway

City block paving locations

- Minoru Boulevard (Lansdowne Road to Ackroyd Road)
- Railway Avenue and Blundell Road intersection
- 11000 Block No. 5 Road
- 9000 Block No. 1 Road
- 10000 Block No. 1 Road
- 13000 Block Steveston Highway
- 6000 No. 5 Road
- No. 3 Road (Westminster Highway to Ackroyd)
- No. 5 Road and Bridgeport Road intersection
- Steveston Highway (Mortfield to No. 4 Road)
- Steveston Highway (10471 to Shell Road)
- 9000 Block Westminster Highway East bound lanes
- Alderbridge Way (No. 3 Road to Garden City) spot repairs only

Work hours will be 7:00 a.m. to 8:00 p.m. on weekdays, and 7:00 a.m. to 8:00 p.m. on weekends. Night time work hours will be from 7:00 p.m. to 5:00 a.m. (typically).

Traffic will be reduced to single-lane and there may be temporary lane closures. Delays may occur. The use of an alternate route is strongly encouraged.

This work is weather dependent and dates are subject to change without notice.

Questions may be directed to Wasim Memon, Contract Administrator, at 604-276-4189, or visit the City's paving program webpage at www.richmond.ca (City Services > Roads, Dykes, Water & Sewers > Construction Projects > 2017 Paving Program).

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City rallies after boy falls ill

JOHN CHEN

By LORRAINE GRAVES @LGsentinel

ohn Chen was a typical boy whose J dad was his Scout leader. He was a boy who camped, played sports—

generally living and loving the active life of a 11-year-old Richmond elementary student. He took piano lessons and went to Spul'u'kwuks Elementary.

The family's Canada 150+ goal was a camping trip to the Rockies

Then, according to John's father Sam, John got sick,

very sick, with the very rare condition necrotizing fasciitis, sometimes wrongly called "flesh eating disease."

The family's life has been turned upside down and shaken, according to John's father, Sam.

"We worked very hard, like a normal family and now the situation changed drastically. It's been 4 family members are impacted."

The Chens are not a wealthy family. They have two boys and no other family here to help them out.

Through their hard work over the years they were able to get a mortgage to buy a two-bedroom townhouse.

"Now the hospital tells us we

have to rent a one-level place so John can get around in his wheelchair when he comes home. No stairs," Sam says.

Sam has now found a place for the family to rent for the next

> two years but it all comes at a price.

The parents, now no longer able to work, tag-team John's care while cooking and caring for John's older brother.

They make sure John is never alone in the hospital at anv time.

They look worried but more than

that, they are exhausted.

They have no income because their main job is John's well-being.The Chens' friends have created a GoFundMe page (gofundme.com/John-Chen-Medicalfund) to help them get through.

What John and his family have months.Our whole family, all our been through and have yet to go through is detailed well on the GoFundMe page.

It's a chance for the people of Richmond to help because times are hard enough without the Chens having to worry about money for them.

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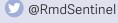
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Autistic son inspires mom to write kid's book

By **DON FENNELL** @DFSentinel

ive-year-old Lazarus will star in the launch of his mom's new children's book Aug. 26 at the Richmond Olvmpic Oval.

The inspiration for Kaye Liao Banez's "See Yah in the Morning! A bedtime story," he'll be delivering a special reading of the book at the launch and fundraiser from to 2 p.m. to 5 p.m. at the oval.

"It's meant for all children, but I wanted to make sure the book also had certain features or elements we call autism-friendly," says Banez. "The characters in the book are always waving, a gesture that unfortunately for some kids in the spectrum is not innate. In fact, my son took two years

to learn to wave and point at objects."

Banez also selected appropriate words to learn such as goodnight and goodbye.

A fierce advocate for autism awareness and inclusiveness, she hopes the series of books will help build stronger communities for all children but especially those living with autism and their families.

One dollar from every book will be donated to the Canucks Autism network in support of autism awareness.

Banez welcomes other non-profit organizations or schools or sports teams to use the book as a fundraising tool from which they will receive \$2 from every book sold.

