





VOL.3 ISSUE3

NOT-FOR-PROFIT

March 2019

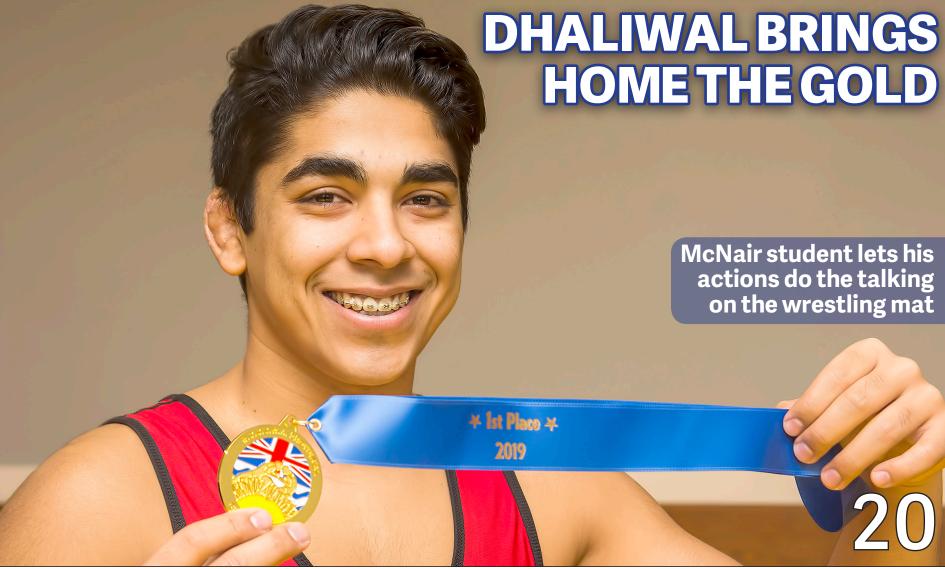


Photo by Chung Chow

Walking in the footsteps of his father Raj, Grade 12 McNair student Jovan Dhaliwal came away with the gold medal in the 70-kilogram weight class at the provincial high school wrestling championships.



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Tear it down, or keep it?

City wants to hear what community wishes to do with old aquatic centre

By MARTIN VAN DEN HEMEL

@MartinvandenH

Would you rather repurpose the soon-to-be mothballed Minoru Aguatic Centre to a different community use, or tear it down to make way for more green space at Minoru Park?

That's the question the City of Richmond is asking locals after a plan to demolish the building—at the cost of about \$3 million—was reconsidered by members of council.

Former flight attendant Helen Healey said the high ceilings make the old aquatic centre well-suited for an aviation museum. Healey contributed to Marilyn Clayton's 2002 Richmond Museum exhibit, Up in the Clouds, the History of Vancouver Airport, which commemorated the airport's 70th anniversary.

Richmond Mayor Malcolm Brodie and Coun. Linda McPhail feel tearing down the aquatic centre and replacing it with green space, is the best option, and makes up for the loss of outdoor space that comes from the new building's footprint.

But Coun. Harold Steves feels the old building still has life left in it, and it's more fiscally prudent to save it than spending the millions of dollars



Photo by Chung Chow

Helen Healey thinks the soon-to-be mothballed Minoru Aquatic Centre could serve as an aviation museum.

to demolish it.

The city now plans to consult potential user groups before coming to and the cost of asbestos and mould a decision.

There are currently at least two significant health concerns involving the existing building.

According to a staff report, it's "highly probably" the building contains asbestos, considering it was constructed in a period during which asbestos was "extensively used as a building construction material."

Plans to test for asbestos were not completed since the building was

slated for demolition, the report said.

There's also mould in the building, abatement and restoration ranges from \$500,000 to \$4 million.

Filling in the pool and levelling the area would cost about \$425,000, and the need for mechanical, circulation and electrical replacements could cost up to \$1 million.

The premium option is to convert the space into an open warehouse or community-use space, at a cost of between \$21.8 million to \$27 million.

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Coldest Night hits \$28,000

By MARTIN VAN DEN HEMEL

@MartinvandenH

ate Saturday afternoon's Coldest LNight of the Year Walk was a major success by all measures.

The third annual fundraiser, on Feb. 23 benefiting Chimo Community Services, drew more than 150 walkers and raised more than \$28,000, which were two of the event's goals, said event director Kathy Nakhleh.

"We are grateful to all our participants, volunteers, sponsors and donors," she said.

This is the 45th anniversary of Chimo, which provides diverse services including housing support, crisis lines, violence prevention, counselling programs, legal advocacy, newcomer assistance, and community engagement. Chimo has more than 200 trained volunteers.

Among Chimo's accomplishments in 2017/2018:

- 15,000 clients served by Crisis Line
- 900 clients have been supported in 12 languages
- 358 clients served and 72 workshops by settlement program
- 134 women and 90 children used Nova House
- 132 workshops delivered by community engagement

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UPCOMING EVENTS IN MARCH

WED. MARCH 6 10 TO 11 AM

Monthly Meeting and Social 55+

South Arm Community Centre

FRI. TO SUN, MARCH 8 TO 10 VARIOUS TIMES

Richmond Youth Dance Company Showcase

Richmond Cultural Centre Performance Hall

THUR MARCH 14 6:30 PM

Community Movie Night

City Centre Community Centre

THUR MARCH 14 6:30 PM

Mental Health Presentation

Richmond Hospital, Ralph Fisher Auditorium

SAT. AND SUN. MARCH 30-31 11 AM TO 4 PM

Exotic Reptile Show

Richmond Nature Park

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Kids key demographic in library budget

By **DON FENNELL** @DFSentinel

ichmond city council has ap-Proved a 3.9-per-cent increase to the Richmond Public Library operating and capital budgets for

In her annual report to council, chief librarian Susan Walters said "the ever-changing needs of our community require that the library responds dynamically, balancing traditional and digital services in addition to creating and welcoming spaces for our diverse community to gather, share and learn

are the primary user groups of library services and have a "significant" impact on community dynamics and trends.

"The children's collection increased by 0.48 per cent and use of the teenager's collection by 3.40 per cent," she said. "Library services and material for children and teens continue to be in high demand. Children's and teen's material make up over 46 per cent of the overall circulation."

Seventy-two percent of library programming is aimed at this demographic.

The 3.9-per-cent figure breaks

down as follows: a 3.26-per-cent increase to deliver the same level of services as 2018, and a 0.64-percent increase for 2019 to cover the library's requirement to pay the provincial government's new employer health tax in addition to the Medical Services plan premiums. In 2020, the MSP premium will be phased out so this will not be required in the future.

All told, the library requested the city to fund \$9,710,500 to cover operating expenses.

Council also recently approved appointments to the library board. At its most recent meeting, the library board elected Robin Leung as Walters said children and youth board chair and Traci Corr as vicechair. Returning board members include Chasslynn Gillanders, Jordan Oye and Caty Liu. Coun. Linda McPhail will continue to serve as city council representative, with Coun. Kelly Greene alternate.

> New to the board are Denise Hawthorne, Denise Hui and Danielle Lemon, all appointed to twovear terms.

> "There is something for everyone at the library and we are excited to play a key role in helping Richmond residents of all ages to learn and reach their fullest potential," Leung

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Scholarships up for grabs

Applications are now being accepted for a pair of scholarships established in honour of two women who made a meaningful and lasting difference in Richmond,.

Offered by the Richmond Community Foundation, the Ethel Tibbits Scholarship was named after the pioneering editor of The Richmond Review newspaper. It is offered each year to a Richmond woman who is seeking to further her education and broaden her career opportunities. It is worth \$650.

The Ethels scholarship is awarded to mature students who support their children or family members, and the entry deadline is May 24.

The Phyllis Taylor Scholarship, worth \$5,000 is named after Taylor, a talented pianist and beloved music teacher who passed away in 2004.

The scholarship supports students of British, Scottish or Irish descent who are pursuing an education in the musical or performing arts. The entry deadline is May 31.

Info: richmondfoundation.



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Photo courtesy Lianne Cohen Photography From left, Lynne Fader, Courtney Cohen, Sherri Barkoff.

Rose's Angels inspiring

By **DON FENNELL**©DFSentinel

or the angels, grandma continues to inspire.

As a child, Courtney Cohen watched her grandmothers Rose Lewin and Babs Cohen consistently extend a helping hand. And in it's in their memory that she carries on their work with Rose's Angels.

Co-founded with longtime family friend Lynne Fader, Rose's Angels recently held their sixth annual community fundraiser at the Richmond Jewish Day School. Seventy "incredible" volunteers took time from their busy lives and long weekend plans to participate in the Feb. 17 event, reflecting the philanthropic ways of both Rose and Babs.