"Sharing is caring," Banez reminds Lazarus, and his sister Estella, daily.

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Music is good for the soul

By LORRAINE GRAVES @LGsentinel

Sibel Thrasher is on deck and, if the weather's good, literally on the outdoor Tank Deck at The Gulf of Georgia Cannery National Historic Site as part of their "Music at the Cannery" summer series Friday Aug. 18 at 6:30 p.m.

If the good weather holds, the concert is outside. If inclement, the cozy warmth of the wooden indoors welcomes listeners and perhaps people with an urge to move too.

"I want everybody to come out have a good time. Let me see you smile and if you feel like dancing, dance," says Thrasher with gusto.

Originally from Cincinnati, Ohio, Thrasher chose Richmond after a month touring BC with The Platters, the group famous for "Only You" and "The Great Pretender" amongst 20 other top 40 hits.

"I love Richmond. I've been out here—it seems like forever. When I first came out here, I came with the Platters. That was 1985. It was supposed to be one month. Well, at the end of that month they said, "We gotta go back home and I said 'No, I'm staying right here.' and I've been here ever since."

Asked why she choose Richmond in particular? Thrasher answers with a question: "Have you ever been to a place that just feels good and you want to rest your body and it just feels good?"

Thrasher has a long and rich history in the Lower Mainland. For instance, she recalls a well-known 1984 Fats Waller musical that was supposed to run six weeks, but ran for two years at the Arts Club in Vancouver before touring to sold out houses across Canada.

"Ain't Misbehavin' —we did eight shows a week, two shows on Wednesdays and two shoes on Saturdays and had one day off. But it was great fun. It was like going to a party."





Photo by Chung Chow

Sibel Thrasher will be performing at the Gulf of Georgia Cannery on Friday, Aug. 18 at 6:30 p.m.

Popular not just with the public, Thrasher was recognized by her peers in the performing community when she was inducted by the BC Entertainment Hall of Fame in 2004 and given a star on the Walk of Fame.

As a caregiver for her husband, Michael, Thrasher says, "I do a little bit of gigs. I don't want to sing too much."

Starting her last third of life, Thrasher says, "I'm not ashamed of my age. I was born in '49. I'm 68 in December and I feel great even though it gets a little hectic. I get really tired so any chance I get to sit down I do. I'm mostly with Michael in case he needs something."

Having been brought back to the Gulf of Georgia Cannery to perform again, Thrasher recalls other gigs in Steveston at the ANAF 284 club on

No 1 Rd. at Chatham.

"I was there when the band was there, The Midnight Eagles, and they were fabulous. I sat in with them. Everybody is so nice and I went on the day when they had the meat draw. That was so cool. I won. Of course I went for the ribs."

She's looking forward to performing there again this fall.

What can people expect on Aug. 18 at the Cannery?

"I'm going to do some jazz, some blues and might just pop in there and do a little bit of Motown, and I might do a little bit of gospel," says Thrasher. "Singing is good for the soul. As long as I can make somebody smile, it's worth coming out."

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Grand Prix of Art a gift to the community



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Photo by Chung Chow Mark Glavina, founder of the annual **Steveston Grand Prix** of Art—where sports meets the arts—runs on Sept. 23 and 24 in the picturesque waterside backdrop.

By **DON FENNELL** @DFSentinel

A chance to give back to his community was all the impetus Mark Glavina needed.

Owner of Steveston's landmark Phoenix Art Workshop, which he opened in 1997, Glavina established the upcoming Grand Prix of Art to celebrate the expression of human creativity and imagination.

"I describe it as the bridging between visual arts and the thrill and agony of sporting events," he says of the seventh annual event set in Richmond's historic and picturesque fishing village Sept. 23 and 24.

Artists and photographers of all levels are invited to participate in this unique opportunity.

Glavina says the setting is not only spectacular for the participants, but anyone simply interested in taking in the creative process.

"The artists only have three hours to complete their work, and don't know the location where they'll work

at before they arrive on race day," he says.