With the support of the Kehila Society of Richmond, Rose's Angels helped to create 1,200 care packages for 23 not-for-profit organizations in Richmond—all dedicated to serving the vulnerable and those in need.

"This year was the largest (fundraiser) to date," exclaimed Courtney. "(But) if it wasn't for our amazing volunteers and donors who helped collect, package and deliver the care packages, the event wouldn't be possible. We are grateful to the support of family, friends and community members who allow us to make this event larger every year."

Care packages were created for such groups as Turning Point Recovery, Jewish Food Bank, Nova House, Touchstone, Richmond Family Place and Heart of Richmond AIDS Society. In turn, all these groups will help distribute the special packets.

The care packages contain such personal essentials as shampoo, soap, toothbrushes and tissues; non-perishable foods like granola bars, soup, tuna, chocolate and oatmeal; comforts such as socks, slippers and socks; and children's items like new books, board games and crafts.

"We connected with staff at the organizations to find out what their clients would like specifically in their care packages, to make the packages as specific to the individuals as possible," said Courtney.

All the care packages are created through generous monentary donations, or donation of items.

Anyone interested in donating or volunteering, may contact Courtney at rosesangelsevent@gmail.com.

Savta—the Hebrew word for grand-ma—would be proud.

•dfennell@richmondsentinel.ca





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The Employment Program of British Columbia is funded by the Government of Canada and the Province of British Columbia.

Measles outbreak has new Richmond links

By LORRAINE GRAVES @LGSentinel

been exposed to the measles virus in Richmond, after Vancouver Coastal Health announced new cases where infected individuals travelled throughout the city between Feb. 11 and Feb. 18.

"Two new cases of measles infection have been reported to VCH," Vancouver Coastal Health announced Sunday, Feb. 24. Both people acquired the infection while traveling abroad. One person lives in the region and the other travelled through Richmond and Vancouver International Airport en route to Edmonton, then the Northwest Territories."

cases in the region.

Health officials released charts down to the chest.

showing potential exposure locations, dates and times. These charts have been adjusted to allow for the fact that the virus can float in the air for up to two hours after an infected person has passed through. Nine out of 10 exposed people will catch measles if they don't have enough immunity.

"These places are now safe," Vancouver Coastal Health's medical health officer Dr. Althea Hayden stressed. "There is no reason for the public to avoid going to these places

If you were there at those specific times, Hayden asks you to watch for symptoms for 21 days after your exposure date. Symptoms include a cold-like illness with fever, cough, runny nose, and red eyes, followed a few This brings to 13 the total number of days later by an itchy, red rash that often starts in the hair line and spreads



Measles is serious. Problems can exist for months or years after the disease seems to go away. Also, according to the Royal College of Obstetricians and Gynecologists, pregnant women run the risk of miscarriage, preterm labour, or stillbirth from measles.

"If you develop symptoms please contact your health care provider before you visit them so they can take faster than the virus. precautions to prevent transmission of measles to others," Hayden says. Call VCH Public Health at 1-855-675-3900 and ask for the nurse on call.

fore the symptoms appear. Hayden says when 98 percent of the population is vaccinated, measles won't

likely spread. That high-vaccination rate stops the measles that are circulating in the community and the cases brought into the community from

If you get the vaccine right after an exposure, it can stave off the worst of the illness or prevent it completely because, caught early, the shot works

Hayden suggests phoning your pharmacy to see if they have MMR in stock. The vaccination is free.

If you are unsure, "Get a vaccine You can be infectious for days be- now." Hayden says. An extra shot will not harm you.

See Page 8

Story hits home

toddler but I do remember lying on my parents' big bed, with my pregnant Mum and her letting me feel the baby kick. If it was a girl, they were going to name her Elizabeth have been about three.

I also vividly remember having the measles as a toddler. I felt so weeks. Bethie lived for four days." utterly ill. My grandmother said I

"I remember little of my life as a was sent to my grandparents' because my mom was pregnant with my sister. I remember the shuttered curtains in the living room, standing in my crib, listening to my favourite song from Brigadoon. Joan and call her Bethie. I must Nothing helped how overwhelmingly sick I felt.

My little sister was born at 26 -Lorraine Graves



Proceeds from all Sunday sales go to our Restoration Fund





Photo by Chung Chow Two of Adad Hannah's images at the Richmond Art Gallery's show The Decameron Retold, surrounded by some of the props from the

New exhibit at Richmond Art Gallery brings the renaissance to life

By LORRAINE GRAVES @LGSentinel

he most important thing about the outstanding exhibit that just opened at the Richmond Art Gallery is that you should go see it.

And, once there, stand in front of the floor-to-ceiling projector screens to let the beauty of the thirds of the people who posed image soak in.

As you do that, you will notice these stunning re-imaginings of Renaissance art have local Richmond people in costume, posed within the scenes of 14th century Tuscany.

Those people occasionally blink or fidget just a little. When that happens all the beauty sudfourth dimension: time.

It makes the paintings all the better rounded, real. As much as these tableaux vivants—carefully posed recreations of the colourful art of the Decameron—please the eye, they also delight the soul in some inexplicable way.

Tableaux vivants were a com-

mon pastime in Victorian days as after-dinner entertainment. Famous scenes from history or literature would be recreated by those assembled, often using whatever was at hand, much as young children today play dressup and act plays for assembled after-dinner guests.

The gallery says about twofor the installation are from Richmond. It's a treat to see what looks like classical art with someone from up the street in it. Take your time with this exhibit as the videos are five minutes long, then they sometimes change to the same scene with different be-costumed people.

Adad Hannah's The Decamdenly expands to include the eron Retold is a newly commissioned work by the Richmond Art Gallery. It is based on Giovanni Boccaccio's 14th century work, The Decameron, a collection of novellas comprising 100 tales told by 10 young women and men sequestered in a villa outside of Florence to escape the Black Plague.

It is a visual recreation from a time long past, of sitting around the camp fire telling stories. Only, the style and grace show the era and place as unmistakably Tus-

The jewel-like tones so familiar to anyone who has seen the paintings of the masters, will find these vibrant reproductions of the ethos of Boccaccio's writings really sing with grace, beauty and peace.

In some cases, those hues came from semi-precious stones like lapis lazuli, which was ground, mixed into oils with binders and then carefully layered into the art world. They were vivid. These pieces are no less vivid.

Produced with a New Chapter grant from the Canada Council, Adad Hannah's The Decameron Retold offers the finest in inclusive art at this City of Richmond

Admission is free, though donations are always welcome.

Suitable for all ages, the show runs until April 20.

•lgraves@richmondsentinel.ca





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COLDEST NIGHT

From Page 3

• 100 per cent of clients reported counselling made a difference

Chimo's three-prong approach to affecting social change includes crisis programs for those in immediate need, transition programs for lasting changes, and education which encourages prevention and influences views and behaviours.

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MEASLES

From Page 6

"We are not concerned about running out of vaccine," she says.

She also had a word for those who cannot get the vaccine.

"In addition, those with immune compromise, pregnant or infants under one year of age, there is another medication that we can give for up to six days following an exposure. You can call either your physician or public health so we can ensure you get the

care that you need."

Hayden says there is an upside to this outbreak; more people are getting their shots.

"We have seen people throughout the age spectrum and that's fantastic news. We have seen a huge number of people getting vaccinated for the first time. It's the best thing we can do to protect ourselves and the best thing we can do to protect our community."

The bulk of the measles cases have involved French schools in Vancouver: École Anne-Hébert, École Jules-Verne and École Rose-Des-Vents.

•lgraves@richmondsentinel.ca

Richmond locations where individuals with measles visited:

Feb. 11 around 4 p.m. on Philippines Airlines Flight PR 116 at YVR
Feb. 11 from 4 to 7 p.m. at YVR international arrivals and customs areas
Feb. 11 from 5 to 7 p.m. on shuttle bus from YVR to La Quinta Inn in Richmond
Feb. 12 from 8:30 a.m. to 10:30 a.m. on shuttle bus from YVR to La Quinta Inn
Feb. 15 from 5:30 to 9:30 a.m. at Russel Sean Fitness, 9 – 12491 No. 2 Rd.
Feb. 15 from 3 to 5:30 p.m. at Sport Chek at Richmond Centre
Feb. 16 from 6 to 10 p.m. at Little Ongpin Restaurant in Richmond
Feb. 17 from 11 a.m. to 9 p.m. at Toys R Us at Lansdowne Centre

Feb. 17 from 1:00 to 3:45 p.m. at Dave's Fish and Chips in Steveston

Feb.17 from 12:30 to 2:30 p.m. at the Starbucks on No. 1 Road at Bayview

Feb. 18 from 11 a.m. to 9 p.m. at Toys R Us at Lansdowne Centre

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\$94 tax increase coming

By DON FENNELL @DFSentinel

The average Richmond homeowner will pay about \$94 more in taxes this year.

City council has approved an operating budget increase for 2019 of 4.82 per cent. This follows several amendments on an initial recommendation of 6.82 per cent.

The biggest factor, accounting for 61 per cent of the increase, is to cover the costs associated with the hiring of an additional 107 policing and fire personnel as part of Richmond's 2019 Operating Budget and 5-Year Financial Plan (2019-2023).

The additional staff are part of council's Safe Community Program and is based on the recommendations from the Richmond RCMP and Richmond Fire-Rescue to ensure adequate staffing is in place to address continue growth in the city.

Based on population, Richmond has fewer police officers than neighbouring communities. The current ratio is one police officer to 970 people. Municipal police statistics from 2015 showed Richmond has the lowest RCMP cost per capita.

The recent Richmond Fire-Rescue update identified that due to projected community growth over the next 10

years, a rescue company of 12 firefighters will be needed in the Steveston area. As well, in order to maintain current service levels, an engine company of 24 firefighters is needed for the city centre.

To address the safety staffing needs, the 2019 budget and 5-Year Financial Plan provides for ongoing operating costs of 51 more police officers and 20 municipal employees at the RCMP detachment over the next three years and ongoing operating costs for 36 more firefighters to be hired over the next three years. The proposed budget also includes about \$3 million in additional spending required to cover costs passed on by senior levels of government, including the new provincial Employer Health Tax. This is equal to a 1.38 per cent tax increase.

The budget was approved at council's Feb. 11 meeting, with Couns. Chak Au, Carol Day and Michael Wolfe voting in opposition.

The budget was approved at council's Feb. 11 meeting, with Couns. Chak Au, Carol Day, Kelly Green and Michael Wolfe voting in opposition. Day said she thought more fiscal cuts could be made, while Green said using a large amount of rate stabilization "just means we're deferring the tax increase from one year to the next."

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Young scientists to show their stuff

Come see what Richmond's bud-ticipating, this is Western Canada's ding scientists are up to.

One of the highlights of Education Week in Richmond is Science Jam at Aberdeen Centre on Tuesday, Feb. 26 from 4 to 5:30 p.m.

With more than 700 students par-

largest non-competitive science

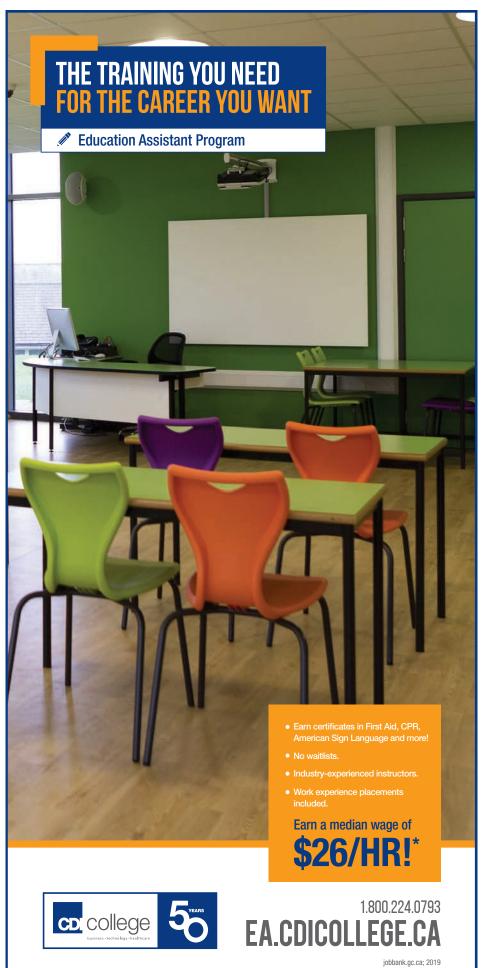
The Richmond Sentinel's science reporter will once again be a celebrity scientist at the event.

-Lorraine Graves

Mental health presentation

tion this week on supporting families affected by parental mental illness and addictions.

Claire Pitcher is giving a presenta- Thursday, March 14 from 7 to 8 p.m. at Richmond Hospital's Ralph Fisher Auditorium, 7000 Westminster Hwy. Doors will open at 6:30 p.m. and gues-The presentation is scheduled for tions will be taken from 8 to 8:30 p.m.



Richmond's oldest school, Mitchell Elementary

With many of details from the City son taught at the one-room school, of Richmond Archives, and specif- rowing to work every day from his ically its Richmond Schools online exhibit, this third installment in a **four-part series regales the stories** next few years to meet the rapidly associated with Richmond school names.

By **DON FENNELL** @DFSentinel

Richmond was still two years away from being formally recognized as a municipality, but by 1887 there were already enough children of school age for the community to form its first board of education.

Author Mary Keen notes in Time and Tide: The Settlement of Lulu Island's South Arm Shore, published by the City of Richmond Archives, that by 1885 Virginia English (whose father Marshall joined forces with Thomas Lindsey and Thomas Kidd to start the English District School in September 1887) was already teaching her three younger brothers along with Mabel Branscombe and Mary London among others in the empty post office building on the Phoenix wharf, west of No. 2 Road.

A small church on London's Landing served as the first formal English school, with the first purposely-built school opening a year later at the corner at what is now No. 2 Road and Steveston Highway. Mr. Robert-

home on Westham Island.

More schools opened during the increasing number of families settling in Richmond. In 1893, Thomas Kidd donated land between what is now Shell and No. 9 roads for the construction of a school. Reflecting life at the time, the property included a shed for horses and buggies. Students sat in rows of double desks, and used slates to write on. They were supplied with a small bottle of water and rag to clean the slates.

In 1904, increasing student enrolment prompted the demolishing and rebuilding of the English School. In 1910, a prominent name in the Richmond School District today, Kathleen McNeelv, after whom Nc-Neely Elementary School is named, began teaching at the now two-storey English School which featured eight grades. The school continued to operate through 1949.

Prior to 1906, only four elementary schools existed in Richmond. And students seeking an education bevond elementary had to travel across the river to Marpole, Ladner or New Westminster.

Richmond High (originally Bridgeport School) was the first purposely-built secondary school in the city and in 2018 marked its 90th year.

pioneer, Alexander Mitchell Elementary School remains the longest continually operating school in the Richmond public education system built on land donated by Mitchell.

farmer, Mitchell arrived in B.C. from Quebec in 1877 and settled in Richout squatter's rights as a settler on Mitchell Island, after whom the mostly industrial property below the Knight Street Bridge is named.

What began as a one-room school in 1908 serving Grades 1 to 8, Mitchell became a two-room school in 1922 and three-room school in 1926 that closed in 1906 but re-opened in with the use of the basement. However, in 1928, erroneously blamed on dampness in the cellar, an outbreak of pneumococcal meningitis and three of four students who contracted it died. As a result, the metropolitan board of health was given the responsibility to ensure all Richmond schools met certain standards in the future.

education developed gradually in Europe from the early 16th century. But even in the 1800s, the school year was much shorter than today with attendance averaging abut 130 days (compared to 180 today), as students were required to help their families harvest crops. Schools—

Named after an early Richmond the 1800s had no central heating. warmed instead by fireplaces and later wood stoves.

James Whiteside Elementary

Opened in 1955 as Mort Elemen-Said to be the area's first official tary, in honour of a pioneer farming family that lived in the vicinity, it was rebuilt in 1958 and renamed mond a few years later. He took for James Whiteside who was also a settler farmer. The decision to rename the school was made because in several languages mort is associated with death.

Sea Island Elementary

Originally a pioneer-era school the 1920s to serve children of local cannery workers, Sea Island closed again in 1941 with Canada at war. Then when employees of the Boeing Aircraft Company demanded an elementary school be established in the small community of Burkville, Sea Island was again re-opened in 1946. The school is named after its location, although the term has been at-The idea of compulsory public tributed to Colonel Richard Moody who was commander of the corps of engineers based in New Westminster in the mid-1800s, who surveyed the land in the Lower Mainland.

Hamilton Elementary

Opened as Trites Road School in 1910 (a title it retained until 1934), mostly one-room schoolhouses—in the original school was located on



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dates back to 1908

Road. It was named after Steveston joyed hunting and trapping and built businessmen who became municipal councillors in the 1900s. In 1933, the school was relocated to No. 9 Road and Westminster Highway to better serve the children of East Richmond and Queensborough: at which time it was renamed Hamilton, after Alexander Hamilton who was an early pioneer and berry farmer who served on school board during the 1930s.

Daniel Woodward Elementary

Opened in 1961 as an annex to Kidd Elementary, serving the burgeoning Shellmont area subdivisions, it became a full-spectrum school in 1967. The school is named after Daniel Woodward who came to Lulu Island in 1874 from Ontario and established residence at the south end of No. 5 Road which became known as

Westminster Highway and No. 7 Woodward's Landing. Woodward ena cabin the vicinity. He encouraged settlement in the region and in 1879 signed the petition for Sea Island and Lulu Island to be incorporated into the municipality of Richmond. He also served as school trustee along with Kidd and Whiteside for the English School District.