On competition day, registered artists arrive at Britannia Heritage Shipyards National Historic Site for a 9 a.m. check-in, where they are assigned a painting location by random draw. The race against the clock begins at 10 a.m. and must be titled and priced for paintings for display and adjudication at 1 p.m. The paintings are then made available for sale to the public. Viewers, meanwhile, will be able to vote for the "People's Choice Award."

The exhibition will remain on display at Britannia until Sept. 24, when volunteers and friends are invited to an awards ceremony and culture days celebration from 4 p.m. to 6 p.m.

More than \$2,000 in cash awards will be presented to finalists.

Registered photographers are encouraged to document the entire event, and to upload five unedited images for a photo essay contest before midnight.

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Solar eclipse offers family fun with cautionary note

By LORRAINE GRAVES @LGsentinel

It is about 110 times the width of I the earth, but have you ever put your thumb up to the sky to cover the sun?

On the morning of Monday, Aug. 21, the moon is going to do that for us...well almost.

"We'll still get 10 per cent of the light peeking around the moon but it's going to be really dim and the sun will look so cool," according to Kwantlen Polytechnic University (KPU) physicist Laura Flinn. "We're getting roughly around 90 per cent totality here."

Which means it may be dark enough for street lights to come on. It will probably be dimmer than the smoky days Richmond has seen recently.

For our partial solar eclipse, KPU is teaming up with the main Richmond library [Brighouse] to offer free fun for the whole family in the plaza outside in the cultural centre plaza.

The fun comes with a caution; Flinn worries that people might try to look at the sun during the partial eclipse. Doing so can painlessly blind an adult or a child, with symptoms not appearing until later. Doing damage to your eyes with the sun doesn't hurt but can last a life-time.

Flinn also warns that some of the eclipse viewing glasses available are not certified safe and just using dark glasses or exposed film to filter out some of the light is not enough to save your sight. Trinity Western University (TWU) bought some viewing glasses online. They had the safety seal of approval. But when tested, TWU found the viewing glasses were dangerous to use.

If you want proper sun-viewing glasses, Flinn says the Celestron glasses available at London Drugs have been tested and found safe. Unfortunately, according to Andy Karhmann, of London Drugs, there are only a few left so Karhmann suggests testing any eclipse viewing glasses you may have by following these website instructions at eclipseglasses.com/pages/safety. Some of the rays that hurt your eyes are invisible so you can't judge safety by how dim the sun seems. Even proper eclipse glasses can have a minute scratch on them allowing damaging solar rays into your child's eves or vours.

That's where the joint KPU and Richmond Library solar eclipse viewing party comes in; it's a safe way to watch an event that happens a very few times in a life.

Says physicist Flinn: "We will have three hands-on activities.

There will be sunspotters, a tool that the kids can put a piece of paper into and see the sun's changing shape shine onto it, The attendees can mark exactly what they see, sunspots and all. This way they have something to take home to remember this rare event Savs Flinn, "It's a chance to use an instrument we actually use in one of our university courses."

As well, a scale model sun, moon and earth will stretch across the plaza to let attendees experience the relative sizes and run along the amazing distances involved.

And lastly, just as the darkest time approaches, it will offer a show just below all party-goers' feet in the plaza. Flinn adds, "When the sun is approaching a crescent shape, we'll tell the kids [and enthusiastic grown-ups] go stand under the trees and they can look down at the shadows and through the leaves,



Photo by Corry Anderson-Fennell

Physicist Laura Flinn with a device for safe viewing of Aug. 21 eclipse.

the gaps in the leaves will act like pinhole cameras so you can see the crescent shape on the viewing won't be as good in Richground. You just need a gap to create that effect," says Flinn, "It's a nice thing for them to go under the trees right around the

For the next few decades, the mond because the few eclipses as dark as this one will be during the rainy months.

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Queen's calls on Wong-Hen

By **DON FENNELL** @DFSentinel

Inheriting his parents' inexhaustible work ethic, Seth Wong-Hen has always been motivated by the potential of success. And many of the lessons the recent RA. McMath Secondary grad has learned were honed in the sports arena.

""Participating in sport has taught

me to focus and to prepare for situations," he says.