RC Palmer Secondary

Opened in 1959 but later rebuilt entirely, the school is named after Robert Cecil Palmer who settled in Richmond in 1923 after emigrating from England. He served Richmond in a variety of capacities, from school board secretary to assistant municipal clerk and eventually magistrate and judge in juvenile court.

Tomsett Elementary



Photo courtesy City of Richmond Archives Reflecting the days of yore, Mitchell Elementary is the longest surviving

tions were made when it became served 10 years as a municipal couna full-spectrum Kindergarten to cillor and became reeve (mayor) in Grade 7 school in 1988. The school is 1929. Through his efforts, Richmond named after Frederick Arthur Tom- received acreage at No. 3 Road and sett who came to Richmond in 1911 Granville Avenue for Brighouse Park. Open in 1959, further addi- from his native England. Tomsett

school in Richmond, dating back to 1908. 1996 13 8

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Home Outfitters shuts down

II 37 Home Outfitters stores last week, which will make way for liq-Aacross Canada will be shutting down by the end of 2019, parent company Hudson's Bay Company announced Thursday, Feb. 21.

That total includes the Home Outfitters located at Lansdowne Centre in Richmond, which actually closed down late in 2018.

The housewares company's closure is part of a "strategic plan to reduce costs, simplify the business and improve overall profitability," Hudson's Bay Co. announced in a press release.

The stores are "expected to close in 2019", and Hudson's Bay Co. noted that the vast majority of markets in which Home Outfitters operates, is also served by a Hudson's Bay, which accepts Home Outfitters gift cards.

Payless ShoeSource Canada Inc., which has two locations in Richmond at Lansdowne Centre and Richmond Centre, filed for creditor protection

uidation sales at nearly 250 locations across Canada, and a total of some 2,500 locations across North America.

According to a company press release, store closings will begin at the end of March, but many stores will remain open through the end of May.

"We have worked diligently with our suppliers and other partners to best position Payless for the future amidst significant structural, operational and market challenges," said Stephen Marotta, who was appointed as chief restructuring officers in January 2019. "Despite these efforts, we now must wind down our North American retail operations. As we move through the process, we will work to minimize the impact on our employees, customers, vendors and other stakeholders."

Pavless was founded in 1956 and serves millions of customers in 36 countries across the world.





SEEING CONSTRUCTION **ACTIVITY NEXT** TO BCIT?

In line with our commitment to sustainability, YVR is relocating earthworks materials from construction projects at the terminal to an unused parcel of land on Russ Baker Way.

While there are no current plans to

More safety.

More YVR.

More sustainability.

build on this site, this is an opportunity to re-use and recycle materials to prepare the land for potential future development. We will notify the community of any proposals for this land.

This project is expected to divert more than 215,000 cubic metres of waste from landfill.

For more information: vvr.ca/construction.





Patient-inclusive research brings new insights

Despite healthy lifestyle, physiotherapist was diagnosed with rheumatoid arthritis

By LORRAINE GRAVES **●** @LGSentinel

lison Hoens (pronounced Hoons) lived vibrantly.

"I'm passionate about activity, as a physiotherapist—both personally and professionally. Movement meant everything."

And she lived a healthy life.

"I didn't smoke. I was totally active with a great diet. Not the kind of situation that you would think of first as a risk for an autoimmune disease."

An autoimmune disease occurs when a person's immune system gets it wrong, fighting off healthy cells instead of bacteria and viruses. Your body attacks itself.

Life threw her an unexpected curve ball, one she ignored for a while.

"I operated on the principal of denial for probably about a two-year period and put it down to old war wounds. As a goalkeeper, I had had a number of significant injuries," she says.

Eventually her symptoms were explained.

"I was diagnosed with rheumatoid arthritis in May of 2012. I knew in the back of my mind, from my training as a physiotherapist, that I had strong symptoms of it, but I denied them," she says.

"Essentially, when I went for that first appointment, I could barely walk and I just hadn't perceived it. When I was given the diagnosis, I thought it was wrong. I didn't believe it for about five months even though I was really, really not well," she says.

To give back for the amazing care she received, she turned to Rich-



Photo by Chung Chow

Jenny Leese, left, and Alison Hoens harness the power of lived experience to guide research.

mond-based Arthritis Research Can-

She spoke with her rheumatologist, Dr. Antonio Aviña-Zubieta, and he connected her with the ARC's Patient Advisory Board (APAB).

One hallmark of arthritis care has long been patient involvement. Patients understand their diagnosis and become active partners in their disease management, working with the doctors, physiotherapists and occupational therapists to adjust their lives in realistic ways and use treatments that work best for them.

Since 2002, ARC has led the way in making patients partners in medical research as well-from advising on how best to deal with their needs, all the way to patients proposing studies. Originally started by ARC's scientific director, Dr. John Esdaile, patient participation in research has seeped into all aspects of arthritis research, not just a few selected studies.

"It's just the normal way of being at swers are fading, at least at ARC. ARC so the trainees are raised that way," says Hoens.

For instance, patient advisors showed the need for research on brain fog, the mental mushiness that comes with some inflammatory diseases.

For researcher Jenny Leese, things didn't turn out as she thought either. A Brit with a UK degree in the humanities, she is now a PhD student at the University of British Columbia's department of physical therapy and a research trainee at ARC.

"Patient engagement in research is about carrying on research with patients rather than to patients," she says.

The paternalistic days of doctors being the only one to ask the questions and the only one to seek an-

"Patients can be involved from the very start of a research project even identifying the research projects, from the very conversation that starts the process around what is important. From there, they can be involved in preparing the research grant, informing the data collection process, supporting the researcher to interpret the findings, and even co-authoring a scientific paper," Leese says.

She points to a recent study published in a respected scientific medical journal: "That paper was co-authored by four patient part-

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PATIENT

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ners on the project"

She outlines one example of a newer avenue of research that doctors hadn't thought of: "Fatigue is an excellent example. It opened up a whole new area for research that patients had identified as being important that researchers perhaps had not fully appreciated previous to listening to their stories."

And Leese is an example of what you can do with a degree in English literature: "I was working with Dr. Anne Townsend who is a research associate of ARC."

Leese repurposed her knowledge in the humanities for her scientific PhD work.

"I was used to analyzing stories in the canon of English literature, and then I was analyzing stories of people living with RA, so I had transfertheir scarce spare time or energy. able skills."

ciologist in UBC's Department of Occupational Science & Occupational Therapy, was looking at people's experiences of living with rheumatoid arthritis.

"It was a qualitative research study about looking at how people with it were experiencing their everyday lives and living with this disease," Leese savs.

"Now that ARC has established the value and procedures for patient participation, they want to fine tune it," says Leese.

So ARC is taking this partnership one step further, asking their patient advisors what works best for them when they are participating in a study. Now for her PhD, Leese and ARC ask the patient partners what works best for them-how best to have them participate and help guide research while not depleting

As Dr. Diane Lacaille's project research. Dr. Townsend, also a medical so- Making It Work has shown, people with arthritis, even severe arthritis, can continue to participate in life and research but they often have to make adaptations to allow for such how is Hoens' health? things as fatigue, physical limitations, and flare-ups—the times their number of complications. I have had arthritis is particularly painful or debilitating.

> Leese says the research issue is: "How do we do it genuinely? How do we really and truly engage with patients and avoid it being a tokenistic practice, as well as having it be meaningful? As researchers how do we make sure that we are actually fulfilling patient participation's povice?"

At ARC, they take patients' advice seriously. APAB has its own board and budget from ARC as well as having a liaison person on the ARC board of directors. They are integrated in the very fabric of arthritis

Thanks to ARC's lead "lots of diseases are learning how to incorporate patient partners," Hoens says.