Qualities unmistakable throughout his youth, like an intense desire to be an impact player coupled with hard work, unselfishness and reliability, are the same ones he hopes to build upon going forward.

While he will be on this year, to concen- University.

trate on first-year studies at Queen's University where he's enrolled in applied sciences with an eye toward becoming an engineer (like his dad),, Wong-Hen would love nothing more than to also eventually represent the nation's oldest school (founded in 1841) as an athlete.--likely in rugby,

One of the best high school players in the province last season, he played rugby all five of his years at McMath. His enthusiasm for the game grew steadily under the influence of coach Mike Charlton.

A natural athlete, Wong-Hen says he's been privileged to have had many positive sporting experiences.

"I can't imagine how my life would have been without them. The experience and friendships gained make me the person I am today."

Reflecting on some of his favourite

sports moments, he is anxious to include those teammates and coaches who have greatly influenced him.

"I played hockey at Seafair from when I was six and was lucky enough to have played for some awesome coaches including Aaron Wilbur, Russ and Ryan Weber and (newly-appointed Richmond Sockeyes' bench boss) Steve Robinson. And I have lifelong friends including Ty Taylor, Jordy



the sports sidelines McMath's Seth Wong-Hen is headed to Queen's

Sandhu, Julius Zhang, Andrew and Sam Kemp and Brandon Lum."

Proud to have captained Seafair's Midget A1 team last season, he capped his hockey career with many of those teammates by winning a B.C. high school championship for McMath. He says "to be able to celebrate that success was amazing."

With his university experience about to begin, the days of youth sports are already becoming memories. But Wong-Hen looks back at them fondly, and with great reverence for the teachers and coaches-Paul Roberts and his dad in basketball, Daniel Wong in volleyball and Bob Riddell in track and field-who inspired and guided him.

"Each one has taught me something different and special."

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Ford blames floor mat for fatal Richmond crash

By MARTIN VAN DEN HEMEL @MartinvandenH

Was a floor mat to blame for a fatal crash that sent an Aston Martin sports car careening at 220 km/h into the back of eight vehicles at a backed-up Richmond intersection in May of 2013?

That's the allegation put forward by the Ford Motor Company which is one of the defendants in a B.C. Supreme Court lawsuit filed by the driver of the \$200,000 Aston Martin DB9. The DB9 was designed by Aston Martin in cooperation with Ford and Ford subsidiaries starting in 2001.

Jessica Ying Zhu, her passenger and the occupant of another vehicle were critically injured in the crash at the foot of Knight Street and Westminster Highway. The driver of another vehicle, a 44-yearold Richmond woman, was killed in the May 8, 2013 collision.

Zhu's lawyers made an application in B.C. Supreme Court in June, requesting that Ford produce documents relating to break-throttle override systems in Ford's vehicles, including marketing material that explains the purpose or safety benefits of these systems, as well as documents related to their effectiveness, among other documents.

According to the court ruling, Ford alleges that Zhu was negligent in "placing or allowing to be placed an unanchored aftermarket floor mat on top of the original equipment floor mat in the driver's side foot well of the DB9." (All-weather floor mats have been pinpointed by accident investigations in the United States as the cause of gas pedals becoming stuck.)

Zhu's lawsuit claims that the accident was caused by unintended acceleration as a result of defects

in the Aston Martin as well as the lack of a brake-throttle override system.

Among the documents Zhu's lawyers are seeking are those related to "recalls of Ford vehicles because of unintended acceleration. including acceleration caused by floor mats."

Ford's lawyers argued that Ford has not conducted any recalls because of unintended acceleration.

But Zhu's lawyers pointed to evidence of recalls posted on a National Highway Traffic Safety Adwith Ford floor mats.

While the court agreed that the plaintiff's document requests were "overly broad and in some cases lack specificity (and) many are irrelevant to the issues in this action," Master Leslie Muir found that "what Ford has agreed to produce, however, is simply insufficient."

Muir ordered Ford to produce documents from between 2001 and 2007 that explain why it decided to incorporate brake-throttle override systems, as well as documents relating to their effectiveness.

No criminal charges were laid by the Richmond RCMP following an extensive investigation.

According to a traffic control flagger, the Aston Martin was travelling at about 200 km/h when it ran a red light at No. 6 Road and Westminster Highway.

The aftermath of the crash reministration website, that dealt sembled a war zone, witnesses said

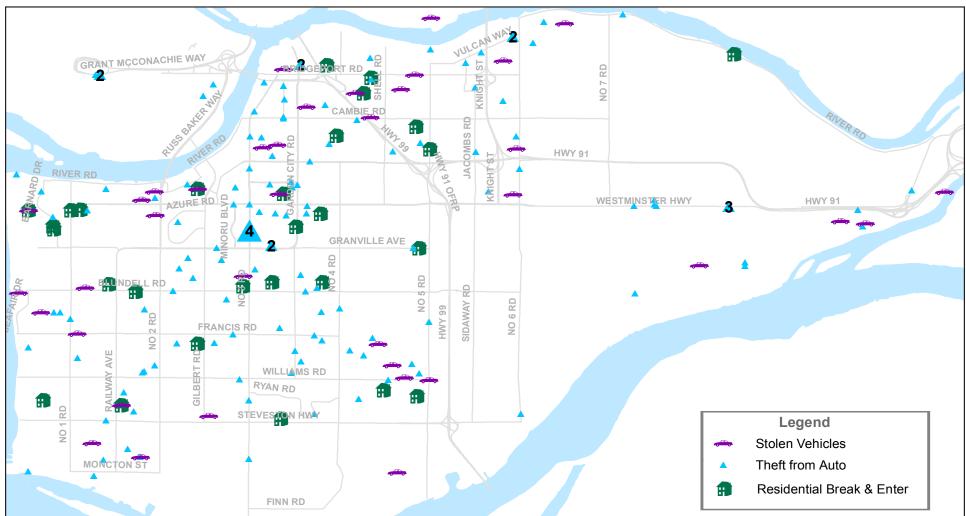
> A minivan was sent hurtling across an intersection and landed in a ditch 50 metres away in virtually unrecognizable condition.

> The occupants of the Aston Martin were airlifted from the scene by helicopter to hospital.

> > •martinv@richmondsentinel.ca

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located at the	Dear Animal Hospital	604-271-6411	Subway	604-275-8284
corner of	Easy Care Dry Cleaning	604-274-2711	Super Seafoods	604-271-1424
Bundan	Expert Hearing Solutions	604-271-4327	Sushi Han	604-271-1117
& No. 2 Road	Eye Station Optical	604-271-2088	TD Canada Trust	604-241-4233
	Faithful Friends Pet Food & Supplies	604-304-8579	Thai Kitchen Restaurant	604-272-2230
	/ Foot Solutions	604-272-7751	The Boss Bakery	604-273-2677
	Blundell Return lt Centre	604-274-1999	The UPS Store	604-304-0077
	H & R Block	604-277-1041	Vancity Savings	604-877-7000
CANADA 150	Kin's Farm Market	604-275-1401		
				게 단게 물감





Mac's clerk kept cool during robbery

By MARTIN VAN DEN HEMEL @MartinvandenH

wo suspects are in police custody after the Mac's convenience store at No. 4 Road and Williams was robbed shortly before 8 a.m. Thursday.

A male suspect entered the store brandishing a box-cutter knife and demanded money, police said.

After taking the cash, the suspect fled, getting into the passenger side of an awaiting vehicle.

The employee, who was unhurt, called Richmond RCMP as soon as the vehicle drove away.

Thanks to a detailed description of both the vehicle and the suspects, Richmond Mounties were eventually able to make two arrests.

RCMP vehicles and officers flooded the area, and

within minutes a patrol officer located the suspect vehicle.

One of the suspects fled on foot but was quickly apprehended and taken into custody.

The second suspect remained in the vehicle and tried to flee the area.

But a short time later, that vehicle was again found and the second suspect was arrested.

"Despite reporting having just been robbed, the store employee was able to remain calm and provide detailed information to our call takers," RCMP acting Cpl. Adriana Peralta said. The two suspects remain in police custody and charges are pending.