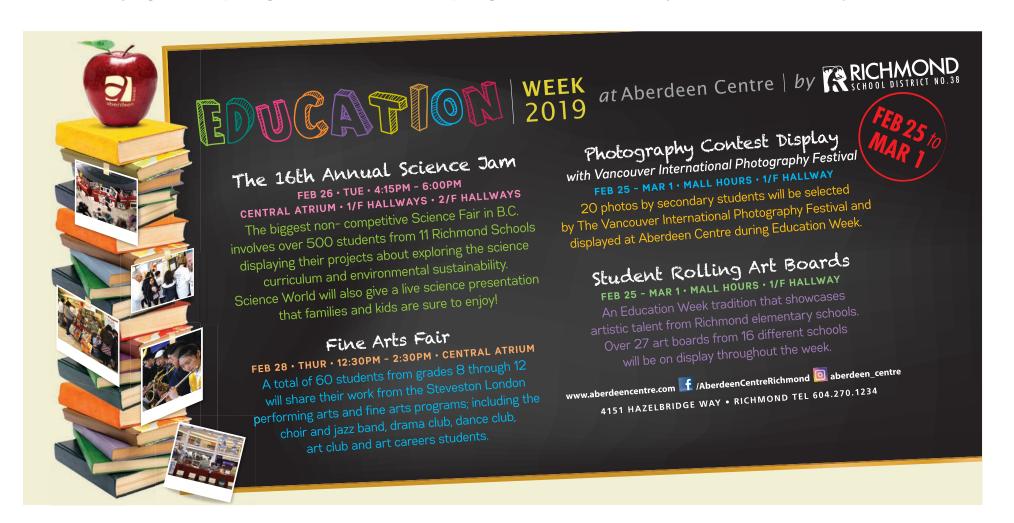
And now, almost seven years later,

"It's been a bit rocky. I've had a reactions and got a second autoimmune disorder called autoimmune gastro paresis," she says.

It's a condition that slows the movement of food through the digestive system. Hoens says most people with an autoimmune disease often have more than one condition to deal with

It's not a one-way street. Hoens tential and not just paying it lip ser- says she has the best health possible because of her advisory role: "My being on APAB and being at ARC had enabled me to be at the front of the wave of research that has directly helped me."

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RAPS COMMUNITY REPORT Caring for the animals who care for us



Applewood team cares for animals



Pat Johnson

Darren Graham was awakened by a "bone-chilling" sound, something like a howling animal."

His first thought was that it was a coyote that maybe had been wounded or trapped or something awful because we are in the country and there's lots of coyotes around," said Graham's fiancée Jacqui Micka.

When Graham went to investigate, opening the back door and turning the light on, the sound stopped for a minute.

But soon he saw a commotion in the pool.

"Sure enough, there was a giant beast of some description on the far side, just wailing," Micka recounted. "By this time, I had woken up and come downstairs."

The couple, who will marry this summer, are new to their largely rural neighbourhood and were having some septic work done. The fence had been partly dismantled to allow access.

"He went in to get a jacket and curiosity got the best of me and, while he was inside, I was kind of peeking out trying to see and I realized that it was a dog," Micka recalled.

"He was in the corner of the pool and he had both front paws and as much of his body out of the pool as he possibly could, but he was stuck. And he just looked at me, with this face. So, I went over to him and said, 'Calm down, Darren's coming.""



Bodhi, a labrador-boxer-mastiff mi owned by Darren Graham.

While the incident occurred before the recent cold snap, the pool has been turned off for months, so it was undoubtedly very cold.

The dog was a large, old chocolate lab, she surmised, and too big for her to lift alone.

"The way he looked at me, I thought, he just can't wait," Micka said. "So, I reached down and I lifted him and he did everything he could to lift himself at the same time and then, whoosh, he was out of the pool."

The dog shook himself off and bolted.

"I have to hope and assume that he got home,"

she said.

While anyone would rescue a dog that was struggling on their property, Graham and Micka's relationship with animals goes much deeper than this one act of kindness.

Graham is the founder and owner of the Applewood Group; Micka is the company's director of marketing.

Their Applewood Nissan, in the Richmond Auto Mall, donated the space where the RAPS Animal Hospital and the Regional Animal Protection Society's administrative offices are located.

The in-kind contribution from Applewood is valued at about \$500,000—a contribution that allows RAPS to save and improve the lives of so many animals.

Applewood also donated the RAPS Animal Control Van, an additional value of \$60,000.

Their animal connection also got a lot more personal recently, when they adopted Bodhi, a labrador-boxer-mastiff mix

The lucky three-month-old pup is a testament to the family's devotion to animals.

"The exposure that I have had over my lifetime and certainly in Darren's is just that unbelievable love and enrichment that animals give. I just know so many stories where they give people the purpose, oftentimes with the elderly folks and people who have lost their spouses," Micka said. "There are just far too many neglected animals."

Caring for animals may seem selfless, she said, but the rewards are real.

"I have always known that it's something that feels good ... It's a bit selfish, actually," she said, laughing.

Pat Johnson is the communications manager for the Regional Animal Protection Society.

MY NAME IS FREDDY

Freddy is an adorable miniature red Poodle who was surrendered to RAPS when his owners could no longer care for him. He is an absolute sweetheart who loves to cuddle and just hang out with his people.



REGIONAL ANIMAL PROTECTION SOCIETY (RAPS)

rapsbc.com | City Shelter: 604-275-2036 Head Office: 604-285-7724





Applewood

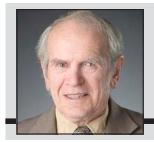
RAPS ANIMAL HOSPITAL

rapsanimalhospital.com
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The RAPS Animal Hospital and
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In their own words...

Richmond committed to fighting climate change



Harold Steves Councillor

Richmond is a world leader in geothermal district energy, energy management and conservation at the local level. The City is committed to reducing community Greenhouse Gas (GHG) emissions from 2007 levels by 33% by 2020 and 80% by 2050. The City has reduced its overall greenhouse gas emissions by 12% between 2007 and 2015, despite a similar percentage of growth in population during the same period.

Community centres at South Arm, West Richmond, Thompson and City Centre, Steveston Tram, Fire Halls No. 1 through No. 6 and the RCMP Community Safety Building use very little natural gas for space heating or none at all. The City has already reduced natural gas use by 25% since 2007 and expects to reduce consumption even further as the new Minoru Centre and other projects are completed, with a target to reduce GHG emissions by 65% (below 2007 levels) from civic buildings by 2020.

Richmond estimates that by 2025 all new buildings will be "near Net Zero" carbon. Most existing buildings will have had major renovations by 2050. With increased densification that will result in reduced energy needs and reduced carbon emissions.

The City's Alexandra District Energy Utility has been using 100% renewable, totally clean, geothermal heat energy for 3,100 residences in the Odlin Road area since 2012. The Alexandra District Energy Utility won the International District Energy Association's "System of the Year Award" in 2016.

Richmond received further awards in 2018 when it was first in North America to add an air source heat pump to a large retail development.

As the area around the Olympic Oval and recently approved City Centre developments are completed, district energy will replace electric baseboard heaters and natural gas in 16,000 residences already approved. As Richmond densifies, and even more new residences are built, much of Richmond's City Centre will be heated and/or cooled using a range of renewable energy sources. The rates charged are slightly below BC Hydro rates, and each project will be paid for in 17 years.

For years, many of us have been questioning the advisability of spending \$12 billion building the Site C Dam for hydroelectricity rather than keeping the valley for food production. The Site C Dam will take 80 years to pay off, and hydro rates will increase.

The cost of solar is decreasing, and Richmond will be installing solar on the rooftop of Brighouse Fire Hall No. 1 and potentially the new Minoru Centre for Active Living. The first solar roof single family subdivision in BC has been built in Steveston. City staff estimate that solar costs and hydro costs will soon be equal. Richmond is monitoring these projects to determine when it will be feasible to start developing solar district energy. A group of UBC scientists headed by



Richmond's district energy utilities are helping the City meet its targets reduction of greenhouse gas emissions.

Dr. Stephen Sheppard estimates that roof-top solar can generate enough power for 900,000 homes, twice the output of the Site C Dam.

When will we admit we have a world wide climate crisis?

Our senior governments are quick to subsidize hydro, pipelines and liquefied natural gas (LNG) with billions of dollars, but there are no subsidies for clean, renewable, energy alternatives like geothermal, solar and wind. LNG produces the same greenhouse gases as coal and oil. Richmond's reduced need for natural gas for heating in the West Cambie area has already taken the equivalent of 710 cars off the road. Yet our provincial and federal governments are hell bent on taking the natural gas we have worked hard to conserve and converting it to LNG. They will use hydro energy at the Site C Dam to produce and export the LNG overseas. Does anyone else care?

City of Richmond Council Meetings Calendar

Development Permit Panel

3:30 p.m. Wednesday, February 27 Council Chambers, Richmond City Hall

General Purposes Committee

4:00 p.m. Monday, March 4 Anderson Room, Richmond City Hall

Finance Committee

4:00 p.m. Monday March 4 Anderson Room, Richmond City Hall

Planning Committee

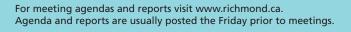
4:00 p.m. Tuesday, March 5 Anderson Room, Richmond City Hall

Council Meeting

7:00 p.m. Monday, March 11 Council Chambers, Richmond City Hall

Community Safety Committee

4:00 p.m. Tuesday March 12 Anderson Room, Richmond City Hall



Council Meeting Live Streaming





Visit www.richmond.ca to link to live streaming or watch archived video.

www.richmond.ca



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McMath marching toward provincial

By **DON FENNELL** @DFSentinel

In basketball-mad Richmond, the Mc-Math Wildcats stand tall.

Amidst a culture of excellence, the school's senior girls team is proving to be a leading force guided by veteran coaches Chris Kennedy and Anne Gillrie-Carre, whose passion for the game is as apparent as that of the players.

This is the calm before the storm, as the Wildcats prepare for the biggest week on the high school hoops calendar. The quest for the B.C. High School AAA championships begins at 10:15 a.m. Wednesday when the 11th-ranked Richmond side faces No. 6 Brookswood Bobcats of Lanley on Centre Court at the Langley Events Centre. The ultimate goal is to reach the final and play for the big prize Saturday night.

A long shot maybe, but all season long the Wildcats have defied the

"A lot of people around the province thought we were a year away from contending, but here were are," Kennedy says with a hint of pride. "I want our girls to enjoy the experience and show their best. With a little luck, we

will go on a run."

Having graduated so many key players in 2018, the 2019 season was forecast to be one of rebuilding. Even Kennedy is surprised by how well the Wildcats have fared with so many young players.

"We knew we would get strong play from our Grade 12 guard Jayna Wilson and our other Grade 12s, but our Grade 8 and 10 players have really matured quickly," he explains. "The move to senior basketball is huge and they have adjusted really well. I think playing many of the best teams early in the year was smart strategy, as it showed us where we needed to be for playoffs. We have played Walnut Grove, Riverside and Brookswood. There is nothing to be intimidated about (being at the provincials)."

While the upstart Wildcats qualifying for provincials is a story in itself, their play since the Christmas break has been nothing short of remarkable. They're 20-2 since the flip of the calendar and enter the season's final tournament with an overall record of 30-11.

Though they lost to the Argyle Pipers in the regional Crehan Cup final last Saturday, McMath still enters with plenty of optimism if not confidence



Grade 11 forward Liz Kennedy is in her fourth season as a Wildcat.



Photo submitted

McMath's graduating five — Jayna Wilson, Morgan Flynn, Jazmine Tufnail, Bella Lawson and Leah Hillman.

as the Lower Mainland's second seed. coaching staff and the players who've What is perhaps as impressive, and potentially concerning for the opposition, is the balanced attack they displayed throughout the Lower Mainland tournament. With Wilson providing leadership in a standout performance during the team's 72-56 semifinal win over Burnaby South, coupled with equally impressive showings by senior forward Morgan Flynn and Grade 10 guard Abby Bodden in the championship game against Argyle, the Wildcats clearly have the ingredients required to go far.

For five players, this week's provincial championships represents the end of their high school basketball careers. But for 10 others, including four starters with at least one more year of eligibility, the experience alone will be just an appearance. invaluable.

fourth time in the last five years that McMath has qualified for the provincials, a testament to a dedicated set a high standard.

McMath last faced Brookswood at the provincials in the 2016 finals, with the Bobcats holding off the Wildcats for the B.C. title. Earlier this season, the teams played even through three quarters before Brookswood's hot shooting allowed them to pull away.

Kennedy believes to be successful at provincials requires momentum. good preparation and a little bit of luck. Match-ups are also key.

"We don't have the size like some of the teams in the tournament, so the longer we can avoid those teams the better," he says.

Already, the Wildcats have realized their goal of making provincials. But they're clearly hungry for more than

"It is an interesting feeling this year The 2019 tournament marks the heading into provincials," Kennedy says. "For the 10 girls that will be back this experience will be incredibly important in their development."

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crown

Only Liz Kennedy (as a Grade 8 and 9 student) and Morgan Flynn (in Grade 10) have previously played in a senior provincials, and I tried to explain to the girls it is a completely different experience. It is something that is hard to prepare for.

I have always found it hard to ensure we are ready for provincials. After playing a game every night almost for two weeks, there is a 10-day break before provincials. We are scrimmaging a couple other teams and also training with our junior boys' team (they are also going to provincials) to try to ensure we keep the intensity high. We want to build up to next Wednesday and our first game."

Kennedy says there is always some pressure having been so consistent in recent years. But with so many young players this season, expectations are at least lessened.

"We definitely showed some nervousness the last two weeks through Richmond and Lower Mainland playoffs, but in many ways success at the BCs is a bonus now," he says.

"Provincials are such a great experience. I am so glad the girls will get a chance to experience playing with all the best players in the province on a huge stage. Whether it is our Grade 8s who will get to do this many more times, or our Grade 12s who get to do this one last time, it is all special."

Now that the stage is set, it's time to let the games begin.

As Wings once sang, "With a little luck..."

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Photos by Chung Chow Chris Kennedy and Anne Gillrie-Carre provide McMath with experienced coaching.





Photo submitted **Richmond Colts** won the city's Grade 9 boys' basketball championship.

Oval hosting boys' Final Four Friday

By **DON FENNELL** @DFSentinel

Three teams remain in the runthe 2019 B.C. High School senior boys' basketball championships March 6 to 9 at Langley Events Centre.

And they'll have a semblance of home court advantage on their side, with the four berths to be decided this week at the Richmond Olympic Oval.

Two of the Richmond teams will go head-to-head at the Vancouver and District championships Wednesday, with the MacNeill Ravens facing the Richmond Colts at 4:30 p.m. Earlier, at 2:45 p.m., Steveston-London Sharks meet St. Thomas More Knights.

Friday's Final Four will commence with the third/fourth place game at 2:45 p.m., followed by the regional final at 6:15 p.m.

Second-ranked Richmond scored an 81-73 victory over Lord Byng on Feb. 20, while thirdranked MacNeill outscored Magee 82-73. Top-ranked Charles Tupper got past Steveston-London 86-74. McMath Wildcats were ousted by St Thomas More 53-43 Friday in a last-bid effort to extend their season.

reason to (w)hoop it up this season.

While the school's senior girls St. Patrick. I ning to represent Richmond at team continues its preparations for next week's provincial championships at Langley Events Centre, its juvenile girls' and junior boys' teams have also fared well. The juvenile girls' won the regional title with a 55-31 win over Seycove, while the junior boys reached the provincial championships with a second-place finish at the region-

> Under the guidance of head coach Jon Acob and associate coach Chris Kennedy, McMath's iunior bovs' team then went on a spectacular run at the provincial championships Feb. 23 to 26 at the Langley Events Centre, which was still be played as the Sentinel went to press.

> Entering the 32-team tournament as the sixth seed, the Wildcats won their opening game 66-48 over Sahali of Kamloops and then ran off wins over St. Georges Saints and Yale Lions to reach the Final Four.

> MacNeill Ravens, which topped St Thomas Aguinas 52-32 in the junior boys' consolation final at the Vancouver and District championships, also reached the pro-

McMath students had plenty of vincials and defeated Heritage Woods 48-43 in their first tournament game before losing 58-42 to

> Burnaby Mountain outscored Hugh Boyd 54-41 in the consolation final of the juvenile girls' district championships.

> Richmond's three entries in the juvenile boys' regional championships bowed out early, with league champion Richmond Colts falling 66-51 to Argyle, McMath losing a heartbreaker 44-43 to Burnaby Central and Steveston-London being outscored 38-20 by Burnaby Mountain.

> The Lower Mainland bantam girls' title was decided at MacNeill Secondary, with New Westminster's Glenbrook Middle School outlasting West Vancouver Highlanders 49-33. Argyle eliminated MacNeill with a 40-37 win, while Handsworth ousted Burnett 47-33 and Glenbrook topped McNair 38-28 on Feb. 13.

> In the bantam boys' district championships, Richmond Colts dropped a 58-48 decision to Seycove in the consolation final Feb. 19 at Richmond High. Earlier, Sevcove eliminated MacNeill 72-54 and Burnaby South eliminated Burnett Breakers 57-22.

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McNair wrestler wins provincial gold

By **DON FENNELL**©DFSentinel

ovan Dhaliwal isn't a big talker. But his actions speak volumes.

A 2019 gold medallist at the recent provincial high school wrestling championships, the Grade 12 Matthew McNair Secondary student has been dedicated to his craft since he first stepped foot on the mat at age seven. He's steadily progressed since then, and hopes to land a university athletic scholarship to continue his ascent up the wrestling ladder.

"It started with my dad," explains the quiet-spoken Dhaliwal. "He was a wrestler in high school and he was pretty good."

A silver medallist at the 2018 nationals, Dhaliwal likes that wrestling is an individual sport, where his performance mostly dictates the outcome.

"I try to always work on my mechanics. If I lose (a match) I try to fix them," he says.

When it comes to practice, few wrestlers are as committed as Dhaliwal. He practices both before and after school, "usually at least two hours—sometimes more."

"When I don't get the results I want, I try to work even harder," he says.