Anyone with info about the moments before the robbery is asked to call 604-278-1212, or CrimeStoppers at 1-800-222-8477.

•martinv@richmondsentinel.ca



Photo by Martin van den Hemel

A Mac's convenience store clerk kept cool during a Thursday morning robbery, and that helped Mounties nab two suspects.

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Classifieds

FREE Richmond classifieds to advertise your lost & found items, volunteer opportunities, pets, sale items, events and free stuff!

To post your FREE classified please email us at production@richmondsentinel.ca. Deadline: Thursday, August 24 for the September issue (25 words max.)

Volunteers

HABITAT FOR HUMANITY is well under way building six single family homes in Richmond!! We need plumbers and volunteers! Interested? email sbaker@habitatgv.ca

IMAGINE recovering from hip surgery without the walker you really need. As a Canadian Red Cross volunteer, you can help your neighbours with health equipment loans. Apply at www.redcross.ca/volunteer or email bcyvolunteering@redcross.ca

VOLUNTEER SYMPOSIUM: Join BCACG & Volunteer BC - at Volunteer Futures Symposium - Oct 4&5, Richmond. Learn about Building Diverse Leadership Networks, Youth Engagement, Technology & more. For more information, visit: http://bit.ly/VOLFUTURES17

Artists wanted

MINI SALE

at Cambie Branch of the Richmond Public Library. Quality children books and adult fiction @ \$2 each, August 12 & 26 Saturday 11:30 am to 3:00 pm. Sponsored by Friends of the Richmond Library. Unit 150, 11590 Cambie Rd, Richmond,

Hope & arrival

PATHWAYS CLUBHOUSE offers hope, encouragement and opportunities to people who live with mental illness. 7351 Elmbridge Way Tel: 604-276-8834 • www.pathwaysclubhouse.com

STORIES NEEDED! Have a story about working on a fishing boat, in a cannery, or other fish processing plant, etc.? Or you know someone that does? The Gulf of Georgia Cannery would like to talk with you to save your story for future generations. For information contact Heidi at heidi.rampfl@gogcannery.org or 604-664-9007.

Donations

THE SHARING FARM'S TRUCK is broken. The cost of repair is \$2,000. Urgently seeking solutions. Truck or van. Can offer tax receipt. Please help us so we can help this community. Contact sarah@

AUG ANSWERS

Fruit from trees wanted

HAVE EXTRA FRUIT ON YOUR TREES? The Richmond Food Bank can use fruit and Richmond Food Security Society will pick and deliver it! Call 604-244-7377.

CROSSWORD

ACROSS

- 3 STURGEON
- 6 ALEXMAIN
- 8 MINORUCHAPEL
- 10 HUMMINGBIRD
- 12 WOODWARDSHIGHWAY
- 14 MUSQUEAM
- 15 MUSCRAT
- 16 COASTSALISH
- 17 IMPERIALCANNERY
- 18 TITANIA

DOWN

- 1 ENGLISHSCHOOL
- 2 SUNDEW
- 3 SKIFFS
- 4 MILANILICH
- 5 HUGHBOYD

sharingfarm.ca

7 MINORURACETRACK

9 HUGHMCROBERTS

11 GARDENCITY

13 SEAISLAND

Volunteers needed: Sharing Farm's Garlic Fest

By **LORRAINE GRAVES** @LGsentinel

↑ t the Richmond Sharing Farm, the garlic is harvested and drying in the attic of the barn.

Their ninth annual Metro Vancouver Garlic Festival is planned for Sunday, Aug. 20.

All they need is more volunteers.

The sale of the farm's garlic at the festival earns money to fund the running of the site, seeds, tools and other incidentals necessary to grow friendships, farming know-how and hearty food.

The Sharing Farm

provides many things 21,000 pounds of profor our community; a rural escape on the western edge of Richmond, a place for frustrated apartment dwellers to flex their gardening muscles, a chance for people to meet together to plant and harvest, an outing for seniors to have a snack and work in a garden, a chance to make friends while helping the community and a place that grows food to donate to hungry people in Richmond.