All the preparation clearly paid off at the provincials, where he dominat-

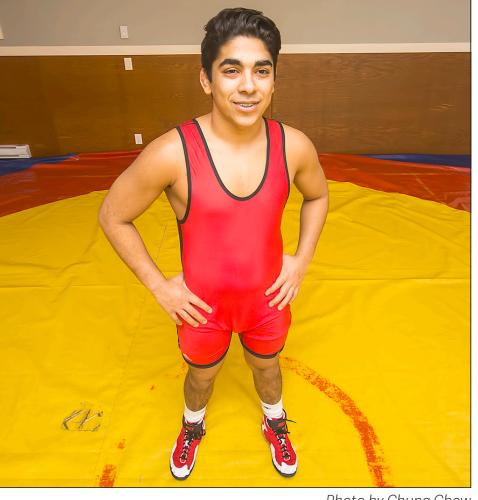


Photo by Chung Chow

Grade 12 Matthew McNair Secondary student Jovan Dhaliwal won the boys' 70-kilogram weight class at the recent B.C. High School Wrestling Championships.

ed the boys' 70-kilogram weight class though he insists he was "feeling pretty nervous before my first match."

But a 14-1 win over his first-round opponent from Vancouver Island's Cowichan Secondary proved he need not have been, though it clearly boosted his confidence for the remainder of the tournament.

He defeated his next two opponents from Abbotsford's Rick Hansen Secondary and Maple Ridge Secondary by scores of 11-0 and 11-0, before pinning his opponent from Coquitlam's Pinetree Secondary in three minutes, 40 seconds to win his division.

"When I won gold I was very happy," says Dhaliwal, who got a heartfelt "good job" from his proud dad, Raj, who was on hand to watch the matches.

Proving that father knows best, the young Dhaliwal adhered to the sage advice of his dad "to stay in a good stance and look for your moves."

"I think patience is my strongest suit," he says.

But Dhaliwal never gets too far ahead of himself, believing there is always room for improvement. He has been training the past few months with coach Aso Palani in Newton. He says has helped improve his overall technique and fitness level.

He also sometimes practices alongside his younger brother, who has also taken up wrestling.

Dhaliwal is proof that if you want something badly enough, you'll find a way.

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Sockeyes dogged in playoff defeat

By **DON FENNELL**@DFSentinel

Richmond Sockeyes probably deserved better, but fate determined otherwise.

So did Cale Dolan.

The Grandview Steelers' goaltender was the difference-maker in his team eliminating the defending provincial Cyclone Taylor Cup champions in five games in the opening round of the

2019 Pacific Junior Hockey League playoffs.

With Richmond peppering the lanky goaltender with shots, Dolan stood tall stopping a combined 113 shots in the last three games to backstop his team to 3-2, 5-4 and 3-1 victories—the last Feb. 21 at Minoru Arenas.

Richmond's Michael Araki-Young tied with rookie Craig Schouten and Jacob Keremidschieff for the Sockeyes' playoff points lead, each with five points.

The playoffs are called The Second Season for good reason. While hockey teams battle through a long regular-season schedule in hopes of qualifying for the playoffs, the results in the post-season tournament are determined by the very same things that account for a team's standing heading in—talent, teamwork, injuries, luck and momentum. Or lack thereof.

The first round of the 2019 Pacific Ju-

nior Hockey League playoffs reflected just this.

Grandview was sportsmanlike in victory, extending congratulations to the Sockeyes and to its 10 graduating players led by captain Matt Brown.

"PJHL Steelers would like to thank the Sockeyes for a wonderful series. We want to wish the 10 senior players all the best as they end their junior hockey careers," tweeted the Steelers.

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Anticipation building for Minoru Centre for Active Living opening March 11

By **DON FENNELL**©DFSentinel

ike a child on Christmas morning, baby boomers will have extra incentive to wake up early next Monday.

The much-anticipated opening of Richmond's newest recreation complex, Minoru Centre for Active Living, is set for 7 a.m. March 11. But while the facility's seniors and events centres will be open, the aquatics and fitness centres won't quite be ready.

During commissioning work, it was discovered that the concrete base had shifted on one of the six pools. As a result, opening of the aquatics centre has been postponed to allow for necessary repairs. An assessment is underway to determine the scope of the repairs and how will the process will take.

The seniors' centre addresses the city's fastest-growing segment and nearly 30 per cent of the Canadian population. Those born between 1946 and 1964 will have a cornucopia of services from which to choose.

Constructed over two storeys, the new seniors centre will provide double the program space of the existing Minoru Place Activity Centre, which will be repurposed to provide additional space for arts and community programs. This will primarily address programs that have outgrown available capacity at Richmond Cultural Centre.

The Minoru Seniors Society will deliver a comprehensive and expanded range of programs and services.

While seniors are sure to be pleased, so too will the remainder of Richmondites who will have access to many more sport and fitness pursuits. The new facility will have a 8,500-square-foot fitness centre, sport programming and support space, a full-service cafeteria and bistro, commercial kitchen, three new outdoor public plazas



Photo by Don Fennell

Minoru Centre for Active Living is almost ready for use. An official grand opening will be held in April.

and two public art installations.

The events centre within the facility will also open on March 11. It includes eight team rooms and a multipurpose space for sport field and other users. The events centre supports tournaments and activities on the adjacent artificial turf fields, Clement Oval and other park facilities. The City previously completed redevelopment of artificial turf fields, field lighting and other sports fields within Minoru Park as part of this project. An opening for the aquatics and fitness centres within the complex will be announced once confirmed. In the interim, regular aquatics programs will continue to be scheduled at Minoru Aquatic Centre. Refunds will be available for those who registered in anticipation of the programs being offered in the new facility.

Mayor Malcolm Brodie said the facility will provide a major expansion of seniors services, aquatics and other sport and recreation services for the community.

"With its outstanding array of services, iconic design and prominent location in the heart of Richmond, the Minoru Centre for Active Living will quickly become one of the jewels of our community," said Brodie.

One of the most anticipated fea-

tures of the \$79 million complex is a new aquatics centre. With six bodies of water, including Canada's largest hot tub, the aquatics centre will provide 60 per cent more surface water area than the current Minoru Aquatic Centre while helping to address the needs of the current and growing population. A standing council motion to decommission and demolish the aquatics centre. However, some councillors have expressed interest in retaining the building to meet other community needs

"Staff are working on a council referral to provide low-cost options to keep at least part of the building operable," explained city spokesperson Ted Townsend, noting the referral is only to provide costs for consideration.

Townsend said the aquatics centre site is also designated as a special study area within the Minoru Park Plan in terms of its future use. Staff brought forward a proposed Minoru Park Vision plan last year, which was referred back with a request to look at a number of vision plan components, including potential future land use for the special study area. Reports on both referrals are expected to come back to council in the near future.

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'Cats to B.C. Final 4

By **DON FENNELL**©DFSentinel

Even fighting a cold, it wasn't hard to hear the excitement in Jon Acob's voice.

With McMath Secondary's junior boys' basketball team set to face Vancouver College in semifinal play Feb. 25 at the provincial championships in Langley, the veteran bench boss wasn't at a loss for words.

"These are good times," he said.

Indeed they are, after the Wildcats, seeded sixth entering the 32-team B.C. tournament, went on an unexpected run to reach the Final Four.

The run began with a 66-48 win over Sahali of Kamloops last Saturday morning, a game that reflects what the Wildcats are all about: team. Thirteen different players contributed to the scoring, led by player-of-the-game Rio Hutchful's 17 points.

McMath then pulled off a 57-56 win over St. Georges Saints, a team that had spent much of the year ranked in the top five provincially. St. Georges got off to a quick 10-0 lead and held a four-point advantage with two minutes to play before a timely three-point shot from Michael Kitka found the range. A put-back basket from Miguel Vargas then propelled the Wildcats onto the quarter-finals, with Travis Hamberger pacing the Wildcats with 19 points.

McMath reached the semis with a 49-41 win over Fraser Valley champion Yale Lions.

Going into the tournament, Mc-Math had only one top-eight finish in school history (fourth in 2011). They hoped to become the first Richmond school to win a B.C. basketball title since Richmond High in 1998.

•dfennell@richmondsentinel.ca

22 | March 2019 RICHMOND SENTINEL

FREE Classifieds

Richmond classifieds to advertise your lost & found items, volunteer opportunities, pets, sale items, events and free stuff!

To post your FREE 25-word classified, please email us at classifieds@richmondsentinel.ca. Deadline: Thursday, March 7 the Mid-March 2019 issue.

Women's Day

Come celebrate International Women's Day and support the Richmond Women's Resource Centre Saturday, March 9 from 10 a.m. to 1 p.m. at the Continental Seafood Restaurant. With over 6,000 client interactions last year, the centre helps many women from all walks of life in Richmond. Tickets: richmondwomenscentre.bc.ca

COLORECTAL CANCER PATIENTS and survivors wanted for an online survey by University of BC. Participants can enter to win 1 of 2 iPads. Use this link to participate: tinyurl.com/ColorectalStudy

Win an iPad

Arthritis

WANT TO LEARN MORE about self-care for rheumatoid arthritis? We invite you to test a program for monitoring arthritis symptoms and physical activity. Contact Information: Johnathan Tam at 604-207-4027 or via email at operas@ arthritisresearch.ca.

Tax clinic

FREE TAX FILING and Income Boosting clinics. Put more money in your pocket. Thursday, March 7, 5:30 to 8:00 pm, Thursday March 14, 12:30 pm at Queensborough Community Centre, 920 Ewen Ave, New Westminster. www.fsgv.ca/taxes.

For sale



2010 **SILVER** TOYOTA **PRIUS** HYBRID. 106k Kms; no accidents; one owner; Winter tires on rims included! Only \$12,000. Call Dan @ 604-274-4028.

Hygienist

MOBILE DENTAL HYGIENIST (365 day exempt) with 30 years experience, comes to your home, if you are disabled, house-bound or elderly. Please call Linda at 604-231-9747 for information/appointment.

Pick up a copy of The Richmond Sentinel from the following locations:

- Richmond City Hall Seafair Centre IGA
- Richmond Public Libraries
 Esso Gas (Hamilton)
- Minoru Aquatic Centre Pharmasave Richlea
- Richmond Hospital Cambie Plaza
- Lansdowne Centre Minoru Arenas
- Save-On-Foods PriceSmart Foods
- Richmond Centre Watermania Pioneer's Pub
- Blundell Centre Central at Garden City
- Delta Shopping Centre (Richmond)

And at these community centres: • Cambie • City Centre

Hamilton • South Arm • Steveston • Thompson • West Richmond



MID-FEBRUARY ANSWERS

0	×	0	0	X	0	X	X	0	×
X	×	0	0	X	X	0	X	0	0
X	0	X	X	0	0	X	0	×	0
0	×	0	0	X	X	0	0	×	×
X	0	X	X	0	0	X	X	0	0
0	0	X	0	X	X	0	X	×	0
X	×	0	X	0	0	X	0	0	×
X	0	0	X	0	X	0	0	×	×
0	×	X	0	X	0	0	X	×	0
0	0	X	X	0	X	X	0	0	×

COMMUNITY NEWS

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Eugene Sheffer's crossword

ACROSS

- PC alternative
- Facts and figures
- 8 Run off
- 12 Coach Parseghian
- One-named supermodel
- Sitarist's music 14
- Caviar fish 15
- 17 "As — saying ..."
- Pork cut 18
- 19 "Peter Pan" girl
- Nasser's successor 20
- 22 Thug
- 24 Rotate
- Small reed organ
- 29 Acapulco gold
- Jail-related 30
- 31 Ms. Thurman
- Temple of the gods
- Beach crawler
- 35 Oscar-winner Moreno
- 36 Crude dudes
- Ryan of "Love Story" 37
- Sty chow 40
- Dictionary entry
- 42 Custard-filled pastry
- Actress Falco 46
- Melville captain 47
- Commotion 48
- Burpee buy 49
- 50 The Red Planet
- 51 Bottom line

DOWN

More (Sp.)

- 10 11 6 13 12 14 17 15 16 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 38 39 40 37 41 42 44 45 43 46 47 48 49 51 50
- Illustrations
- Witch's pot
- Finger or toe
- 5 "So be it"
- 6 Eastern path
- 7 Raggedy doll
- Chum
- 9 Grassy area
- "Zounds!" 10
- 11 Relaxed
- 16 Reddish horse
- 19 Sweater material
- 20 Halt

- Mystique
- Italian port
- "The Good Earth"
 - wife
 - 25 Bump into

 - 26 Certain hotel plan Sharif of film
 - 28 Apprehends
 - 30 Dr. McGraw
 - Swapped 33 "Neato!"

34

- 36 Shapeless forms
- Has bills

- Protuberance
- Canal of song
- 40 Mast
- 42 "Platoon" locale
- 43 "Eureka!"
- 44 Poem of praise
- "Kidding!"

Answers will be posted in the next issue in Mid-March

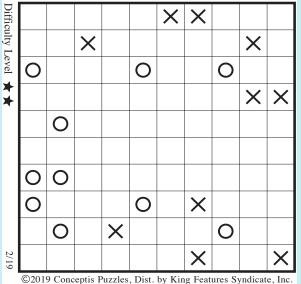
SUDOKU

The goal of Sudoku is to fill a 9x9 grid with numbers so that each row, column and 3x3 section contain all of the digits between 1 and 9.

		3				6		8
				6			4	
4	5				8			9
	3		8			2	9	
	8		3		6		7	
	2	4			1		8	
7			2				6	5
	6			8				
9		5				8		

TIC-TAC-LOGIC

A one player game, the object is to place Xs or Os in the squares grid. There cannot be more than two consecutive Xs or Os in a row or column. Each column/row is unique and has five Xs and Os.







\$3,288,000.00 Reduced

14260 Westminster Hwy

5 ACRES IN EAST RICHMOND. 1st time on the market. Here's your opportunity to own farmland in this sought after area of Richmond. Approx. 2,500 square foot family home is well kept & solid built. 3 bedrooms 2 bathrooms on 2 levels. system. Huge workshop out back with attached covered Close to shopping, transit, and all major routes.

New Price

14300 Burrows Road

PRIME LOCATION! East Richmond on 3.7 acres of located in ALR. Build to suit your needs while farming the land. Property is zoned AG-1

\$2,999,000.00

\$2,499,000.00

New Price

14400 Burrows Road

RARELY AVAILABLE! East Richmond! 5.3 acres suitable for a holding property or build hobby farm. Property in ALR and on city sewer

1308 Ewen Street \$1,450,000.00

1310 Ewen Street \$1,250,000.00

Current use: Church Property

RARE OPPORTUNITY HERE! To own property in this up and coming Queensborough neighborhood. OCP calls for low density residential uses including single detached houses, houses with a secondary suite, duplexes, detached townhouses, low density multi-family uses, places of worship, daycare facility and may contain small scale local commercial uses such as home occupations and corner stores. Current Zoning is Institutional/CD-49. Combined square footage of lots approx, 21,720. These Properties must be sold together.





8331 No. 6 Road

Luxurious Custom Designed & Built Family home on 1 acre. Quality and attention to detail throughout. 6 bedrooms 7 bathrooms with over 8000 square feet living space and a Coach House. Quality and attention to detail throughout.

\$1,249,900,00

4211 No. 5 Road

DESIRABLE EAST CAMBIE 8,711 Sq. Ft. Lot. 1,820 sq ft older family home offers 4 bedrooms 3 bathroom. Super neighborhood to call home. Very close to Schools, Shopping Community Center and Parks.



11500 Westminster Highway

BUILD YOUR DREAM HOBBY FARM HERE. 0.5 acres zoned AG-1 Frontage 84' x 258' Central Location close to shopping, recreation, golf, transit, Hwy 99, Knight Street, connector to New Westminster or Alex Fraser Bridge to Surrey. School catchment is Henry Anderson Elementary an A.R. MacNeill Secondary.

\$6,200,000.00 **Exclusive Listing**

Rarely available 9.8 acre property zoned must remain farmland.

8720 No. 5 Road

AG-1 agricultural. Public Assembly/ Institutional use to allow for Churches, Temples, Mosques, Schools etc are permitted on the front 2 acres and remaining acreage Call Dale for more details



10511 Bridgeport Road

DEVELOPER ALERT! Be Part of a LAND ASSEMBLY on the corner of Bridgeport and Mclennan Ave. PRIME LOCATION!!! LOT SIZE 9.548 SQUARE FOOT.

LAND & FARM LISTINGS

Richmond

22451 Gilley Road	8 acres	REDUCED			
22280 River Road	8.1 acres	REDUCED			
14300 Burrows Road	3.7 acres	\$2,499,000			
14400 Burrows Road	5.7 acres	\$2,999,000			
11500 Westminster Hwy	0.5 acres	\$1,488,000			
14260 Westminster Hwy	5 acres	\$3,599,000			
*8720 No. 5 Road	9.8 acres	\$6,200,000			
*Rarely available zoned AG-1 / possible Public Assembly					

Surrey

16611 20th Ave	3.21 acres	\$9,000,000
16055 60th Ave	25 acres	\$3,600,000

*4 BUILDING LOTS fully serviced LOCATED in sought after Elgin/Chantrell South Surrey ** Call for prices

New Westminster

1308 1310 Ewen Street **CHURCH PROPERTY

Call Dale for more details on any of these properties!



WWW.GurdialBadhGroup.com Gurdial S. (Dale) Badh - RE/MAX Real Estate Services, 410-650 W41st Avenue, Vancouver, BC V6Z 2M9