Sarah Drewery, executive director of the Sharing Farm says: "Last year we donated

duce. We donate it to the food bank."

While Drewery says they have over 1,000 volunteers working at the garden throughout the year, the festival is a special event and not everyone who gardens on a weekday is available to help prepare and staff the Garlic Festival.

If you can't help by volunteering,, consider attending the festival for a good time in the countryside.

"You are buying organic. Everything is as organic as we can make it. All we use is manure and soil and

sun."

And one could add, the happy hard work of many, many willing volunteers.

•LGraves@richmondsentinel

SUDOKU

4	7	8	5	6	2	9	3	1
1	6	3	7	9	8	2	5	4
2	5	9	4	1	3	7	6	8
7	2	6	9	8	1	5	4	3
8	3	4	6	2	5	1	9	7
9	1	5	3	4	7	8	2	6
5	8	2	1	3	6	4	7	9
6	4	7	8	5	9	3	1	2
3	9	1	2	7	4	6	8	5

WIN a \$50 Gift Card for BREWHOUSE The Canadian Brewhouse & Grill!

To mark Canada's 150th birthday, The Richmond Sentinel is giving away three \$50 gift cards every month for Richmond's newest and biggest sports bar, The Canadian Brewhouse, next to the new Walmart on Alderbridge Way and Garden City Road.

HOW TO ENTER

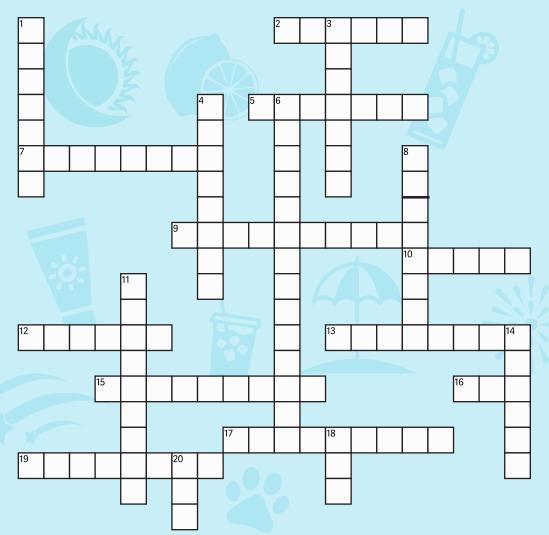
Find the Canada 150 maple leaf logo in three advertisements in this issue of The Sentinel. Email the names of the three advertisers along with your name, email address and phone number to: contests@richmondsentinel.ca

Winners will be selected at random from submitted entries received by deadline, August 31.

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Fun & Games

DOG DAYS OF SUMMER



ACROSS

- 2 Dog star, brightest in night sky
- 5 Hot beverage served cold
- 7 Outdoor pool with waterslide
- 9 Cool and wet with wave pool
- 10 Free all year, national historic
- 12 Sun shade for house

- 13 Big sun shade at beach
- 15 Cold coffee with milk
- 16 Sun shade for head
- 17 Outdoor pool with separate kids' end
- 19 August meteor shower



The goal of Sudoku is to fill a 9x9 grid with numbers so that each row, column and 3x3 section

				7	8			5
					9	2	4	
		9	5	2		8		
	7					6		4
4		3		6		1		9
9		6					7	
		7		8	6	9		
	2	4	1					
8			2	5				

DOWN

- 1 Event on Aug 21, solar ____
- 3 Library's summer club for kids ____
- 4 Cool drink from lemons
- 6 Location Richmond eclipse party
- 8 Next singer at Cannery, Sibel ____
- 11 Anti-solar cream
- 14 Late summer flowers
- 18 French for summer
- 20 Caveat canum = beware of the

Answers will be posted in the next issue in September.



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The only 8k race just for seniors RICHMOND OLYMPIC OVAL **SUNDAY, SEPTEMBER 10, 2017**

9 AM START

EVENT SPONSORS



2017 **8K**













Bronze























Register at: WWW.FOREVERYOUNG8K.CA